**National Healthy Homes Months 2018**

**Suggested Tweets**

**Hashtag: #NHHM2018**

Learn more: [www.hud.gov/healthyhomes](http://www.hud.gov/healthyhomes)

|  |
| --- |
| June is National Healthy Homes Month! Follow along with @HUDHealthyhomes for info and upcoming events! **@HUDgov #NHHM2018** hud.gov/healthyhomes**#NHHM2018** Theme: Unlocking the Potential of America’s Children. Check your home-Protect your family @HUDgov #Healthyomes hud.gov/healthyhomesHUD’s Office of Lead Hazard Control announces National Healthy Homes Month this June! **@HUDHealthyHomes #NHHM2018 @HUDgov #HealthyHomes** |
| What is a Healthy Home?? Test your knowledge-download the Healthy Homes Basics App! Hud.gov/healthyhomes **@HUDHealthyHomes #NHHM2018 @HUDgov #HealthyHomes** hud.gov/healthyhomesDownload the **NHHM 2018** Toolkit, here: [www.hud.gov/healthyhomes](http://www.hud.gov/healthyhomes) **@HUDHealthyHomes #NHHM2018 @HUDgov #HealthyHomes**  |
| Is your home healthy? Learn about Healthy Homes, asthma, lead and more, here! **@HUDHealthyHomes #NHHM2018 @HUDgov #HealthyHomes** Learn more: [www.hud.gov/healthyhomes](http://www.hud.gov/healthyhomes)  |
| Did you know that your indoor home environment is closely linked to your health?**? Learn More:** [www.hud.gov/healthyhomes](http://www.hud.gov/healthyhomes) **@HUDHealthyHomes #NHHM2018 @HUDgov #HealthyHomes**  |
|  |
| Studies show that increasing the fresh air supply in a home improves respiratory health. **@HUDHealthyHomes #NHHM2018 @HUDgov #HealthyHomes** hud.gov/healthyhomes |
| You can create a healthy home just by changing some of your everyday habits **Learn more:** [www.hud.gov/healthyhomes](http://www.hud.gov/healthyhomes) **@HUDHealthyHomes #NHHM2018 @HUDgov #HealthyHomes** |
| The majority of injuries among children occur in the home. Keep your home safe! **@HUDHealthyHomes #NHHM2018 @HUDgov #HealthyHomes** hud.gov/healthyhomes |
| Radon is the second main cause of lung cancer in the US. You can’t see, smell or taste radon, but it may be a problem in your home! Check Your Home; Protect Your Family! Get the facts: [www.hud.gov/healthyhomes](http://www.hud.gov/healthyhomes) **#NHHM2018** |
|  |
| Check your Home; Protect Your Family! Hud.gov/healthyhomes Lead is very dangerous for anyone, especially children. Ask your pediatrician how to get tested! **#NHHM2018** |
| A working smoke alarm can cut the chance of someone dying in a fire by HALF. Make sure to check yours! **#NHHM2018**  |
|  |
| Falls are the leading cause of deadly and non-deadly accidental injuries for people over 65. Check your Home; Protect Your Family! Hud.gov/healthyhomes **#NHHM2018**  |
| Almost 26 million people in the U.S. are living with asthma today. Learn how to reduce asthma triggers in your home. **Learn more:** [www.hud.gov/healthyhomes](http://www.hud.gov/healthyhomes) **#NHHM2018** |
|  |
| Mold grows where it’s wet. Figure out where the moisture is coming from, or the mold will grow back Check your Home; Protect Your Family! Hud.gov/healthyhomes #HealthyHomes #HUD **#NHHM2018**  |
| Almost 26 million people in the U.S. are living with asthma today. Learn how to reduce asthma triggers in your home: [www.hud.gov/healthyhomes](http://www.hud.gov/healthyhomes). **#NHHM2018**  |
| Keep your home and car smoke-free! Secondhand smoke is a common indoor trigger for asthma attacks. Check your Home; Protect Your Family! Hud.gov/healthyhomes #HealthyHomes #HUD **#NHHM2018** |
| Keep the humidity in your home less than 50%. Use a dehumidifier if your home is too humid! **#NHHM2018** |
| Read the latest issue of the Inside Healthy Homes newsletter and subscribe here! [www.hud.gov/healthyhomes](http://www.hud.gov/healthyhomes) **#NHHM2018**  |
| If you or someone has to clean up mold after a storm, learn proper techniques! **Learn more:** [www.hud.gov/healthyhomes](http://www.hud.gov/healthyhomes) #NHHM2018 |
| A clean air filter is essential! You should clean or change your air filter every 90 days. **#NHHM2018** |
| Keep pests outside! Seal openings you find outside your home. **Learn more:** [www.hud.gov/healthyhomes](http://www.hud.gov/healthyhomes) **#NHHM2018** |
| Get kids to help control asthma! Learn about triggers in the home: [www.hud.gov/healthyhomes](http://www.hud.gov/healthyhomes) **#NHHM2018**  |
| Make Your Home Healthy! Check out HUD’s Healthy Homes videos to learn how! Click here: <https://www.youtube.com/playlist?list=PLF784BAEF218A35EE> **#NHHM2018** |
| After a #naturaldisaster, Check your Home; Protect Your Family! Hud.gov/healthyhomes #HealthyHomes #HUD For the Disaster Recovery Toolkit and other resources, Click here: <https://portal.hud.gov/hudportal/HUD?src=/program_offices/healthy_homes/disasterrecovery>**#NHHM2018** |
| Does your home have mold? Scrub mold off hard surfaces using a scrub brush and a mixture of soap and water. Learn more: www.hud.gov/healthyhomes **@HUDHealthyHomes #NHHM2018 @HUDgov #HealthyHomes** |