

National Healthy Homes Months 2019

Suggested Tweets

Hashtag: #NHHM2019

Learn more: www.hud.gov/healthyhomes

June is National Healthy Homes Month!
Follow along with @HUDHealthyHomes for
info and upcoming events. Learn more at
HUD.gov/HealthyHomes. #NHHM2019

This year's National Healthy Homes Month
theme is Growing Up Safe and Healthy: 5
Minutes to a #HealthyHome. Learn more at
HUD.gov/HealthyHomes. #NHHM2019

HUD's Office of Lead Hazard Control kicks
off National Healthy Homes Month this
June! #NHHM2019 #HealthyHomes

What is a Healthy Home? Test your
knowledge on the Healthy Homes Basics
App. Download at
<https://itunes.apple.com/us/app/healthy-homes-basics/id1092367352>

@HUDHealthyHomes #NHHM2019
#HealthyHomes

Download the National Healthy Homes 2019
Toolkit at HUD.gov/HealthyHomes.
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#HealthyHomes

Is your home healthy? Learn more about
healthy homes, asthma, and lead at
HUD.gov/HealthyHomes
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#HealthyHomes

Did you know your indoor home environment is closely linked to your health? Learn more at HUD.gov/HealthyHomes. #NHHM2019 #HealthyHomes

Studies show increasing the fresh air supply in a home improves respiratory health. Learn more at HUD.gov/HealthyHomes @HUDHealthyHomes #NHHM2019 #HealthyHomes

You can create a healthy home just by changing some of your everyday habits. Learn how at HUD.gov/HealthyHomes @HUDHealthyHomes #NHHM2019 #HealthyHomes

Most injuries among children occur in the home. Learn how to help keep your home safe at HUD.gov/HealthyHomes. @HUDHealthyHomes #NHHM2019 #HealthyHomes

Did you know radon is the second leading cause of lung cancer in the U.S.? You can't see, smell or taste it but it can be a problem in your home. Check your home and protect your family. Learn more at HUD.gov/HealthyHomes. #NHHM2019

Lead-based paint is dangerous for anyone, especially for children. Ask your pediatrician how to get tested. Learn more at HUD.gov/HealthyHomes. #NHHM2019

A working smoke alarm can cut the chance of someone dying in a fire by HALF. Make sure to check yours. Learn more at HUD.gov/HealthyHomes. #NHHM2019

Falls are the leading cause of deadly and non-deadly accidental injuries for people over 65. Learn how to have a safe and healthy home at HUD.gov/HealthyHomes. #NHHM2019

Almost 26 million people in the U.S. are living with asthma today. Learn how to reduce asthma triggers in your home at HUD.gov/HealthyHomes. #NHHM2019

Mold grows where it's wet. Figure out where the moisture is coming from or it will grow back. Check your home and protect your family. Learn more at HUD.gov/HealthyHomes #HealthyHomes #NHHM2019

Almost 26 million people in the U.S. are living with asthma today. Learn how to reduce asthma triggers in your home: www.hud.gov/healthyhomes. #NHHM2019

Secondhand smoke is a common indoor trigger for asthma attacks. Keep your home and car smoke-free. Learn more at HUD.gov/HealthyHomes #NHHM2019

Keep the humidity in your home less than 50 percent. Use a dehumidifier if your home is too humid. Learn more at HUD.gov/HealthyHomes. #NHHM2019

Read the latest issue of the Inside Healthy Homes newsletter and subscribe at HUD.gov/HealthyHomes. #NHHM2019

Need to clean up mold after a storm? Learn proper techniques at HUD.gov/HealthyHomes. #NHHM2019

A clean air filter is essential. It's important to or change your air filter every 90 days. Learn

more at HUD.gov/HealthyHomes.
#NHHM2019

Keep pests outside by sealing any openings you find outside your home. Learn more at HUD.gov/HealthyHomes. #NHHM2019

Help your kids control their asthma. Learn about triggers in the home at HUD.gov/HealthyHomes. #NHHM2019

Make Your Home Healthy! Check out @HUDgov's Healthy Homes videos to learn how
<https://www.youtube.com/playlist?list=PLF784BAEF218A35EE>. #NHHM2019

After a natural disaster, there are many things to consider. Is your home safe to enter? Learn more about helpful resources for post disaster housing repair at https://portal.hud.gov/hudportal/HUD?src=/program_offices/healthy_homes/disasterrecovery.
#NHHM2019

Does your home have mold? Scrub mold off hard surfaces using a scrub brush and a mixture of soap and water. Learn more at HUD.gov/HealthyHomes #NHHM2019
#HealthyHomes