

Is your home a healthy home?



indoor air quality

Improve indoor air quality by eliminating second-hand smoke, carbon monoxide, dust mites, cockroach and mouse allergens and mold.



slips and falls

Remove trip hazards, use stools and ladders carefully, and install railings and grab bars for older adults.



hazardous products

Use natural cleaning alternatives and ensure any poisonous products are out of children's reach.

What are the health & safety concerns?



fire safety

Install smoke detectors on every floor and near every bedroom, develop a family escape plan, and keep matches, lighters, and candles out of children's reach.



lead paint hazards

If your home was built before 1978, have it tested by a professional. Have your child's blood lead level tested at age 1 and 2.

You can't see it... but it's there



For their size, children breathe up to twice as much air as adults.



They also drink more water.



When they get harmful chemicals in their bodies, it's a bigger dose compared to adults.

Your housing may increase the risk for injuries and may cause illness.



1. keep it dry



2. keep it dry



3. keep it pest free



4. keep it safe

What are the 8 Principles of a healthy Home?



5. keep it contaminant free



6. keep it well ventilated



7. keep it well maintained



8. keep it thermally controlled