



IS YOUR HOME A HEALTHY HOME?

HEALTH & SAFETY CONCERNS



INDOOR AIR QUALITY

Sources of indoor air pollution include second-hand smoke, carbon monoxide, dust mites, cockroach and mouse allergens and mold.



DRINKING WATER

Drinking water with pollutants such as nitrates, lead, and pesticide can be harmful.



HAZARDOUS PRODUCTS

Eating or drinking these products is especially dangerous to children. Examples are cleaning products.



SAFETY

Fires and burns are major causes of death in the home. Choking, strangulation, and injuries by weapons are major safety concerns.



ELEVATED LEAD LEVELS

Many older homes have lead paint and lead in water pipes. Lead is dangerous to your health and especially dangerous to children.

CHILDREN & UNHEALTHY HOMES



For their size, children breathe up to twice as much air as adults.



They also drink more water...



When they get harmful chemicals in their bodies, it's a bigger dose compared to adults.



Your housing may increase the risk for injuries and may cause illness.

PRINCIPLES OF A HEALTHY HOME



KEEP IT DRY



KEEP IT CLEAN



KEEP IT PEST FREE



KEEP IT SAFE



KEEP IT
CONTAMINANT FREE



KEEP IT WELL
VENTILATED



KEEP IT WELL
MAINTAINED



KEEP IT
TEMPERATURE
CONTROLLED



HUD.GOV/HEALTHYHOMES

