

Helping Your Child Learn During and After COVID-19: Helping With Schoolwork and Learning

Let's be honest, keeping up with schoolwork can often feel difficult or even impossible. You are not alone. Sometimes it's hard to know which skills are important and how you can help. These resources can help you support your child's learning in a more manageable way:



Identify and focus on your child's needs

Did you know that national surveys show 90% of parents believe their child is at or above grade level? Yet national test scores show just over one-third of students are at grade level. Use this [Readiness Check](#) to see how your child is doing with key math and reading skills, pinpoint their needs, and get targeted resources:

- [This video](#) shows you how the Readiness Check works: Like a game, your child answers three to five short questions. It takes about 10 to 15 minutes and is mobile-friendly.
- This quick check saves you time and stress because it helps you see exactly where to focus efforts, and it connects you to videos and activities that can help your child learn and review key skills (meaning you don't have to worry about whether you know how to teach the skill yourself).



Help your child learn through everyday moments

There are resources to help you assist your child with [math](#) and [reading](#) schoolwork. But it's also important to know that you have the skills to help your child learn just by creating a love of reading and interest in learning new things:

- **Read every day at any time!** Encourage your child to explore new interests and hobbies by [reading or listening to books](#) that are both [nonfiction](#) and fiction. As much as possible, read with younger children for at least 20 minutes every day. Older children can read books, magazines or graphic novels independently for at least 30 minutes a day. Ask your library about free digital or audio books.
- **Boost vocabulary and knowledge of the world by talking with your child.** For example, after watching a TV show or reading a book, ask your child questions about the main idea, the characters, what they learned and what surprised them.
- Turn [everyday routines, activities and materials into learning moments](#). For younger children, practice fractions and measurement while cooking, [make bubbles](#) or [playdough](#), write songs together, or explore outdoors. For older children, support life skills by making food from family recipes, talking about history or current events, or practicing public speaking for presentations.

Support your child's learning in your home language

Research suggests that bilingual children tend to show greater empathy than students who are only exposed to one language, more self control, and other [beneficial skills](#). Bilingual websites, including [Colorín Colorado](#) and [Wide Open School](#), provide learning activities for Spanish speakers. Talk, [read books](#), share family stories and sing together in your home language.

