



May 28, 2020

Webinar Program for National Healthy Homes Month

Theme: *Healthy Housing for All*

National Healthy Homes Month (NHHM) is an annual outreach effort sponsored by HUD's Office of Lead Hazard Control and Healthy Homes (HUD/OLHCHH). Throughout June, OLHCHH, along with our partners, heighten awareness of health-related hazards in residences and other housing types, with recommended actions to address them.

The target audiences for these informational webinars are a variety of stakeholders and partners. These encompass OLHCHH grantees, Federal agencies, Health Care Providers, HUD field staff, and others, depending on the topics.

This year, our theme of **Healthy Housing for All** underlines how the healthy homes model impacts such a wide range of residents. The continuing impact of the COVID-19 virus greatly increases the need for awareness of, and actions around, many indoor environmental health concerns. <https://www.hud.gov/sites/dfiles/HH/documents/8-Principles-Healthy-Home.pdf>

Our webinars have consistently proven to be one of the most popular features of NHHM. The support of our partners helps us reach our target audiences and broadens the range of techniques for educating families and individuals.

Another goal is to create awareness of new resources that are, or will become, available. Ultimate audiences include family households (owners or renters), with an emphasis on those living in older, low-income, and substandard housing.

IMPORTANT REGISTRATION INFORMATION

Please read over the short description of each webinar, presenter, and target audience. To attend a webinar, follow the link below each webinar to register. You must register for each webinar you plan to attend. Registration is limited to the first 500 registrants, so please plan on registering early. Once you have registered, you will receive confirmation by email, including instructions for connecting to the webinar on the day of the event. If you have any technical questions or concerns about registering for, or attending a webinar, please contact Michael Goldschmidt,

Director of the National Healthy Homes Partnership at goldschmidtm@missouri.edu. We look forward to your attendance and participation at our webinars!

Schedule (All times are Eastern)

June 8, 11:00 am “OLHCHH and the Healthy Homes Partnership- 15+ Years of Strengthening the Healthy Homes Agenda.” Presenter is Michael Goldschmidt, AIA, LEED, BD+C, USDA National Institute of Food and Agriculture Healthy Homes Partnership, and National Program Coordinator of the Healthy Homes Partnership.

- **Target Audiences:** OLHCHH grantees; University-based Healthy Homes partner educators; HUD and OLHCHH field staff; Federal agency staff with related programs; and many other stakeholders.
- **Webinar Description:** Overview of this interagency agreement, including health homes educators around the country and the diversity of the work they do to support Healthy Homes. Update on deliverables that the HHP has developed or are underway such as the National Healthy Homes Toolkit, Disaster Recovery Curriculum, Tribal publications, and more.

Registration URL: <https://attendee.gotowebinar.com/register/5312174288424339470>
Webinar ID:478-224-219

June 9, 11:00 am “Housekeeping 101” - Presenters are Kandace L. Fisher -McLean, PhD, HHS, Assoc. Extension Professor, Housing and Environmental Design, Healthy Homes Partnership, University of Missouri, Dr. Pamela Turner, and Mary Ellen Welch, Healthy Homes Partnership. Dr. Kandace Fisher-McLean is a State Extension Specialist with the University of Missouri. She has over a decade of work in healthy homes programming and is the coordinator for the National Healthy Homes Partnership. Dr. Pamela Turner is an Extension Specialist with the University of Georgia and specializes in using social media to teach the principles of a Healthy Homes including safe cleaning materials and procedures. Ms. Mary Ellen Welch is a State Extension Specialist with the University of Connecticut and also works with the Partnership on social media, housekeeping, and hoarding programming.

- **Target Audiences:** OLHCHH grantees; Federal Agency staff with related programs; University-based Healthy Homes educators nationwide; Health Care Providers; HUD and OLHCHH field staff; many other stakeholders.
- **Webinar Description:** Highlights OLHCHH’s Eight Principles for a Healthy Home. Includes best practices for house cleaning, overlooked areas and activities in homes.

Registration URL: <https://attendee.gotowebinar.com/register/1776149291543300110>
Webinar ID: 390-896-107

June 11, 2:00 pm “Amulets to Zaprana: Non-Paint Sources of Lead”- Presenter is Kolapo Alex-Oni, MPH, Environmental Health Scientist, Environmental Exposure Assessment and Education, New York City Department of Health and Mental Hygiene.

- **Target Audiences:** OLHCHH grantees; HUD and OLHCHH field staff; Federal agency staff with related programs; Community-Based Organizations; Health Care Providers; University-based Healthy Homes educators; many other stakeholders.
- **Webinar Description:** In New York City (NYC), elevated blood lead levels in children and adults have been associated with the use of certain consumer products, including health remedies and supplements, foods and spices, cultural powders, and other non-food items purchased abroad or in NYC. This webinar will provide a background on the various identified lead sources and the cultural, ethnic, or religious traditions behind use of these products. The NYC Health Department’s comprehensive approach to identify and reduce exposure to lead in contaminated consumer products will also be discussed

Registration URL:<https://attendee.gotowebinar.com/register/1821648182212380430>
Webinar ID: 390-628-651

June 16, 11:00 am “Healthy Homes Outreach: The Field Perspective” Presenter is Zuleika Morales, HUD Field Office Director, San Antonio, Texas.

- **Target Audiences:** HUD Field Staff; OLHCHH grantees; Non-Profit/Community-based organizations, other regional stakeholders.
- **Webinar Description:** Learn more about the activities and of how a middle-sized HUD field office supports the healthy homes concepts and practices, with examples of activities utilized. Examples of collaborations at the local level, and lessons learned. Ms. Morales offers a unique perspective having formerly been in OLHCHH.

Registration URL:<https://attendee.gotowebinar.com/register/4734418311423635214>
Webinar ID:790-178-595

June 18, 2:00 pm “Healthy Homes Outreach Products for Native Americans” Presenters are Michael Goldschmidt (see first webinar above) and Art Nash, Tribal Healthy Homes Partnership Educator, University of Alaska, Fairbanks Cooperative Extension, Fairbanks, Alaska.

- **Target Audiences-** OLHCHH Tribal Grantees; Federal agencies with related programs; Non-profit Organizations serving Tribes: Tribal housing, health, and planning offices; Tribal-related associations, national and regional bodies.
- **Webinar Description:** This webinar highlights the Tribal healthy homes app and four new Tribal Healthy Homes publications, and the important collaborations and partnerships formed around this effort.

- **Registration URL:** <https://attendee.gotowebinar.com/register/9074651401627630862>
Webinar ID: 256-991-875

June 23, 2:00 pm “The Longer Term Effectiveness of Home Asthma Interventions.” Presenters are David A. Turcotte, ScD, Research Professor, University of Massachusetts Lowell; Helen Margellos-Anast, MPH, President, Sinai Urban Health Institute, Sinai Health System, Chicago, Illinois; and Matthew Perzanowski, PhD, Associate Professor, Department of Environmental Health Sciences, Mailman School of Public Health, Columbia University, New York City.

- **Target Audiences-** OLHCHH grantees; Federal agencies with related programs; HUD/OLHCHH field staff; University-based Healthy Homes educators; Health Care Providers; and many other stakeholders.

- **Webinar Description:**

Dr. Turcotte: Asthma has many known indoor environmental triggers including dust, pests, smoke, and mold, as evidenced by the 25 million people in the U.S. population who have asthma. We conducted a HUD-funded multifaceted home environmental intervention projects with older adults in diverse low-income households. Our results provide significant evidence that these interventions work to improve environmental quality and health of this population with asthma over a 1-year follow-up. We will describe the results from the initial intervention studies and the change from the end of the initial intervention to baseline assessment of the follow-up study.

Ms. Helen Margellos-Anas: Low-income and minority adults and children experience a disproportionate burden of asthma and associated poor health outcomes. Previous research supports that community health worker (CHW) led healthy homes interventions improve asthma outcomes amongst pediatric populations, however, there has been less research on the effectiveness of these programs with adults or on the longer-term effectiveness of interventions, a key consideration when quantifying economic impact. This webinar features findings from the Helping Chicago’s Westside Adults Breathe and Thrive HCWABT Maintenance Phase (HCWABT II) trial. The HCWABT II trial is the first study to examine the long-term effectiveness of CHW interventions for adults with poorly controlled asthma.

Mr. Matthew Perzanowski: He will focus on sustained environmental interventions to reduce asthma morbidity in low-income urban settings. Exposure to fungi (mold) and domestic allergens from mice and cockroaches are known triggers of asthma exacerbations. Thus, these are important targets for interventions to reduce asthma morbidity; however, sustained reduction in exposure is challenging. Columbia University, the Little Sisters of Assumption Family Health Service and The New York Academy of Medicine recently conducted an intervention study to evaluate established cost-effective methods for preventing and controlling fungi and excess moisture in the homes of children with asthma. The study focused on the East Harlem neighborhood of New York City, a low-income, primarily

Latino neighborhood with high asthma prevalence. The need for urban policy interventions to assist families in sustained reduction of asthma triggers will also be discussed.

Registration URL:<https://attendee.gotowebinar.com/register/266550612932733966>

Webinar ID:718-519-011

June 25, 2:00 pm. “Interventions to Help Seniors Safely Age in Place” Presenters are Jill V. Breyse, MHS, CIH, Project Manager, National Center for Healthy Housing, Columbia, MD. Our second presenter is Dr. Susan (Susy) L. Stark, PhD, OTR/L, FAOTA, Associate Professor of Occupational Therapy, Neurology and Social Work, Washington University, St. Louis, MO.

- **Target Audiences-** OLHCHH grantees; Health Care Providers; Federal agencies with related programs; University-based Healthy Homes educators; HUD/OLHCHH field staff; and many other stakeholders.

Webinar Description:

Ms. Breysee: The NCHH was funded to replicate the Johns Hopkins University CAPABLE model, a client-centered, home-based, integrated set of interventions utilizing an occupational therapist, a registered nurse, and a home repair professional to improve older adults’ mobility, functionality, and capacity to safely age in place. The ultimate goals of the Aging Gracefully project was to increase elderly residents’ control over their physical function and improve their housing conditions so they can remain in their homes and move more independently and safely inside and outside their homes. NCHH evaluated whether the CAPABLE could be successful in four diverse communities with different types of implementation organizations, housing stocks, and clients of varying backgrounds.

Dr. Starke: Community dwelling older adults with chronic health conditions face functional decline that impacts their ability to live independently. They are more likely to require assistance performing their daily activities and are at a substantially greater risk of falling. Compensating for impairments with environmental support and self-management strategies can lessen the impact of functional decline, reduce the risk of falling and reduce the demand on health systems and caregivers. Dr. Stark's clinical translational research seeks to develop and test the efficacy and effectiveness of compensatory interventions aimed at improving an older adults ability to age at home safely, elucidate their mechanism of action and implement programs to improve health outcomes.

Registration URL:<https://attendee.gotowebinar.com/register/1795966889122726158>

Webinar ID: 456-697-195

June 30, 2:00 pm. “The Grande Finale” of NHHM ’20: The Winners of the HUD Secretary’s Awards for Healthy Homes.” This is HUD’s annual competition recognizing excellence in making indoor environments healthier through implementation of healthy

homes concepts and practices. HUD partners with the National Environmental Health Association in holding the Award. NEHA's panel of judges review all nominations and forward to HUD for final decisions. Additional information forthcoming.

- **Target Audiences-** Organizations interested in providing nominations for the 2021 competition; stakeholders who want to learn more about award-winning housing and indoor environmental health programs. The Award highlights some of the nation's most significant work on the relationship between living environments and resident health, in a variety of housing types.

Registration URL:<https://attendee.gotowebinar.com/register/3611377134835848975>

Webinar ID: 165-212-067