Healthy Homes Grantees in Region IX, Pacific/Hawaii

Name of Grantee: City of National City, Building and Safety Department
Name of Project: National City Healthy Homes Program
Amount Awarded: $996,495
Year of Grant: 2005

Contact Info:
Acting Director – Tony Garcia (619) 336-4213, tgarci@ci.national-city.ca.us
Program Manager – Rosemary Toscano (619) 336-4391, rtoscano@ci.national-city.ca.us

Project Partners: City of National City, Paradise Valley Hospital, Environmental Health Coalition

Summary of Project Activities:
The Healthy Home Program provides Environmental Healthy Home Inspections/Interventions in both rental and owner-occupied deteriorated housing units. A Healthy Home Inspection includes a visual assessment for: electrical, plumbing, fire safety, mold, and mildew; and sampling for lead hazards, carbon monoxide, and cockroaches.

Each program participant receives one-on-one healthy homes educational information; an environmental action plan based upon the results of the inspection; and a three (3) month follow-up and a six (6) month post assessment to evaluate the effectiveness and sustainability of the interventions. The Housing Inspector Teams will recommend the level and type of intervention needed to address the hazard(s) present. The levels of intervention assistance may range from:

Low Interventions
- Smoke detectors
- Electrical Outlets Covers
- Quick Release Mechanism for Windows
- Allergen Covers for Bedding
- Integrated Pest Management to Reduce Pest Allergens
- Tools Kits for Environmental Friendly Cleaning (Cleaning Supplies)
- HEPA Vacuum
- Dehumidifiers to Reduce Moisture
- Carbon Monoxide Detectors

Medium Interventions
- Carpet Removal with Vinyl Flooring Replacement
- Minor Plumbing to Correct Mold/Mildew Problems
- Weatherization to Address Mold/Mildew

High Interventions
- Structural Rehabilitation to Address Electrical, Plumbing, and/or Fire Health Hazards

In addition, program participants with a clinically diagnosed asthmatic family member may be eligible for the home-based Asthma Advocacy Program provided by Paradise Valley Hospital. This program is designed to provide home-based intervention to assist families in removing barriers to improve health and build lung awareness. During the six month long program, participants are instructed about treatment plans (Medication and Environment) and practical ways to avoid disease triggers. Each patient’s program participation timeline includes...
asthma education, an asthma action plan, living condition assessment (Environment), quality of life survey, familiarization with medication and respiratory devices in asthma care, follow-ups, and community referrals.

**Program Partners:**
City of National City
Tony Garcia, Acting Director
Building and Safety Department
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Paradise Valley Hospital
Linda Christianson, Nursing and Respiratory Director
2400 East Fourth Street
National City, CA 91950
(619) 470-4322

Environmental Health Coalition
Leticia Ayala, Director, Campaign to Eliminate Childhood Lead Poisoning
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National City, CA  91950
Phone (619) 474-0220, ext. 121
Fax (619) 474-1210

**Product Outcomes/Outputs:**
**Outcomes will include:**
480-Healthy Homes Pre- and Post-Intervention Assessments
(With Each Receiving Some Level of Intervention Assistance)

6-Local Health Fairs to Distribute Program Brochures
(With 1,000-Community Residents Reached/Contacted)

12-Educational/Outreach Seminars to be Conducted
(With Outreach and Contact to 1,260 Households)

15,000 Residents Will Receive an Informative Program Related Newsletter

12-Training Seminars to be Conducted for Households on The Prevention of Environmental and Safety Hazards (With 240 Individuals to Be Trained)

50-Property Owners To Be Trained On Healthy Home Practices