

MODULE 1: RESIDENT INTERVIEW



CONDUCT A RESIDENT INTERVIEW



Explain the purpose of the resident interview/environmental history.



Practice conducting a resident interview.



Identify and use appropriate assessment approaches and tools.



SELF ASSESSMENT

MODULE 1 - RESIDENT INTERVIEW

- List at least 5 issues that should be discussed during the resident interview.
- Identify 3 key decisions that need to be made once it is determined that a home assessment is appropriate.
- Identify 2 “social service” needs that may be discovered during a resident interview.



FEDERAL HEALTH PRIORITIES

Healthy People 2020 Objectives

- ↓ Blood lead levels in children
- ↓ pesticide exposures
- ↓ indoor allergen levels
- ↑ homes with operating radon mitigation system
- ↑ new single family homes with radon-reducing features
- ↓ lead-based paint or related hazards in homes
- ↓ units with moderate or severe physical problems



HOME ASSESSMENT = RISK ASSESSMENT



Identifying hazards



Assessing exposure



Figuring out risk



**WHY DO WE START WITH
PEOPLE?**

**WHAT ARE THE
COMMUNICATION CHALLENGES
AND STRATEGIES?**

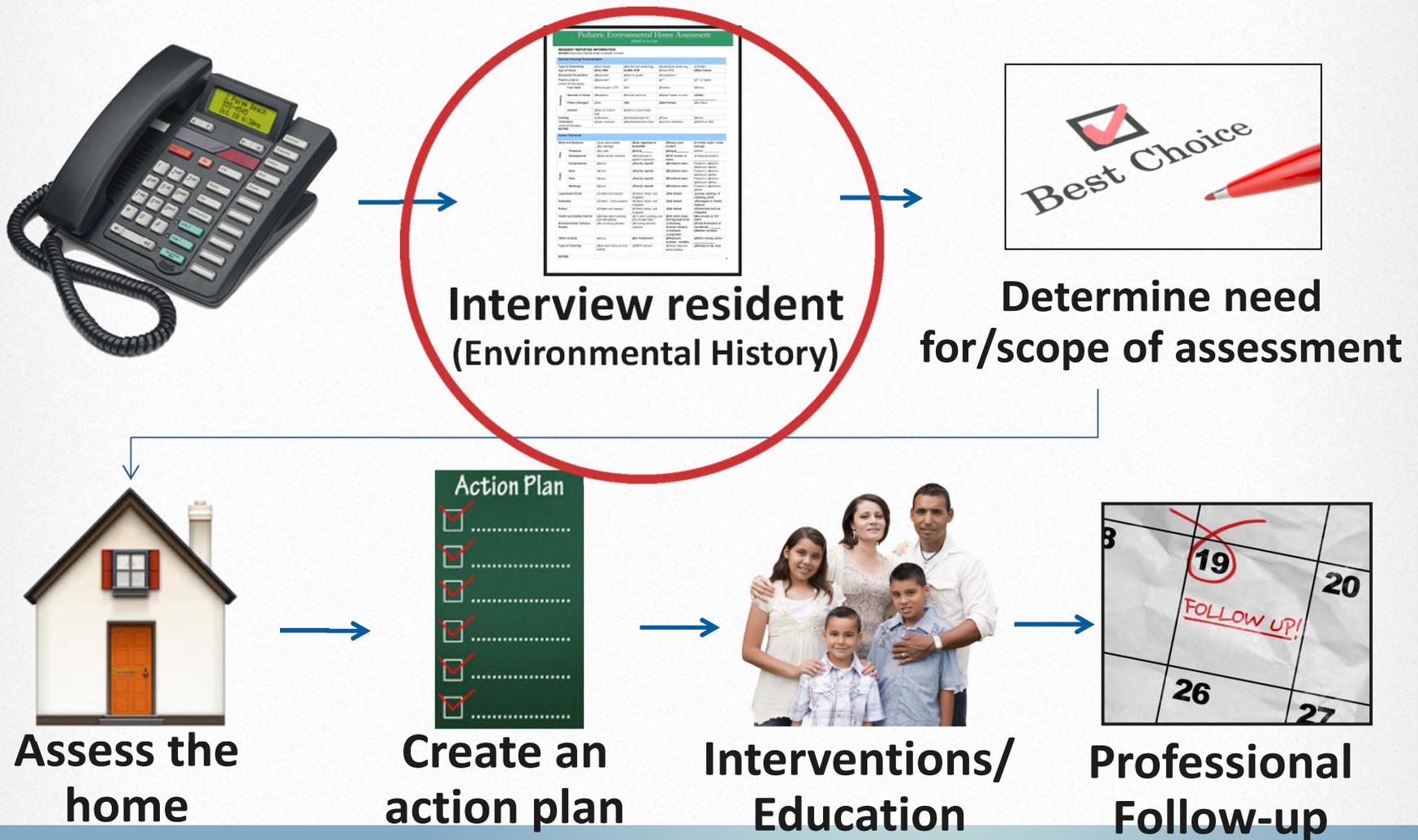
**HOW DO WE START WITH THE
RESIDENT?**



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THE HOME ASSESSMENT PROCESS



RESIDENT INTERVIEW/ ENVIRONMENTAL HISTORY

WHY take one?

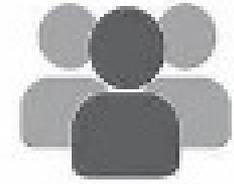


RESIDENT INTERVIEW/ ENVIRONMENTAL HISTORY

WHAT should
it cover?

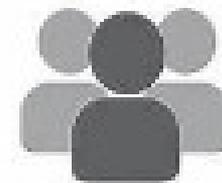


SMALL GROUP EXERCISE (3): EVALUATE INTERVIEW & ASSESSMENT TOOLS



- Working in small groups, familiarize yourself with the 3 interview & assessment forms in your manual. PEHA, HEAL, CMH
- Briefly identify the pros and cons of each.
- Discuss and decide on the most appropriate interview tool for your purposes.
- Be prepared to explain your decision.





SMALL GROUP EXERCISE (4): VIRTUAL RESIDENT INTERVIEW

- Working in small groups, critique the resident interview, looking for strengths as well as things that could be done differently.
- Information will be provided via video, slides and narratives from the instructor. Remember to take notes as needed.
- Use the PEHA form (from the previous exercise) to document identified observations or concerns.



RESIDENT INTERVIEW: INTRODUCTIONS

[Launch Introductions video](#)

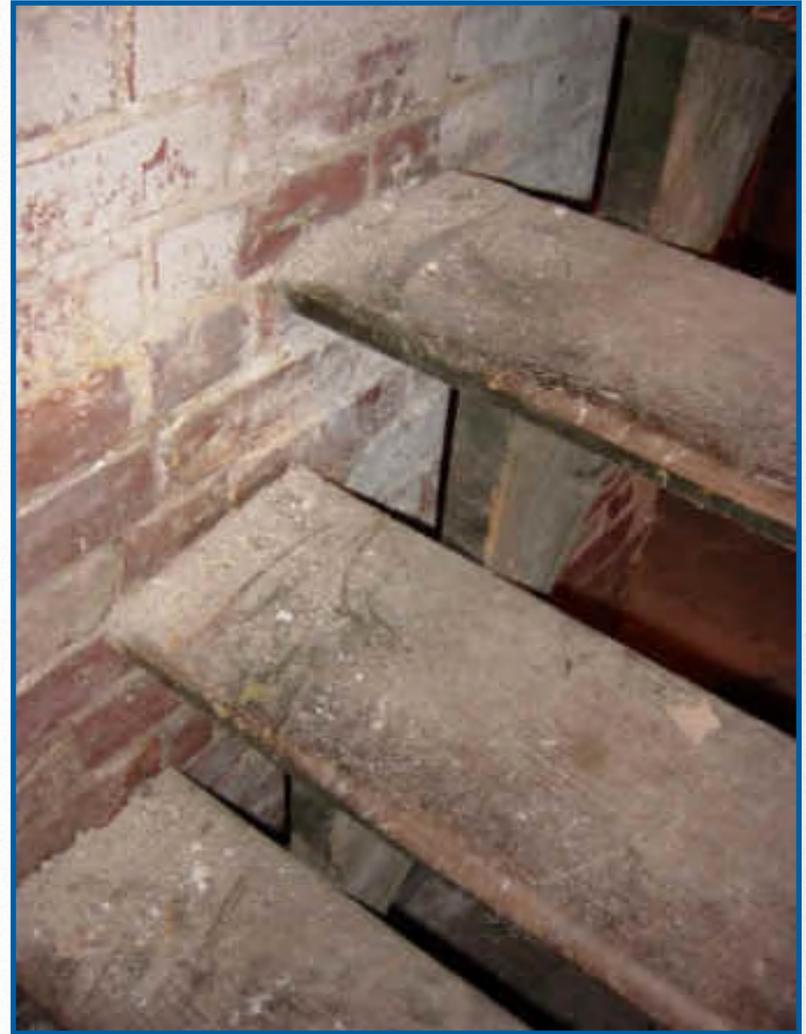


RESIDENT INTERVIEW: BASEMENT

Include Narrative



RESIDENT INTERVIEW: BASEMENT



RESIDENT INTERVIEW: EXTERIOR



RESIDENT INTERVIEW: EXTERIOR



RESIDENT INTERVIEW:

No video, just listen.



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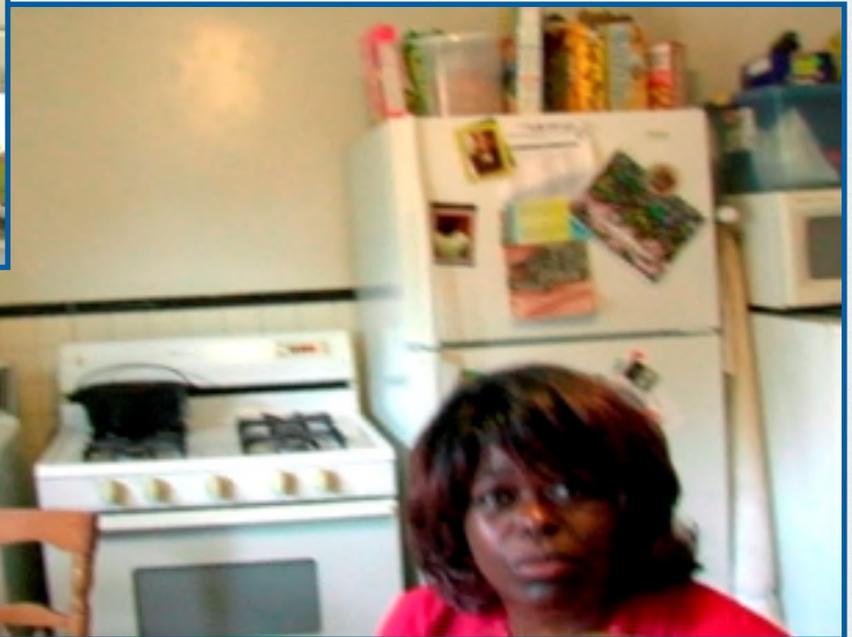


RESIDENT INTERVIEW: KITCHEN

[Launch Kitchen video](#)



RESIDENT INTERVIEW: KITCHEN



RESIDENT INTERVIEW: KITCHEN



RESIDENT INTERVIEW: KITCHEN



RESIDENT INTERVIEW: KITCHEN



RESIDENT INTERVIEW: KITCHEN



RESIDENT INTERVIEW: KITCHEN



Healthy Homes: Assessment and Interventions Training Guide

LUNCH



NOTE: This is a hidden slide.
It is provided for trainer reference only
and does not display as part of the slideshow.

RESIDENT INTERVIEW: LIVING ROOM

[Launch Living Room video](#)



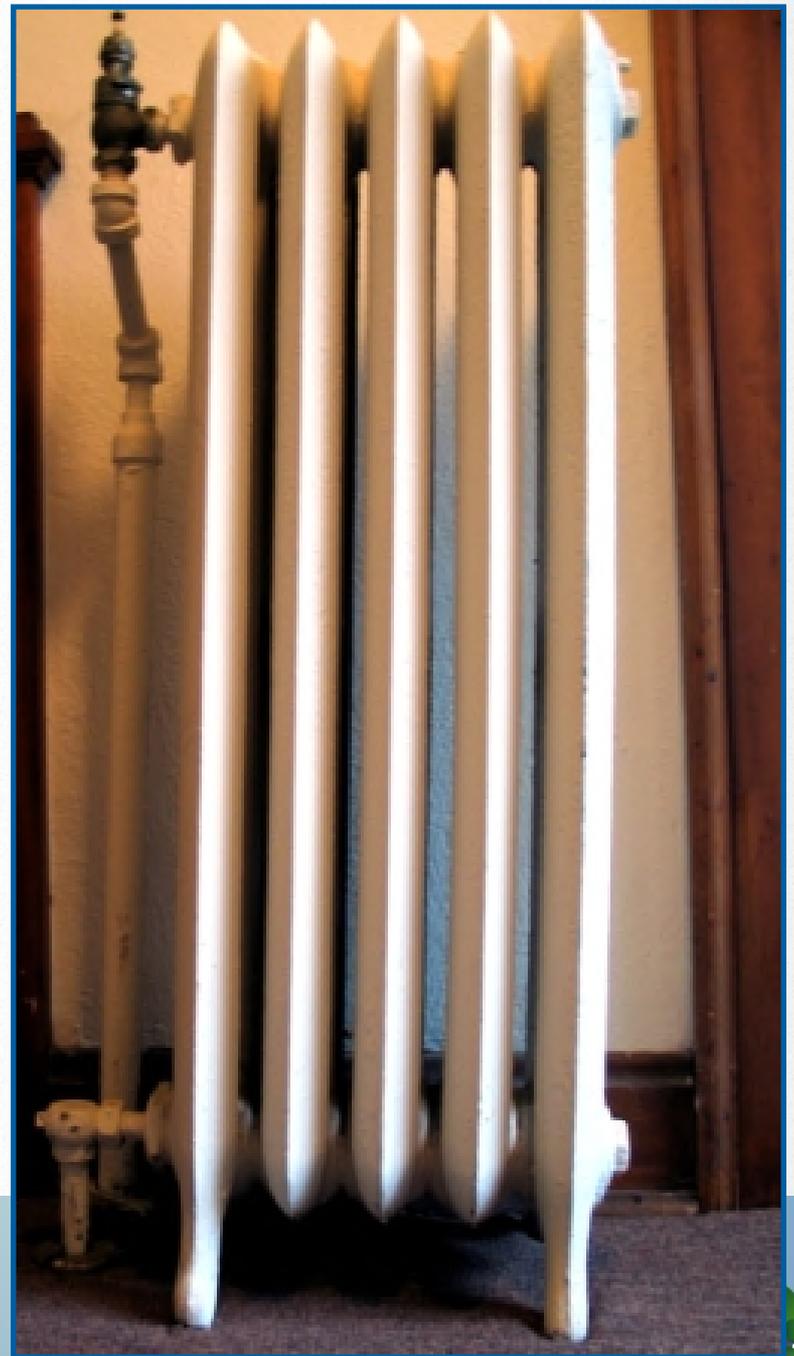
RESIDENT INTERVIEW: LIVING ROOM



RESIDENT INTERVIEW: LIVING ROOM



RESIDENT INTERVIEW: LIVING ROOM



RESIDENT INTERVIEW: GENERAL

NO VIDEO, JUST LISTEN...



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RESIDENT INTERVIEW: BEDROOM AND BATHROOM

[Launch Bedroom video](#)



RESIDENT INTERVIEW: BEDROOM



RESIDENT INTERVIEW: BEDROOM



RESIDENT INTERVIEW: BEDROOM



Include narrative...



RESIDENT INTERVIEW: BEDROOM

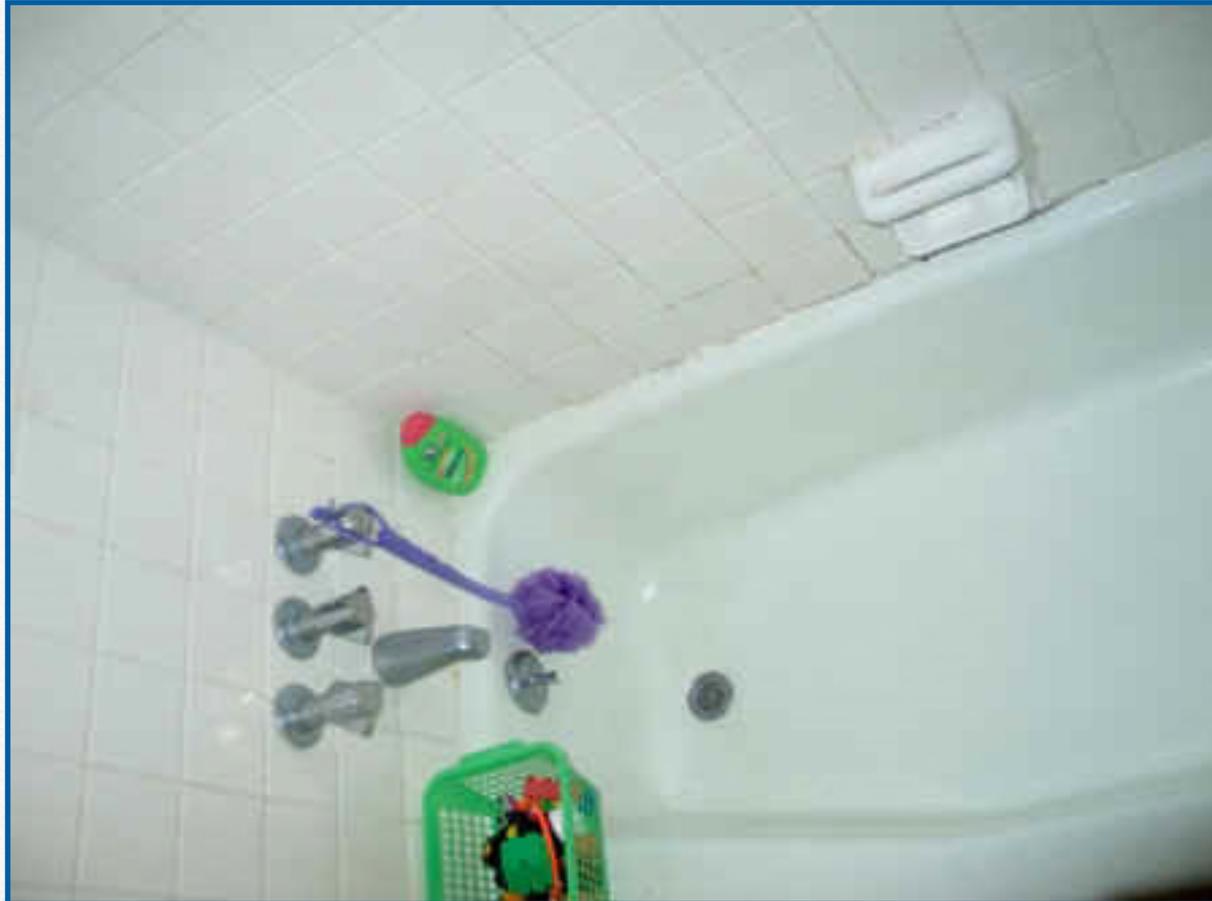


RESIDENT INTERVIEW: BATHROOM

Include narrative...



RESIDENT INTERVIEW: BATHROOM



RESIDENT INTERVIEW: BATHROOM



RESIDENT INTERVIEW: BATHROOM



RESIDENT INTERVIEW: MEDICATION REVIEW AND WRAP-UP

[Launch Wrap-up video](#)



PEHA ANSWER KEY 1

General Housing Characteristics					
Type of ownership	<input type="checkbox"/> Own house	<input type="checkbox"/> Market rate rental hsg.	<input checked="" type="checkbox"/> Subsidized rental hsg.	<input type="checkbox"/> Shelter	
Age of home	<input checked="" type="checkbox"/> Pre-1950	<input checked="" type="checkbox"/> 1950 -1978	<input type="checkbox"/> Post-1978	<input type="checkbox"/> Don't know	
Structural foundation	<input checked="" type="checkbox"/> Basement	<input type="checkbox"/> Slab on grade	<input type="checkbox"/> Crawlspace	<input type="checkbox"/> Don't know	
Floors lived in (check all that apply)	<input type="checkbox"/> Basement	<input type="checkbox"/> 1 st	<input checked="" type="checkbox"/> 2 nd	<input type="checkbox"/> 3 rd or higher	
Heating	Fuel used	<input type="checkbox"/> Natural gas / LPG	<input checked="" type="checkbox"/> Oil	<input type="checkbox"/> Electric	<input type="checkbox"/> Wood
	Sources in home	<input checked="" type="checkbox"/> Radiators	<input type="checkbox"/> Forced hot air vents	<input type="checkbox"/> Space heater or oven	<input type="checkbox"/> Other: _____
	Filters changed	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input checked="" type="checkbox"/> Don't know	<input checked="" type="checkbox"/> No filter
	Control	<input type="checkbox"/> Easy to control heat	<input checked="" type="checkbox"/> Hard to control heat		
Cooling	<input type="checkbox"/> Windows	<input checked="" type="checkbox"/> Central/window AC	<input type="checkbox"/> Fans	<input type="checkbox"/> None	
Ventilation (check all that apply)	<input checked="" type="checkbox"/> Opens windows	<input type="checkbox"/> Kitchen & bathroom fans	<input type="checkbox"/> Central ventilation		
NOTES: PARENT REPORTS BIGGEST CONCERNS ARE DUST AND MICE					



PEHA ANSWER KEY 2

Indoor Pollutants					
Mold and moisture		<input type="checkbox"/> Uses dehumidifier <input type="checkbox"/> No damage	<input checked="" type="checkbox"/> Uses vaporizer or humidifier	<input type="checkbox"/> Musty odor evident	<input checked="" type="checkbox"/> Visible water / mold damage
Pet	Presence	<input checked="" type="checkbox"/> No pets	<input type="checkbox"/> Cat # _____	<input type="checkbox"/> Dog # _____	<input type="checkbox"/> Other: _____
	Management	<input type="checkbox"/> Kept strictly outdoors	<input type="checkbox"/> Not allowed in patient's bedroom	<input type="checkbox"/> Full access in home	<input type="checkbox"/> Sleeping location: _____
Pests	Cockroaches	<input type="checkbox"/> None	<input type="checkbox"/> Family reports	<input checked="" type="checkbox"/> Evidence seen	Present in <input checked="" type="checkbox"/> kitchen <input checked="" type="checkbox"/> bedroom <input type="checkbox"/> other
	Mice	<input type="checkbox"/> None	<input checked="" type="checkbox"/> Family reports	<input checked="" type="checkbox"/> Evidence seen	Present in <input checked="" type="checkbox"/> kitchen <input type="checkbox"/> bedroom <input checked="" type="checkbox"/> other
	Rats	<input checked="" type="checkbox"/> None	<input type="checkbox"/> Family reports	<input type="checkbox"/> Evidence seen	Present in <input type="checkbox"/> kitchen <input type="checkbox"/> bedroom <input type="checkbox"/> other
	Bedbugs	<input checked="" type="checkbox"/> None	<input type="checkbox"/> Family reports	<input type="checkbox"/> Evidence seen	Present in <input type="checkbox"/> bedroom <input type="checkbox"/> other
Lead paint hazards		<input type="checkbox"/> Tested and passed	<input type="checkbox"/> Tested, failed, and mitigated	<input type="checkbox"/> Not tested/Don't know	<input checked="" type="checkbox"/> Loose, peeling, or chipping, paint
Asbestos		<input type="checkbox"/> Tested – None present	<input type="checkbox"/> Tested, failed, and mitigated	<input checked="" type="checkbox"/> Not tested/Don't know	<input checked="" type="checkbox"/> Damaged material
Radon		<input type="checkbox"/> Tested and passed	<input type="checkbox"/> Tested, failed, and mitigated	<input checked="" type="checkbox"/> Not tested/Don't know	<input type="checkbox"/> Failed test but not mitigated
Health and Safety Alarms		<input checked="" type="checkbox"/> Smoke alarm working and well placed	<input type="checkbox"/> CO alarm working and one on each floor	<input type="checkbox"/> CO alarm does not log peak level	<input type="checkbox"/> No smoke alarm <input checked="" type="checkbox"/> No CO alarm
Tobacco smoke exposure **SEE NOTES		<input checked="" type="checkbox"/> No smoking allowed	<input type="checkbox"/> Smoking only allowed outdoors	<input type="checkbox"/> Smoking allowed indoors <input type="checkbox"/> bedroom <input type="checkbox"/> playroom	<input type="checkbox"/> Total # smokers in household: _____ <input type="checkbox"/> Mother smokes
Other irritants		<input checked="" type="checkbox"/> None	<input type="checkbox"/> Air fresheners	<input type="checkbox"/> Potpourri, incense, candles	<input type="checkbox"/> Other strong odors: _____
Type of cleaning		<input type="checkbox"/> Standard Vacuum (non HEPA)	<input checked="" type="checkbox"/> HEPA vacuum	<input type="checkbox"/> Damp mop and damp dusting	<input type="checkbox"/> Sweep or dry mop
NOTES: HOUSEHOLD IS NON-SMOKING BUT EXPOSED TO SMOKE FROM APT. BELOW; NEED TO RE-SEAL FOR MICE; HAS SMOKE ALARM BUT NOT CO ALARM. MAY HAVE LEAD PAINT AND REPAIRS TO IT APPEAR TO HAVE FAILED					



PEHA ANSWER KEY 3

Home Environment					
Drinking Water Source		<input checked="" type="checkbox"/> Public water system	<input type="checkbox"/> Household Well		
Kitchen	Cleanliness	<input type="checkbox"/> No soiling	<input type="checkbox"/> Trash or garbage sealed	<input checked="" type="checkbox"/> Trash or garbage not sealed	<input type="checkbox"/> Wall/ceiling/floor damage
	Ventilation	<input type="checkbox"/> Functioning stove exhaust fan/vent	<input type="checkbox"/> Mold growth present	<input type="checkbox"/> Broken stove exhaust fan/vent	<input checked="" type="checkbox"/> No stove exhaust fan/vent
Bathroom		<input checked="" type="checkbox"/> Functioning exhaust fan/vent/window	<input type="checkbox"/> Mold growth present	<input type="checkbox"/> Needs cleaning and maintenance	<input type="checkbox"/> Wall/ceiling/floor damage
Basement		<input type="checkbox"/> None/No Access	<input type="checkbox"/> Mold growth present	<input checked="" type="checkbox"/> Needs cleaning and maintenance	<input type="checkbox"/> Wall/ceiling/floor damage
Living Room		<input checked="" type="checkbox"/> No soiling	<input type="checkbox"/> Mold growth present	<input type="checkbox"/> Needs cleaning and maintenance	<input type="checkbox"/> Wall/ceiling/floor damage
Laundry area		<input checked="" type="checkbox"/> None	<input type="checkbox"/> Well maintained	<input type="checkbox"/> Dryer not vented	<input type="checkbox"/> Hang clothes to dry



PEHA ANSWER KEY 4

Sleep Environment				
Patient's sleep area	<input checked="" type="checkbox"/> Own room	<input type="checkbox"/> Shared # in room _____	<input type="checkbox"/> Other	
# Beds	<input type="checkbox"/> 0	<input checked="" type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> More than 2
Allergen impermeable encasings on beds	<input type="checkbox"/> On mattress and boxspring (zippered)	<input checked="" type="checkbox"/> On mattress only (zippered)	<input type="checkbox"/> On mattress (not zippered)	<input type="checkbox"/> No mattress covers
Pillows	<input checked="" type="checkbox"/> Allergen-proof	<input type="checkbox"/> Washable	<input type="checkbox"/> Feather/ down	
Bedding	<input checked="" type="checkbox"/> Washable	<input type="checkbox"/> Wool/not washable	<input type="checkbox"/> Feather/ down	
Flooring	<input checked="" type="checkbox"/> Hardwood/Tile/Linoleum	<input checked="" type="checkbox"/> Small area rug	<input type="checkbox"/> Large area rug	<input type="checkbox"/> Wall-to-wall carpet
Dust/mold catchers	<input checked="" type="checkbox"/> Stuffed animals/washable toys <input checked="" type="checkbox"/> No clutter	<input type="checkbox"/> Non-washable toys	<input type="checkbox"/> Plants	<input type="checkbox"/> Other _____
Window	<input checked="" type="checkbox"/> Washable shades/curtains	<input checked="" type="checkbox"/> Washable blinds	<input type="checkbox"/> Curtains/ drapes	<input type="checkbox"/> No window/ poor ventilation
Other irritants	<input type="checkbox"/> Abundant cosmetics and fragrances			



PEHA ANSWER KEY 5

Home Safety * can indicate housing code violations				
<i>General</i>				
Active renovation or remodeling	<input checked="" type="checkbox"/> Yes IN NEIGHBORHOOD	<input type="checkbox"/> No		
*Stairs, protective walls, railings, porches	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No		
*Hallway lighting	<input checked="" type="checkbox"/> Adequate	<input type="checkbox"/> Inadequate		
Poison control number	<input type="checkbox"/> Posted by phone	<input checked="" type="checkbox"/> Not posted by phone		
**Family fire escape plan	<input type="checkbox"/> Developed and have copy available	<input checked="" type="checkbox"/> None		
Electrical appliances (radio, hair dryer, space heater)	<input type="checkbox"/> Not used near water	<input checked="" type="checkbox"/> Used near water BATHROOM		
Matches and lighters stored	<input checked="" type="checkbox"/> Out of child's reach	<input type="checkbox"/> Within child's reach		
Exterior environment	<input type="checkbox"/> Well maintained	<input checked="" type="checkbox"/> Abundant trash and debris	<input type="checkbox"/> Chipping, peeling paint	<input type="checkbox"/> Broken window(s)



PEHA ANSWER KEY 6

Home Safety * can indicate housing code violations			
Young Children Present	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No	
Coffee, hot liquids, and foods	<input type="checkbox"/> Out of child's reach	<input checked="" type="checkbox"/> Within child's reach	
Cleaning supplies stored	<input type="checkbox"/> Out of child's reach	<input checked="" type="checkbox"/> Within child's reach	
Medicine and vitamins stored	<input type="checkbox"/> Out of child's reach	<input checked="" type="checkbox"/> Within child's reach	
Child (less than six years old) been tested for lead poisoning	<input type="checkbox"/> Within past 6 months Result: _____	<input checked="" type="checkbox"/> Within past year or more. When? <1 year Result: <10	<input type="checkbox"/> No
Child watched by an adult while in the tub	<input type="checkbox"/> Always	<input checked="" type="checkbox"/> Most of the time	<input type="checkbox"/> No
*Home's hot water temperature	<input type="checkbox"/> <120 F	<input type="checkbox"/> >120 F	<input checked="" type="checkbox"/> Don't know
Non-accordion toddler gates used	<input type="checkbox"/> At top of stairs	<input type="checkbox"/> At bottom of stairs	<input type="checkbox"/> No
Crib mattress	<input type="checkbox"/> Fits well	<input type="checkbox"/> Loose	<input checked="" type="checkbox"/> NA
Window guards	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No	
Window blind cords	<input type="checkbox"/> Split cord	<input checked="" type="checkbox"/> Looped cord	

NOTES: LOTS OF DUST FROM NEIGHBORHOOD CONSTRUCTION; HAS WINDOWS CLOSED AND A/C ON BUT STILL A PROBLEM; LOTS OF EXPOSED DIRT OUTSIDE DUE TO CONSTRUCTION; CABINET WITH CLEANING SUPPLIES IS NOT LOCKED AND IS AT CHILD LEVEL



THINK BEYOND THE FORMS...

- Resident habits
- Resident concerns
- Social service needs
- Environmental concerns



WHERE DO WE GO FROM HERE?

DETERMINE LEVEL OF ASSESSMENT

- **Basic**- Visual assessment, healthy home education
- **Intermediate** - Visual assessment, healthy home education, environmental measurements
- **Comprehensive** - Visual assessment, healthy home education, basic and/or advanced environmental measurements. Sampling and lab analysis may be included.



SELF ASSESSMENT REVIEW

List five issues that should be discussed during the resident interview

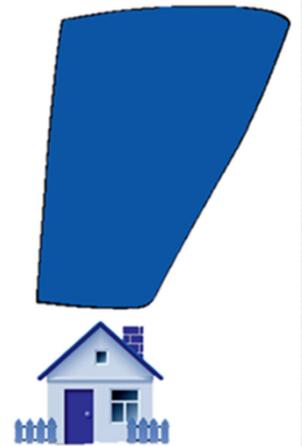
- Type and age of their home
- Where residents spend time
- Routine activities
- Concerns about the home
- Possible triggers for concerns
- If symptoms, when/where they occur



SELF ASSESSMENT REVIEW

Identify three key decisions that need to be made once it is determined that a home assessment is appropriate

- The appropriate level of assessment
- The best approach for the given situation
- The most appropriate assessment tool



SELF ASSESSMENT REVIEW

Identify two “social service” needs that may be discovered during the interview

- Hoarding
- Need for fuel assistance
- Children’s services
- Elder services



MODULE 2: HOME ASSESSMENT



CONDUCT A HOME ASSESSMENT



Practice identifying health-related hazards based on the 8 Principles/Keep-its.



Explain practical techniques for conducting home assessments.



Correctly fill out assessment tool in the field.



Conduct an onsite assessment.



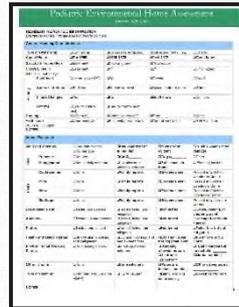
SELF ASSESSMENT

MODULE 2 - HOME ASSESSMENT

- Explain the difference between a deficiency-based and solutions-based assessment checklist.
- Name the 2 key characteristics of an assessment checklist.
- List 4 steps to approaching a home assessment.
- Name the 3 most problematic pests
- Name the 3 mechanical systems that are key to keeping it climate-controlled.



THE HOME ASSESSMENT PROCESS



**Interview resident
(Environmental History)**

**Determine need
for/scope of assessment**



**Assess the
home**



**Create an
action plan**



**Interventions/
Education**



**Professional
Follow-up**



PLAN YOUR APPROACH

NOW THAT YOU'VE:

- Interviewed the resident
- Completed an environmental history
- Determined that a home assessment is **appropriate**

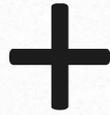
What do you need to do next, before actually conducting the assessment?



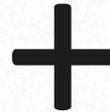
Goal: Identify Hazards



Resident
Interview



Sampling/
Testing



Building
Assessment



1. Dry



2. Clean



3. Pest-Free



4. Ventilated



5. Safe



6. Contaminant-Free



7. Maintained



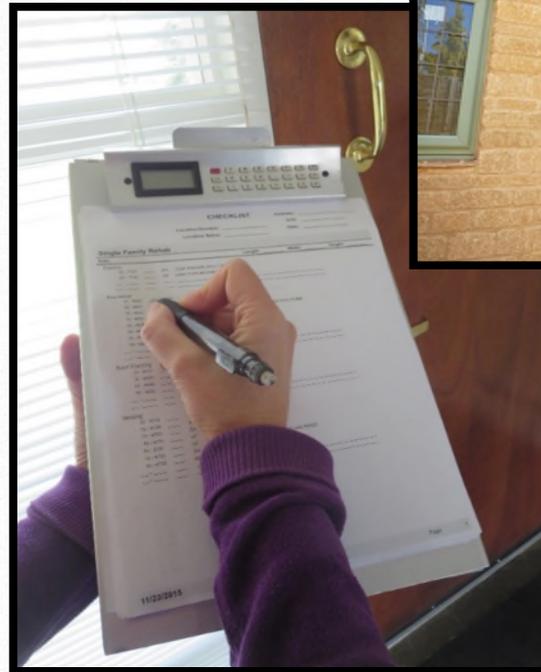
8. Climate Controlled

Keeping the
Keep-Its in mind



HOME ASSESSMENT INSPECTIONS: SURVEY FIRST, THEN INSPECT

1. Survey outside
2. Survey inside
3. Inspect outside
4. Inspect inside

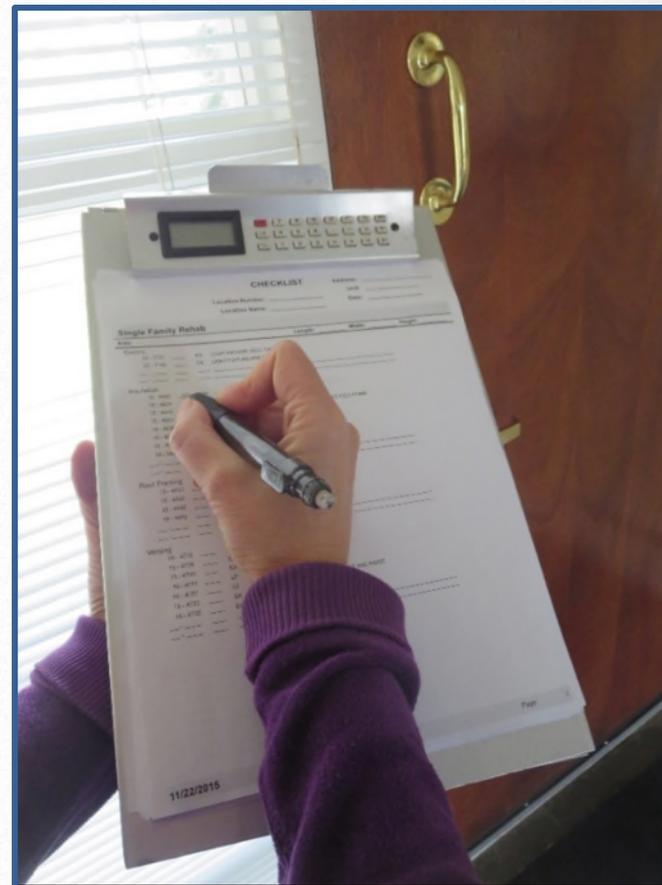


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JUST HAVE A SYSTEM!

- If you are consistent in your approach, you'll be less likely to miss something.
- You may even have a standard system within a room.



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INDIVIDUAL EXERCISE (5): IDENTIFY HAZARDS



- View these slides related to 8 Keep-Its.
- Identify and record deficiencies related to each numbered (purple) image.
- For each deficiency, work with a teammate and suggest a corresponding solution.
- Add any notes or additional info to gather during inspection



Keep It



1. Dry

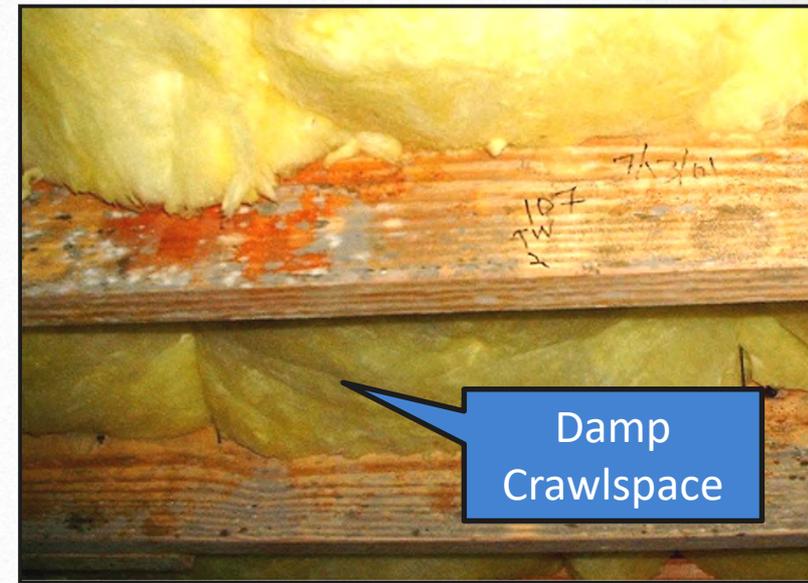
Common Sources of Water & Moisture Problems

- Ground Water Intrusion: basements, crawl spaces, slab on grade foundations
- Roof and building envelope leaks
- Ice dams
- Plumbing leaks
- Condensation in wall, floor and ceiling cavities
- Moisture generated by residents, day-to-day activities
- Others?



MOLD

- Feeds on organic materials
 - Wood, paper, sheetrock
- Thrives in warm, moist environments
 - 40° F to 100° F
 - 70% RH humidity
 - Excess moisture: flooding, roof and plumbing leaks
- Is NOT killed by cold



1) Groundwater



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2) Groundwater



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3) CRAWLSPACE





CRAWLSPACE: SOLUTION





4) CEILING BENEATH ATTIC



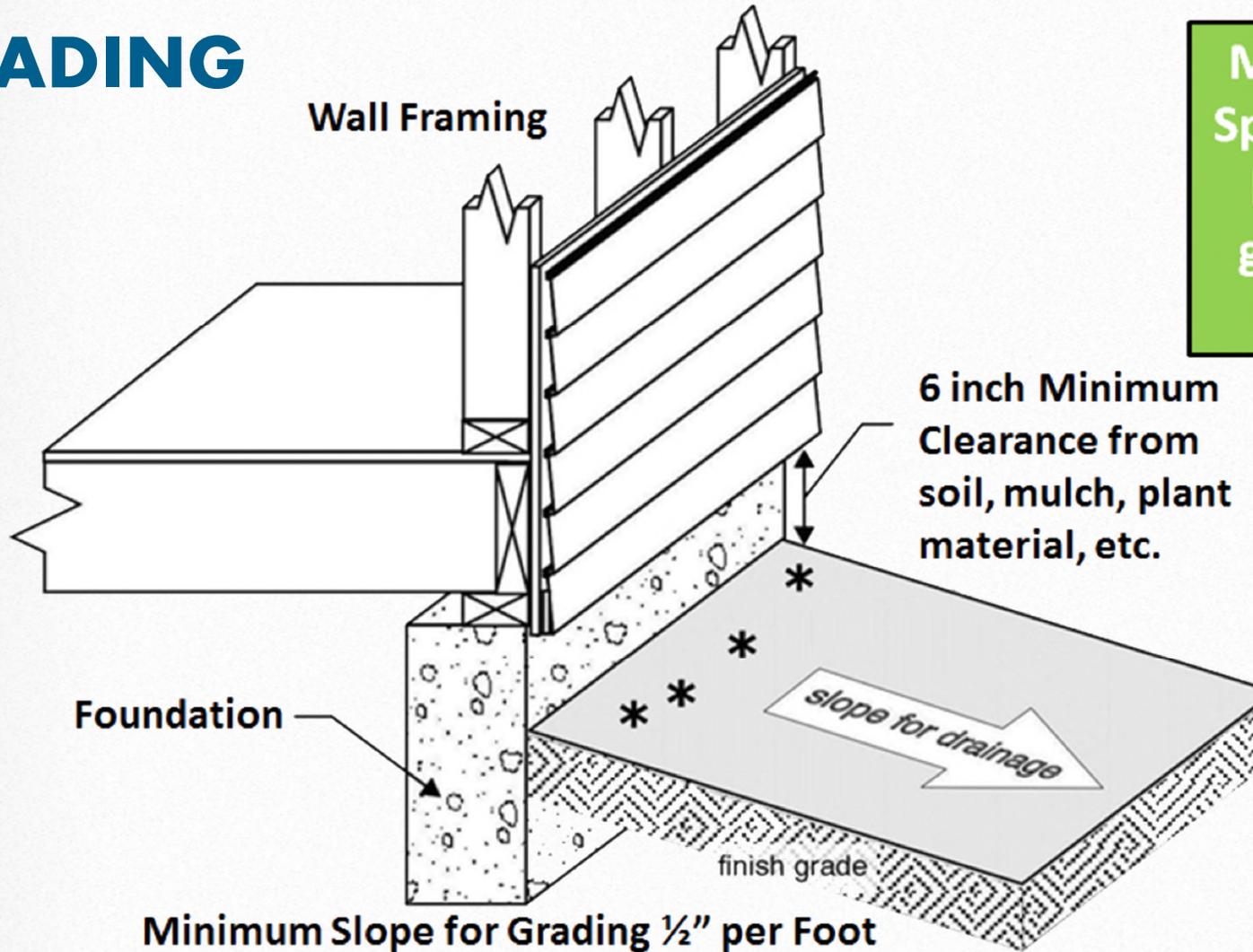
5) CEILING BENEATH BATHROOM



6) BATHROOM



STORM WATER MANAGEMENT (SWM): GRADING

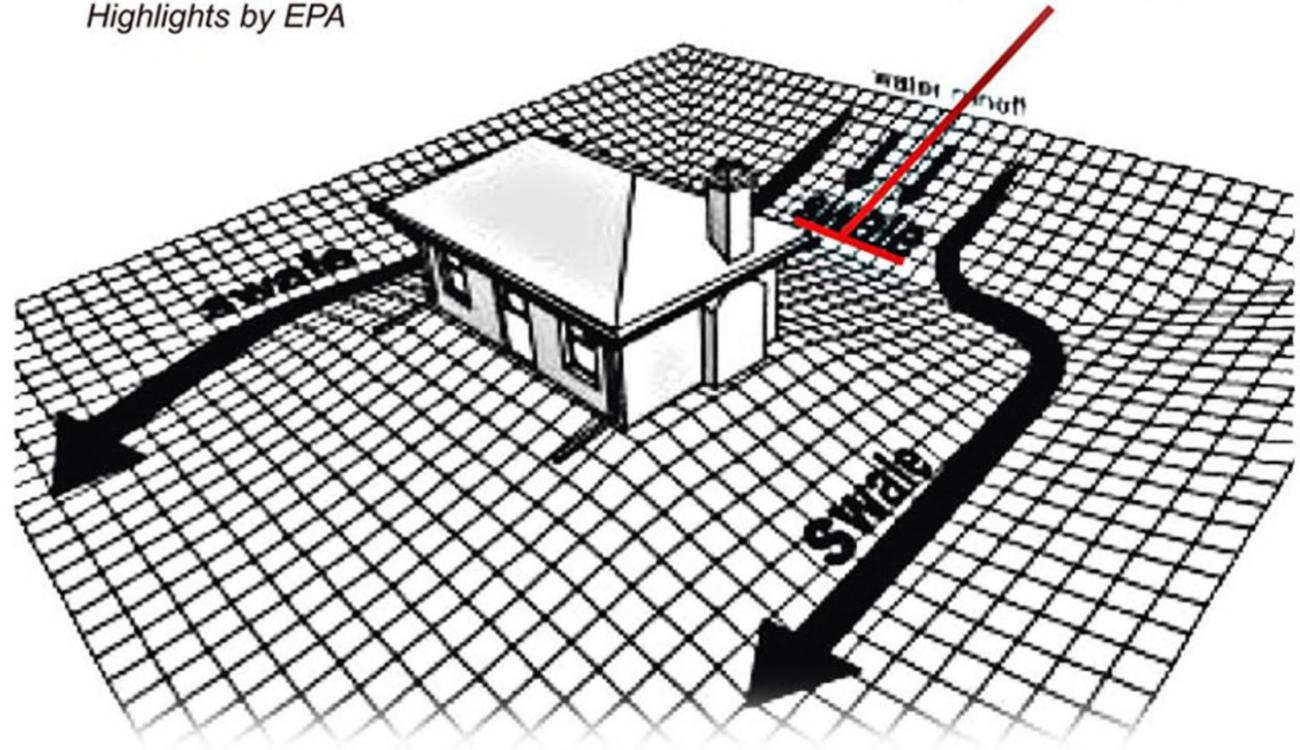


STORM WATER MANAGEMENT: SWALES

EPA Indoor airPLUS | MOISTURE CONTROL 1.1
www.epa.gov/indoorairplus

Highlights by EPA

Where setbacks limit space to less than 10 feet, provide swales or drains designed to carry water from foundation



BUILDING SITE DRAINAGE

SWM: DOWNSPOUT OUTLET OPTIONS



SWM: DOWNSPOUT OUTLET OPTIONS

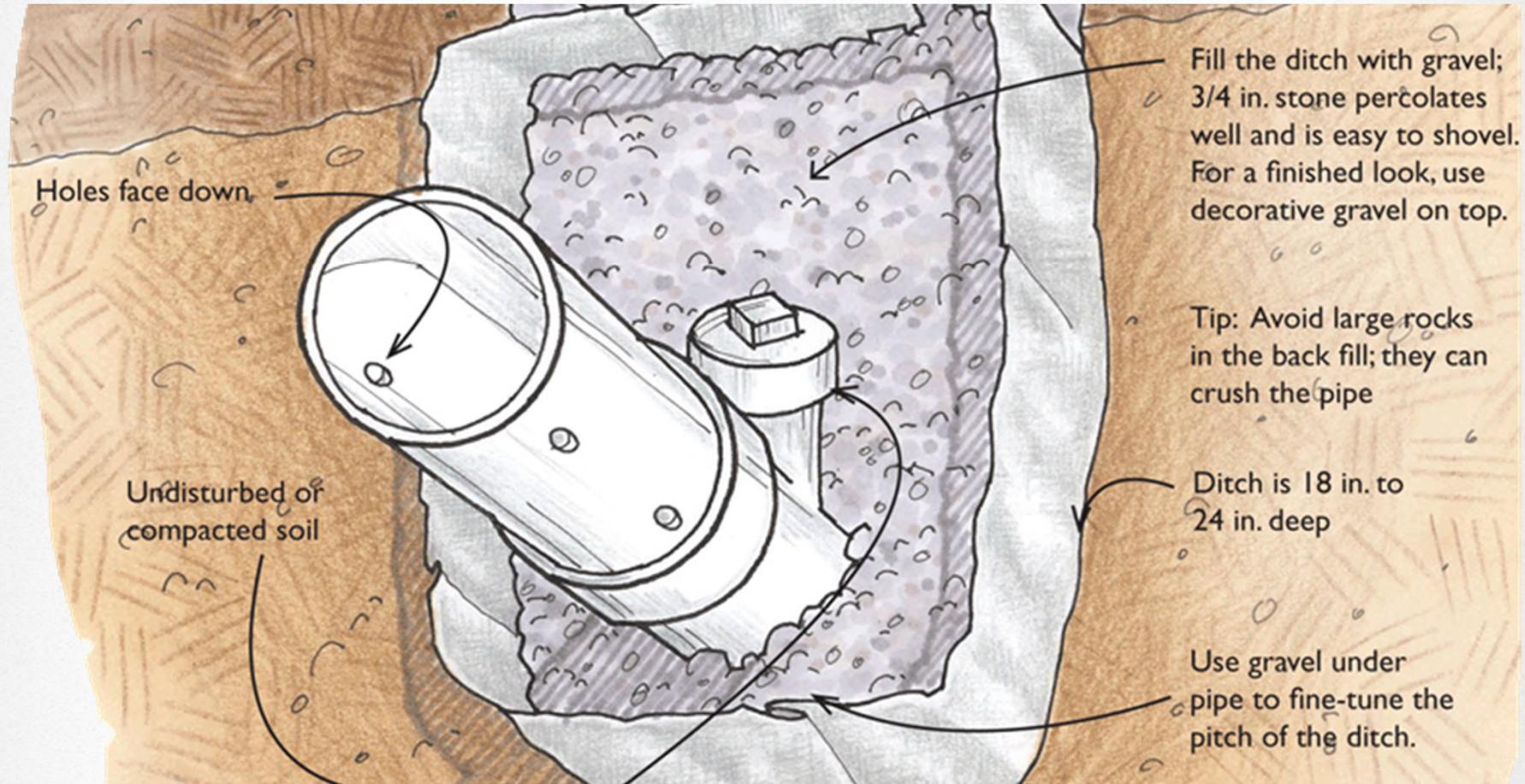


**WHAT IS WRONG
WITH THIS
DOWNSPOUT
EXTENSION?**

SWM: DOWNSPOUT OUTLET OPTIONS

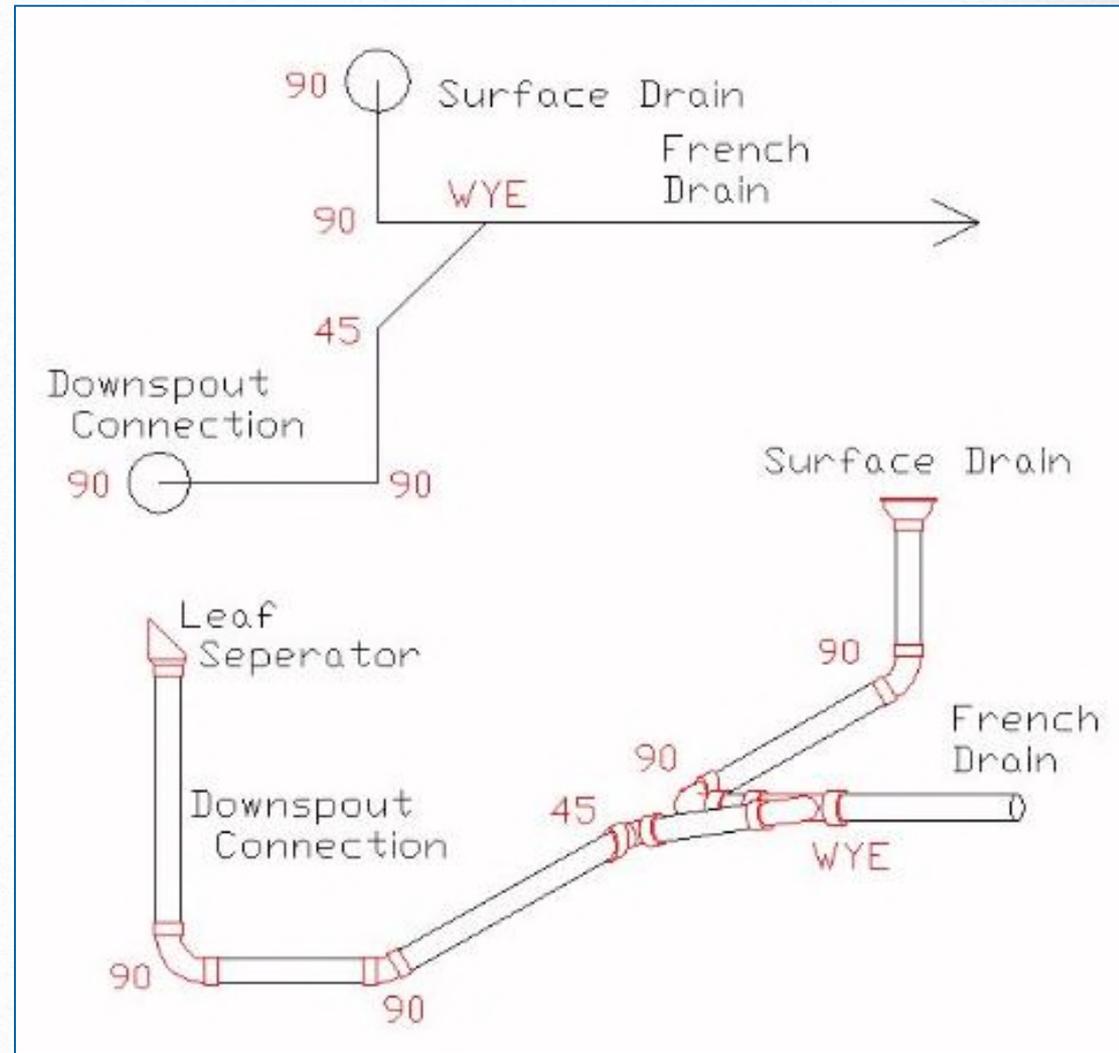


THE IDEAL DRAIN LEADER FOR SITES WITH GRADING PROBLEMS

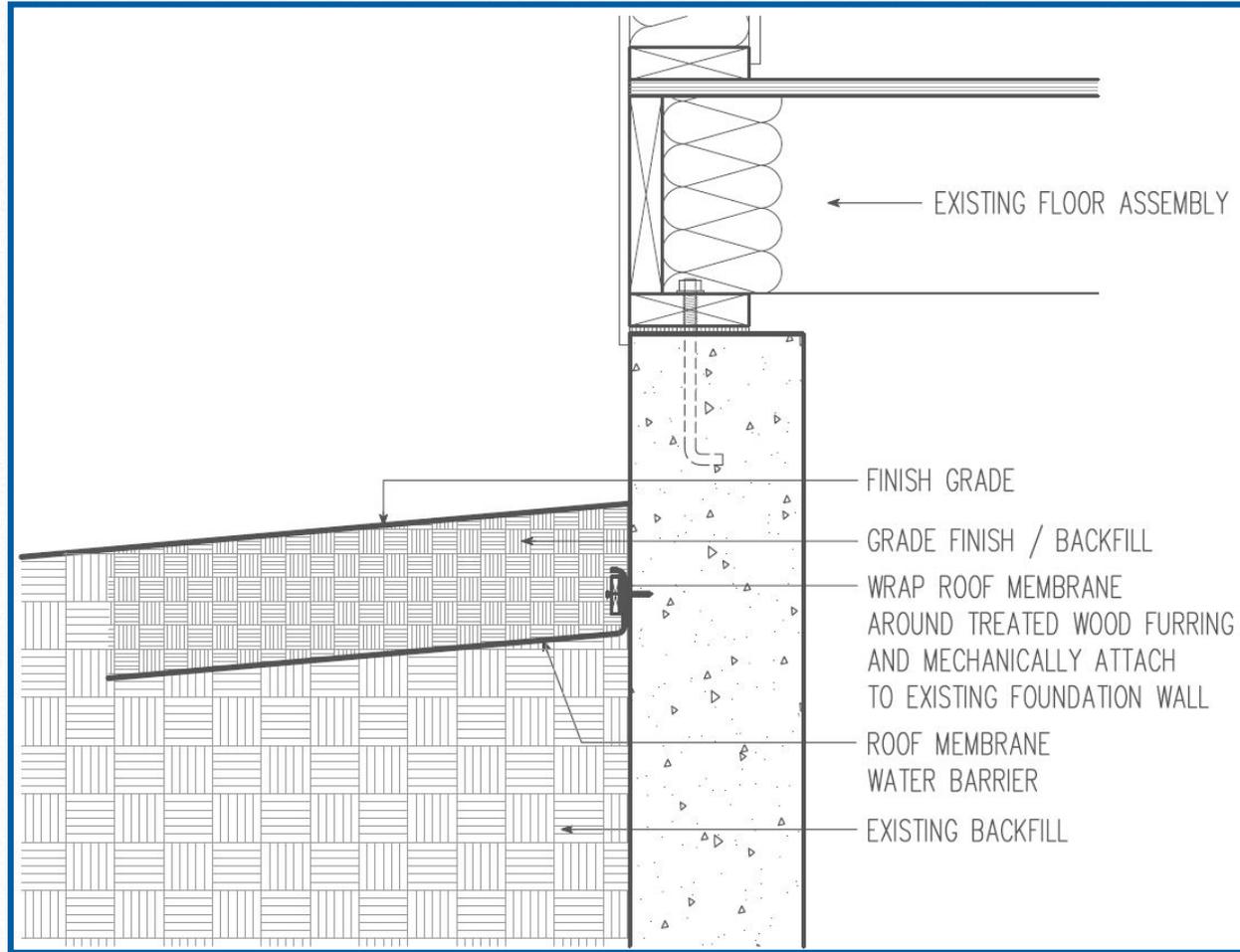


SWM: DRAIN LEADER

- AKA: French Drain
- Purpose: Move water away from house to point where it can safely percolate into soil



EXTERIOR RETROFITTED SUB-GRADE MEMBRANE WATERPROOFING



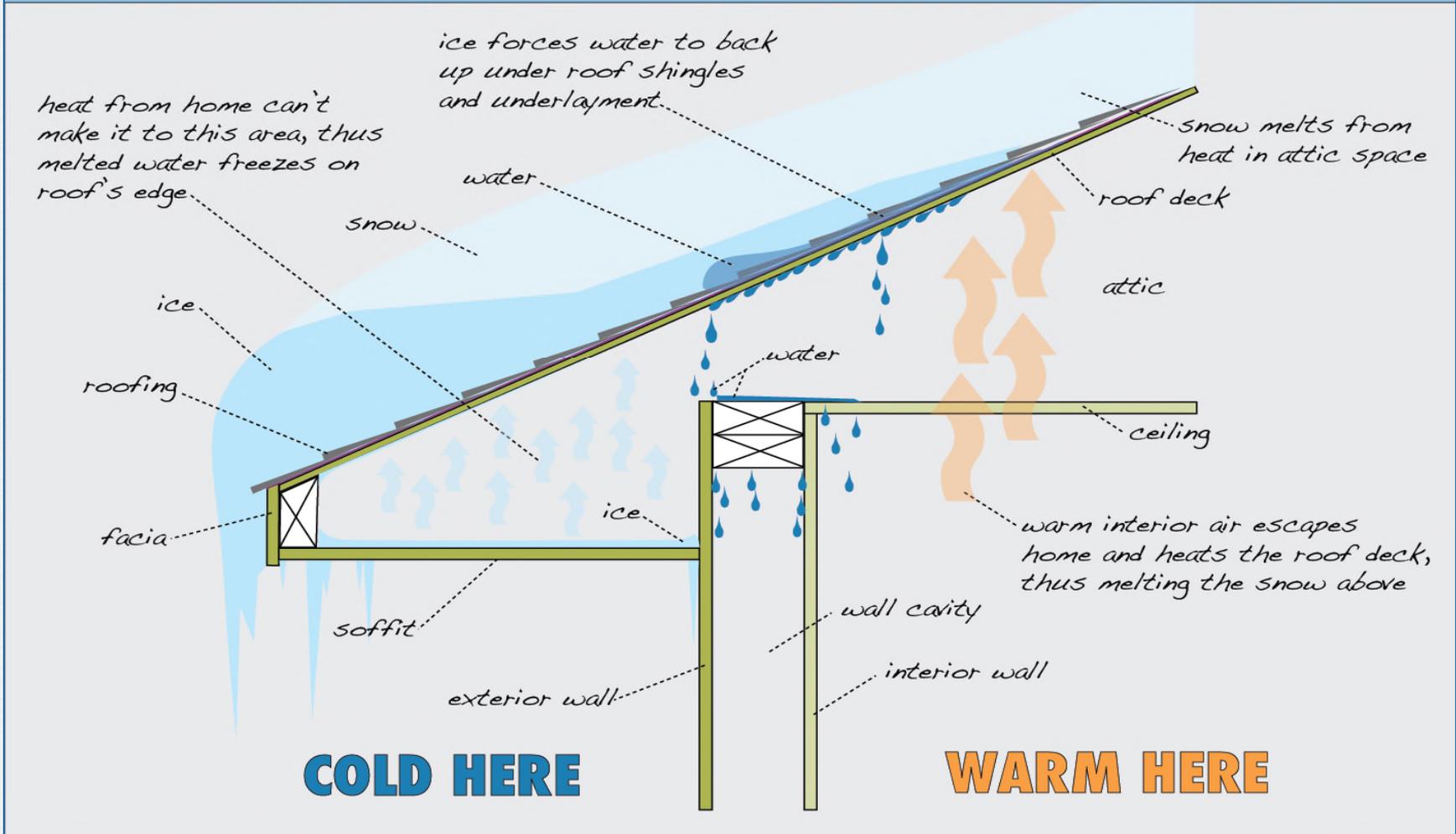
Those (dam\$%d) Ice Dams



ANATOMY OF AN ICE DAM

Illustration by Steve Kuhl, The Ice Dam Company

www.theicedamcompany.com



1515 South 5th Street, Hopkins, MN 55343

052 035 0460



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7) WINDOWS

WINDOWS: SOLUTION



MOISTURE METER

- Measures the % of water in a material
- Can confirm existence of water leak or moisture problem
- Can “map” moisture levels to identify the source.
- \$100 - \$450.

Mini-Ligno S/DC \$140





- **Cleanability is Key**
- Horizontal surfaces are the highest priority
- Then walls, ceilings and finishes
- Look for signs of wear that affect cleanability
- And don't forget to educate the resident!

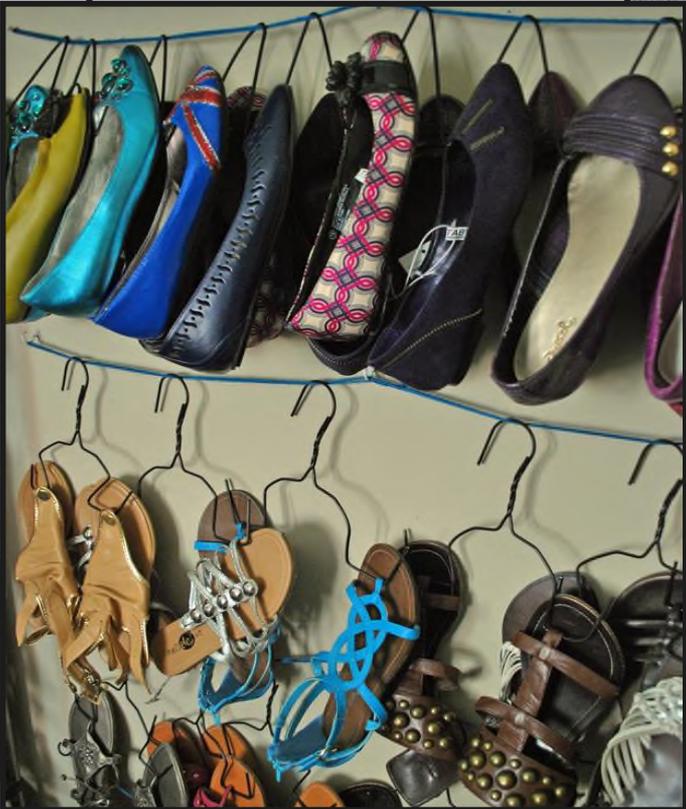


EDUCATE RESIDENTS ABOUT..

- Clutter
- Harborage



CLEANABILITY



©Jayne Windham: Livable Housing Inc.



CLEANABILITY: SMOOTH FLOORING VS CARPET



CLEANABILITY: SMOOTH FLOORING VS CARPET



KEEP IT



3. Pest-Free

- Trigger asthma & allergies
- Cause infection from bites
- Transmit disease
- Contaminate food
- Can lead to the (appropriate or inappropriate) use of pesticides



8) PESTS



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HOW DO WE KNOW IF WE HAVE A PROBLEM?

- Ask the occupants.
- Look for visible signs.
- “Sniff” for odors.
- Take a census.
- If you see the actual pests you likely have a huge problem!



THE PESTIEST OF PESTS!

- Cockroaches
- Rodents
 - ◆ mice
 - ◆ rats
- Bed Bugs



SIGNS OF COCKROACHES:

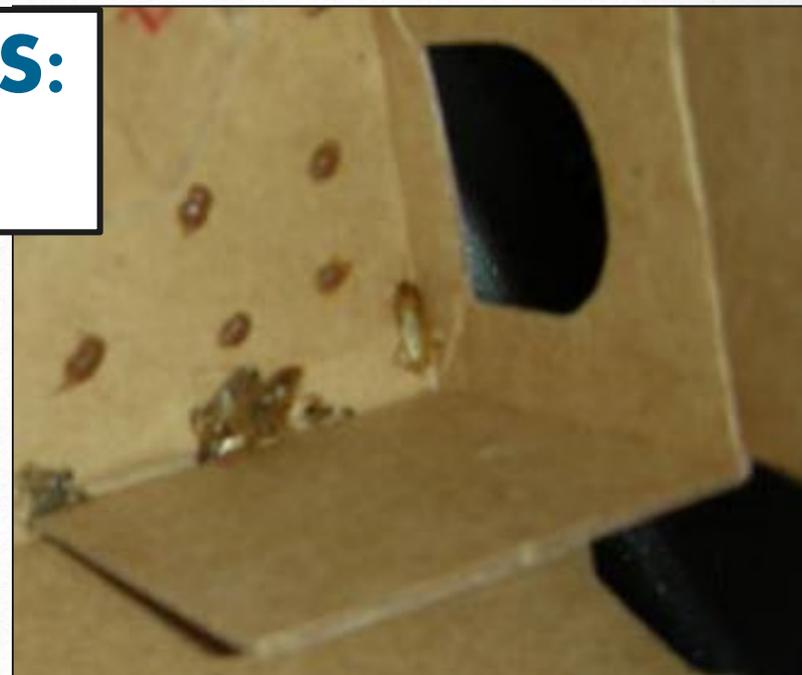
- Live cockroaches
- Cockroach parts and shed skins
- Frass
- Egg cases



SIGNS OF COCKROACHES: LIVING PROOF



American
Cockroaches



German
Cockroaches



SIGNS OF COCKROACHES: WHERE THEY LIVE

- Anywhere!
- Where there's water, food, and harborage
- In cracks and crevices where their bodies touch surfaces above and below



SIGNS OF COCKROACHES: SHED SKINS AND PARTS

German cockroaches
on a sticky trap



Brown banded
cockroaches
by a door hinge



SIGNS OF COCKROACHES: FRASS



Door



Under a cabinet shelf

Behind the wall clock



9) PESTS



10) PESTS





11) PESTS



12) PESTS





13) PESTS



KEEP IT



4. Ventilated

- To control moisture
- To dilute toxic consumer products
- To dilute toxic building material emissions
- To dilute emissions from biological sources
- To dilute tobacco smoke and cooking contaminants



SIGNS OF VENTILATION ISSUES



- Mold
- Odor

AREAS OF VENTILATION PROBLEMS

- Kitchen
- Bathroom
- Laundry room



TEST FAN PERFORMANCE



One sheet double-ply = about 25 CFM
Two sheets = about 50 CFM
Copy paper = at least 90/100 CFM

14) EXHAUST FANS



15) EXHAUST FANS



DUCT SIZE & MATERIAL

TABLE 7.1 PRESCRIPTIVE DUCT SIZING REQUIREMENTS (FROM ASHRAE 62.2)

Duct Type	Flex Duct				Smooth Duct			
Fan Rating (cfm at 0.25 in. w.g.)	50	80	100	125	50	80	100	125
Maximum Allowable Duct Length (ft)								
Diameter, (in)	Flex Duct				Smooth Duct			
3	X	X	X	X	5	X	X	X
4	70	3	X	X	105	35	5	X
5	NL	70	35	20	NL	135	85	55
6	NL	NL	125	95	NL	NL	NL	145
7 and above	NL	NL	NL	NL	NL	NL	NL	NL

This table assumes no elbows. Deduct 15 ft of allowable duct length for each turn, elbow, or fitting. Interpolation and extrapolation in Table 7.1 is not allowed. For fan rating values not listed, use the next higher value. This table is not applicable for fan ratings > 125 cfm.

NL = no limit on duct length of this size.

X = not allowed, any length of duct of this size with assumed turns and fittings will exceed the rated pressure drop (0.25 in w.g.).

Note: water gauge (w.g.) is the same as water column (w.c.)



16) RECIRCULATING RANGE HOOD



17) VENTED RANGE HOOD



KEEP IT



5. Safe

Does the door open fully?

Lighting?

3-way switch?

18) STAIRWELL

Slippery rug?

2 handrails may be better



19) FAMILY ROOM

CO Risk?
(Contaminants)

Fire Risk?
(VOCs?)

Extension
Cord Hazard

Insufficient
Balusters



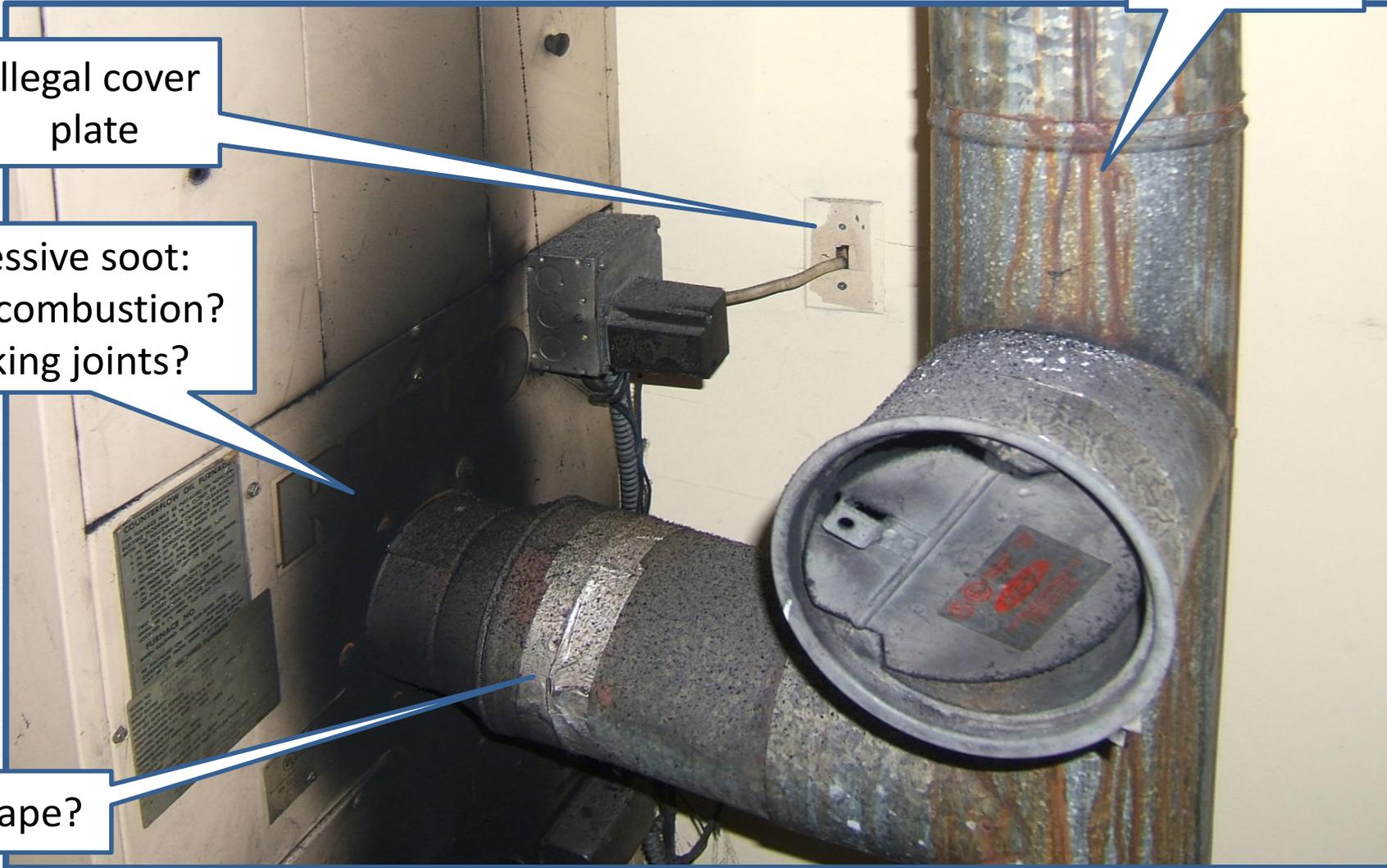
20) HEATING/COOLING SYSTEM

Corrosion

Illegal cover plate

Excessive soot:
Poor combustion?
Leaking joints?

Duct tape?



21) ELECTRICITY

Electrical cable
chaffing on
edge of siding

Pest
superhighway



BATHROOM SAFETY

- Grab bar placement
- Outside shower controls



RAMP SAFETY



KEEP IT



6. Contaminant-Free



AVOID CONTAMINANTS!

- Use low/no VOC paints, caulks and sealants
- Avoid installing products with formaldehyde
- Use lead-safe work practices (LBP testing)
- Know how to recognize and handle asbestos
- Clean: Remove contaminants in household



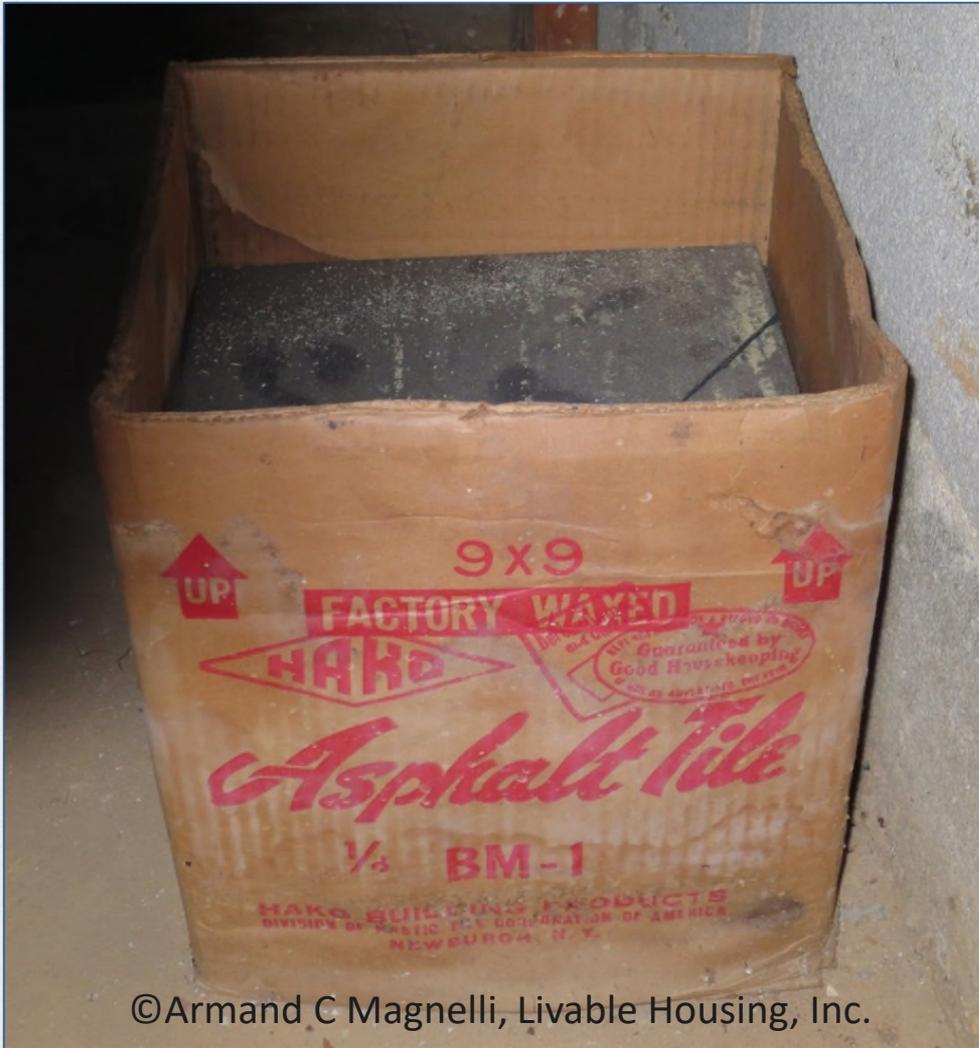
©Armand C Magnelli, Livable Housing, Inc.

CONTAMINANTS: ASBESTOS

- Residential use was limited in 1970's-1980's
- Still found in old products, vinyl tiles, insulation



CONTAMINANTS: ASBESTOS TILES



©Armand C Magnelli, Livable Housing, Inc.

- Almost always 9" X 9"
 - Sometimes 8" x 8"
- Easy to spot compared to the standard 12" X 12" Vinyl Composition Tiles (VCT)

MORE WAYS TO AVOID CONTAMINANTS!



- Radon: Test and address
- CO: Install and maintain up-to-code alarms
- ETS: Educate Residents
- Atmospherically vented appliances: Combustion Appliance Zone Testing (CAZ)



CAZ TESTING

BPI Certified Combustion Appliance Zone Testing

1. Gas pipe leakage
2. Combustion efficiency
3. Spillage
4. Draft
5. CO



Draw & Flue Gas Testing



Gas Leak Testing



VISUAL CUES FOR BACKDRAFTING



Flue
Connection

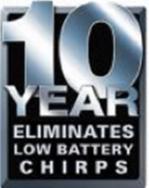
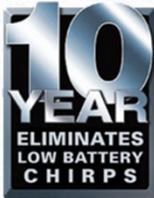
Condensation
& Corrosion



CO DETECTORS/ALARMS

10 year Lithium Ion Battery

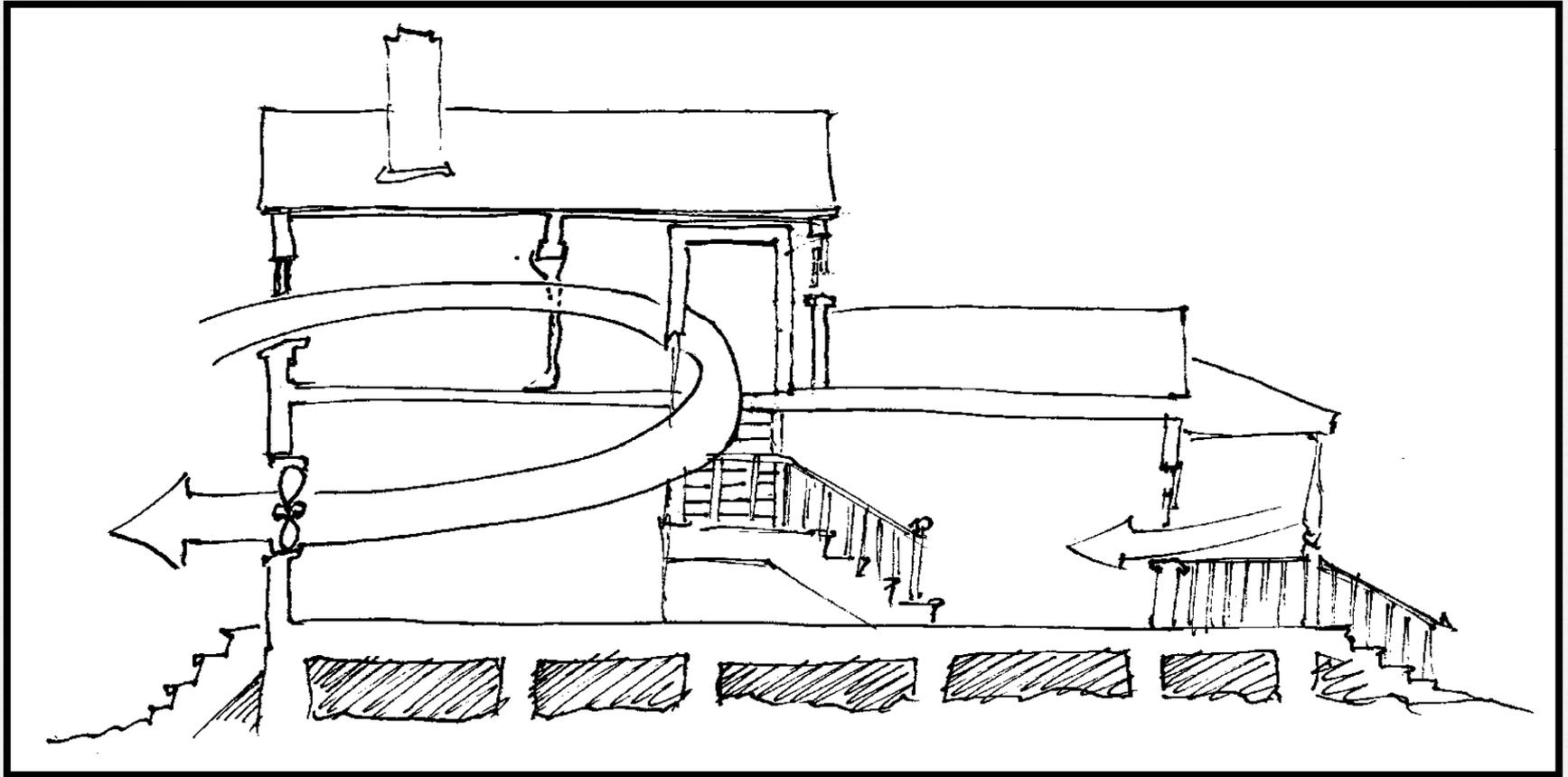
Plug-In



10 year Battery with Display 30PPM +



ASSESS FOR MECHANICAL VENTILATION & FUNCTION



KEEP IT



7. Maintained

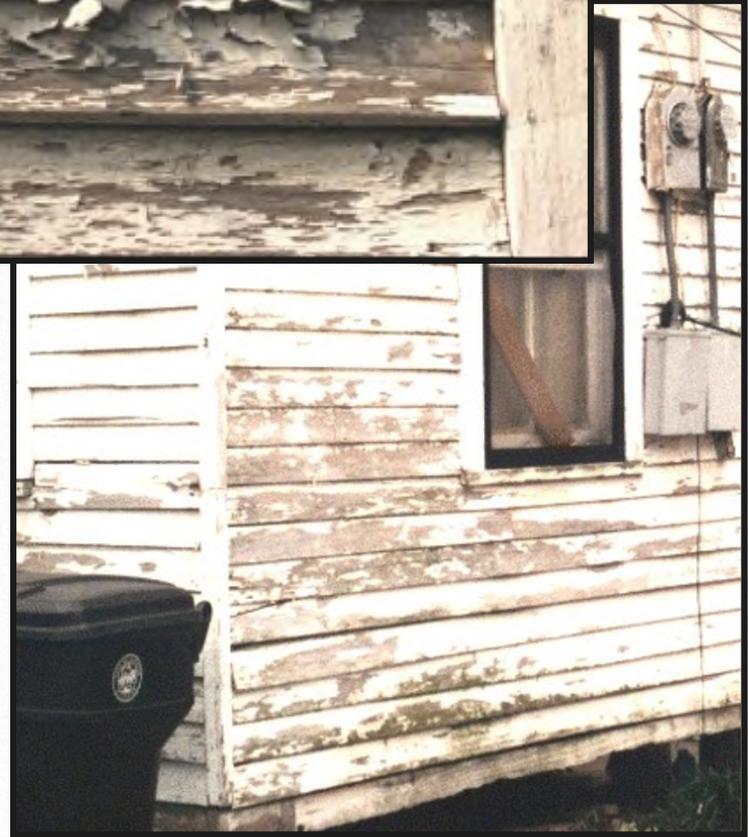
- Inspect
- Clean
- Lubricate mechanical appliances
- Repair
- Replace
- Organize



(22) PAINT



CHALKING & PEELING PAINT OUTSIDE



LEAD: AGE OF HOUSING MATTERS

Year House Was Built	Percent of Houses with Lead-Based Paint
Before 1940	87 percent
1940-1959	69 percent
1960-1978	24 percent
All US Housing Stock	40 percent





Climate-Control Systems:

- Heating
- Cooling
- Ventilation
- Think of the house as a System



We Have Systems To:

- Add heat
- Remove heat
- Ventilate
- Add or remove humidity



HEATING SYSTEMS

- Fuel
 - ◆ Gas (natural or LP), oil, wood, coal
 - ◆ Electric
- Distribution
 - ◆ Hot water, steam, warm air
 - ◆ Radiators, baseboard, ducts, space heaters
 - ◆ Radiant floors and ceilings
- Chimneys, sealed combustion, fan powered
- Temperature Controls



Mechanical Ventilation



All exhaust appliances
“suck” air.



Photos courtesy of The US Department of Energy



Occupant Factors

(The ways we do the things we do)

- Water Usage
- Cooking & Storing Food
- Cleanliness
- Systems Operation
- Maintenance
- Tolerance For Pests
- Lighting, Appliances



These Systems Must Work-Together

- Combustion Appliances
 - ◆ Heating systems
 - ◆ Water heaters
 - ◆ Gas range
- Exhaust Fans & Clothes Dryers
- Building Shell features
 - ◆ Type and quality of construction
 - ◆ Insulation & air sealing
 - ◆ Fenestration: Windows, doors, skylights
- Occupants



MEASURING THERMAL COMFORT

INFRARED THERMOMETER



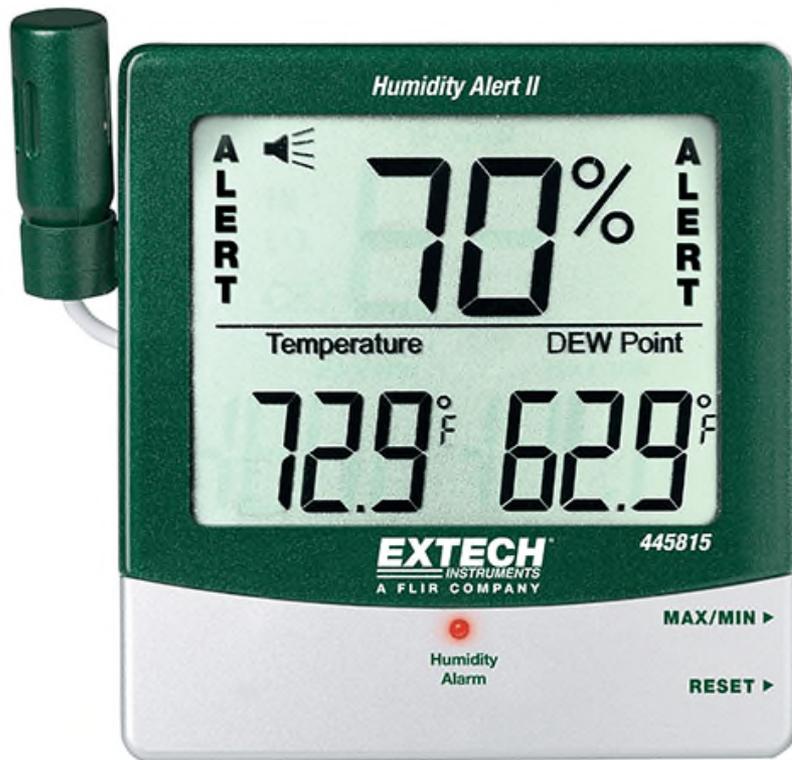
Extech Mini Infrared Thermometer - (8:1) - \$70

- Affordable thermal infrared “camera”
- ~\$60 - \$250
- Instantaneous, digital reading
- Helps to identify materials that are moist (since condensation of moisture results in cooling)



MEASURING THERMAL COMFORT

HYGRO-THERMOMETER



- Measures:
 - Temperature
 - Humidity
 - Calculated Dew Point
- Can be used with Laser Thermometer to locate potential sites for condensation

Extech Hygro-Thermometer - \$50



PREPARING FOR SUCCESS

Lets prep for an inspection with the goal of developing a Scope of Work

- Checklist check-up, comparing Deficiency-based and Solutions-based
- Practicing use of the Checklist
- What to bring for the inspection
- What's your role



SOLUTIONS-BASED CHECKLISTS

- Identifies specific work items to address deficiencies
- Ideally quantifies the work using units of measurement
- Allows for recording special notes
- Records the information necessary for a scope of work

Assessment Checklist – Exterior Location Type			
Address:	_____	Unit:	_____
Location Number:	_____	Location Name:	_____
Length:	_____	Width:	_____
		Height:	_____
Chimney			
7 - 1330	_____	SF	CHIMNEY--REPOINT
15 - 4620	_____	EA	FLASH CHIMNEY
7 - 1340	_____	EA	CHIMNEY CAP
_____	_____	_____	_____
Roof			
15 - 4490	_____	SF	ROOF SHEATHING 1/2"
15 - 4580	_____	SQ	TEAR OFF AND REROOF SHINGLES
15 - 4710	_____	LF	VENT--ALUMINUM RIDGE
15 - 4547	_____	SQ	EPDM W/INSULATION BD
15 - 4548	_____	SQ	MODIFIED BITUMEN RE-ROOF
15 - 4735	_____	LF	ROOF FLASHING--REPAIR
15 - 4755	_____	LF	FASCIA 1"X 6"
15 - 4760	_____	LF	SOFFIT
_____	_____	_____	_____
Gutters & Downspouts			
15 - 4635	_____	LF	GUTTER--INSTALL--5" SEAMLESS ALUMINUM
15 - 4638	_____	LF	DOWNSPOUT--2X3" ALUMINUM
15 - 4640	_____	LF	DOWNSPOUT--3X4" ALUMINUM
15 - 4665	_____	EA	SPLASH BLOCK
_____	_____	_____	_____
Siding			
10 - 2585	_____	SF	SIDING--CLAPBOARD REPLACE
10 - 2615	_____	SF	SIDING--CEDAR SHINGLE REPAIR
10 - 2640	_____	SQ	SIDING--VINYL
10 - 2645	_____	LF	TRIM--WRAP WITH VINYL
10 - 2675	_____	SF	SIDING--ALUMINUM REPAIR
10 - 2705	_____	SF	STUCCO--PATCH
_____	_____	_____	_____
Masonry			
7 - 1105	_____	SF	FOUNDATON--PARGET
7 - 1230	_____	SF	MASONRY--REPOINT
7 - 1235	_____	SF	BRICK WALL REPAIR
_____	_____	_____	_____
Doors			
10 - 3065	_____	EA	DOOR--REWORK EXTERIOR
10 - 3075	_____	LF	DOOR CASING--REPLACE
10 - 3120	_____	EA	DOOR--REPLACE ENTRANCE HARDWARE
10 - 3150	_____	EA	DOOR--EXTERIOR paneled
10 - 3185	_____	EA	DOOR--PREHUNG METAL ENTRANCE
_____	_____	_____	_____



WHATEVER FORM YOU USE, IT MUST BE:

- Thorough
- Efficient

Hazards and Solutions Checklist					
Location Type		Bathroom			
Address:					Unit:
Location Name:				Location #:	
Dimensions:	L:	W:	H:	Date:	
Hazard Assessment					
Principle	Y	N	Description – Note specific hazards, and potential issues. Items for further testing, professional follow-up.		Severity C = Chronic A = Acute
Clean					
• Cleanable surfaces					
• Clutter					
• Hoarding					
• Sufficient storage					
Dry					
• Signs of moisture					
• Active leaks					
• High humidity					
• Musty odor					
Pest Free					
• Signs of pests					
• Food sources					
• Access points for pests					
Safe					
• Lighting adequate					
• Electrical hazards					
• Tripping hazards					
• Accessibility issues					
• Risk for falls					
• Secure entry					
Contaminant Free					
ETS					
Deteriorated paint					
ACM					
CO Detectors					
Odors - VOCs					
Ventilated					
Fresh air source					
Windows operable					
Odors					
Dampness					
Maintained					
Signs of deferred maintenance					
Difficult to maintain elements					
Deteriorated Paint - LBP					
Thermally Safe					
Temperature differential					
Occupant complaints					

PREPARE FOR ONSITE VISIT:

Let's:

- Familiarize ourselves with the checklist that we'll use tomorrow
- Practice filling one out using photos
- Here's the Hazards section

Hazards and Solutions Checklist					
Location Type	Bathroom				
Address:					Unit:
Location Name:				Location #:	
Dimensions:	L:	W:	H:	Date:	
Hazard Assessment					
Principle <small>Shaded cells with ✓ require action</small>	Y	N	Description – Note specific hazards, and potential issues. Items for further testing, professional follow-up.	Severity C = Chronic A = Acute	
Clean					
• Cleanable surfaces					
• Clutter					
• Hoarding					
• Sufficient storage					
Dry					
• Signs of moisture					
• Active leaks					
• High humidity					
• Musty odor					
Pest Free					
• Signs of pests					
• Food sources					
• Access points for pests					
Safe					
• Lighting adequate					
• Electrical hazards					
• Tripping hazards					
• Accessibility issues					
• Risk for falls					
• Secure entry					
Contaminant Free					
ETS					
Deteriorated paint					
ACM					
CO Detectors					
Odors - VOCs					
Ventilated					
Fresh air source					
Windows operable					
Odors					
Dampness					
Maintained					
Signs of deferred maintenance					
Difficult to maintain elements					
Deteriorated Paint - LBP					
Thermally Safe					
Temperature differential					
Occupant complaints					

Add info in header.

Check marks signal a hazard exists.

Add details under "Description" and mark Severity as Chronic or Acute



PREPARE FOR ONSITE VISIT:

- Here's a typical Solutions section

Chose a line item by entering a "Quantity"

Category: Electric			
Spec #	Unit of Measure	Quantity	Spec Title
23-7590	EA		RECEPTACLE—GFCI BATH
Addendum			
23-7819	EA		FAN/LIGHT FIXTURE—ENERGY STAR
Addendum			
23-7675	EA		REPLACE SINGLE POLE LIGHT SWITCH
Addendum			
23-7690	EA		INSTALL SINGLE POLE LIGHT SWITCH
Addendum			
23-7761	EA		ENERGY STAR 2 BULB BATH VANITY FIXTURE
Addendum			
23-7824	EA		BATHROOM FAN--CONTINUOUS--SINGLE SWITCH
Addendum			
23-	EA		
Addendum			
23-	EA		
Addendum			

Add notes for additional instructions under "Addendum".

Add work items as needed

INDIVIDUAL EXERCISE (6): HAZARDS AND SOLUTIONS CHECKLIST



First cut:

- View these slides and identify and record hazards/deficiencies related to each image on your Checklist
- We'll start by focusing on the hazards/deficiencies, and next work on solutions



INDIVIDUAL EXERCISE (6): HAZARDS AND SOLUTIONS CHECKLIST



Second cut:

- View the slides again, and for each deficiency, identify a line item of work that would be a solution by entering a “Quantity”
- Next, work with a teammate and discuss your choices for solutions.
- Add any notes or additional info to gather during inspection



KITCHEN "A" WALL



KITCHEN "B" WALL



KITCHEN "C" WALL





KITCHEN ALCOVE "A" WALL





KITCHEN ALCOVE "B" WALL



KITCHEN ALCOVE "D" WALL





KITCHEN FLOOR DETAIL



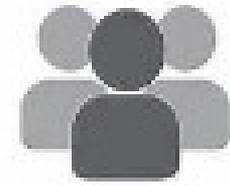
KITCHEN ELECTRICAL



KITCHEN ENTRY



SMALL GROUP EXERCISE (7): PREPARING FOR SUCCESS



- Work in small groups.
- List EVERYTHING you can think of that the inspector needs for a successful assessment.
 - Tools
 - Information about the building
 - Information about/from the resident or owner



PREPARING FOR SUCCESS

Environmental Assessments

Info -

To

Checklist, Camera

From the
/Occupant

Environmental

Presence of existing hazards

A way to record information

Checklist

Someone to let the inspector in

History of the home

A reminder for what to examine

Access to all areas of the property

Neighborhood info

Checklist & measuring devices

A way to quantify the work

Flashlights

at profiles

Building

Aids to see property

Moisture meter, ambient CO detector, laser thermometer

Program

Hand-held testing equipment

Guidelines/Standards



ASSESSOR SAFETY

PERSONAL PROTECTIVE EQUIPMENT TO CONSIDER FOR INSPECTIONS:

- Booties
- Gloves
- Tyvek Coveralls
- Respirator

**What would
you add to
this list?**

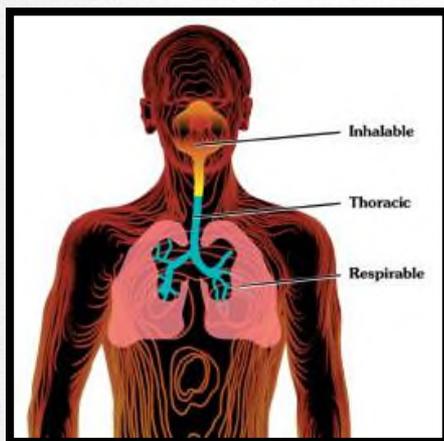


Note- this discussion is about professionals who go into people's homes. Occupation-related personal protective equipment (PPE) is covered by OSHA with specific regulations regarding medical monitoring and guidance on worker protection.

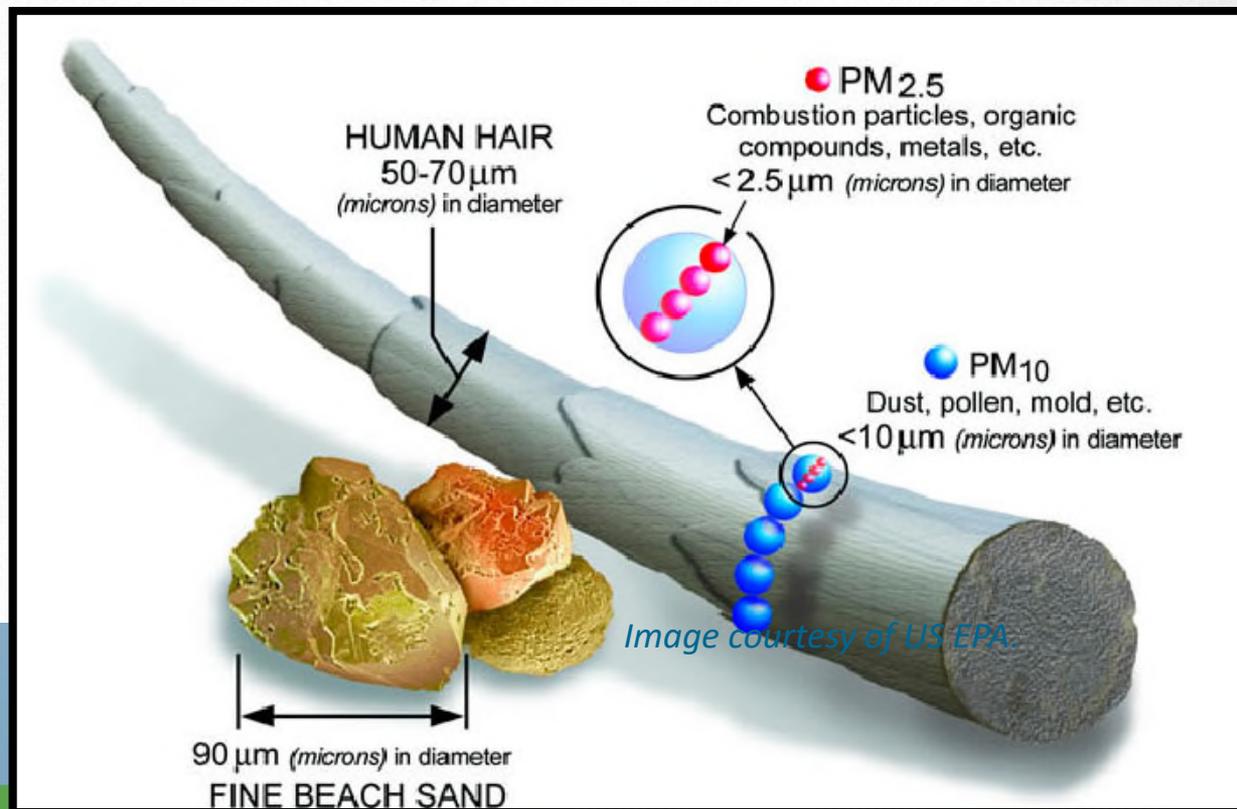


FINE PARTICLES

If a particle is less than 10 microns:	If a particle is smaller than 20 microns:	Most common airborne particle size is:	Most harmful particle size is less than:
You can breath it in.	You can't see it.	2.4 microns	1 micron



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N-95 RESPIRATOR

Minimum protection if high concentrations of unknown particles are observed

Dust, mold, and smoke are made up of particles. First line of defense for protection is a NIOSH approved N-95 rated respirator.

Particle respirators do not provide any protection from carbon monoxide or other toxic gases!

Respirators are only a part of personal protective equipment (PPE).

Note- this discussion is about professionals who go into people's homes. Occupation-related personal protective equipment (PPE) is covered by OSHA with specific regulations regarding medical monitoring and guidance on worker protection.



RESPIRATOR MASKS

**NIOSH approved N-95 Respirator mask.
Must fit test to work properly.**



Minimum protection for dust, mold or smoke particles

No protection from carbon monoxide or other toxic gases.

Note- this discussion is about professionals who go into people's homes. Occupation-related personal protective equipment (PPE) is covered by OSHA with specific regulations regarding medical monitoring and guidance on worker protection.



RESPIRATOR RATING CLASS

Respirator Rating Letter Class

- **N** - Not oil resistant
- **R** - Resistant to oil
- **P** - Oil Proof

Respirator Rating Number Class

- **95** - Removes 95% of all particles 0.3 microns in diameter
- **99** - Removes 99% of particles 0.3 microns in diameter
- **100** - Removes 99.97% of all particles 0.3 microns in diameter or larger. HE or HEPA quality filter.



ASSESSOR HAZARDS & PRECAUTIONS:

BE AWARE OF

- Significant structural defects and physical hazards
- Improperly stored and uncharacterized chemicals and pesticides
- Visible and significant biological Contamination
- Fire and improperly stored combustible materials

**Can you ask
for a hazard
to be
removed?**



Healthy Homes: Assessment and Interventions Training Guide



Instructor-Led Discussion: Prepare for Onsite Visit

NOTE: This is a hidden slide.
It is provided for trainer reference only
NOTE: This is a hidden slide; students cannot see it.

WHERE ARE WE GOING TOMORROW?

- Address
- Neighborhood
- Age of home
- Occupants
- Available programs



WHAT'S YOUR ROLE?

- Resident interview
- Bring forms
- Bring tools



THE ON-SITE VISIT

- Work in pairs or groups
- Rotate through house
 - ◆ Use the four Hazards & Solutions Checklists
 - Kitchen, Bath, Generic Interior Room, Exterior
 - ◆ Use PEHA Environmental Home Assessment for the resident interview
- Timing
- Treat the resident's property with respect



SELF ASSESSMENT REVIEW

Explain the difference between a deficiency-based and a solutions-based assessment checklist?

- Deficiency-based: Document existing conditions; prioritize health risks; itemizes health & safety issues
- Solutions-based: Identifies specific work to address deficiencies; quantifies the work using units of measurement; enables recording special notes and scope of work



SELF ASSESSMENT REVIEW

Name the two most important characteristics of an assessment checklist:

- Thoroughness
- Efficiency



SELF ASSESSMENT REVIEW

Explain the 4 steps to approaching a home assessment:

- Survey Outside
- Survey Inside
- Inspect Outside
- Inspect Inside



SELF ASSESSMENT REVIEW

List the three most problematic pests:

- Cockroaches
- Rodents
- Bed bugs



SELF ASSESSMENT REVIEW

List the three mechanical systems that are key to keeping it climate-controlled?

- Heating
- Cooling
- Ventilation



Healthy Homes: Assessment and Interventions Training Guide



Instructor-Led Discussion: Day One Wrap Up

NOTE: This is a hidden slide.
It is provided for trainer reference only
and does not display as part of the slideshow.

Healthy Homes: Assessment and Interventions Training Guide



Instructor-Led Discussion: Day Two Getting Started

NOTE: This is a hidden slide.
It is provided for trainer reference only
and does not display as part of the slideshow.

MODULE 3: DEVELOP AN ACTION PLAN



DEVELOP AN ACTION PLAN



Prioritize identified hazards.



Identify occupant / homeowner responsibilities.



Identify potential community resources to address hazards.



Develop a sample action plan given an assigned issue.



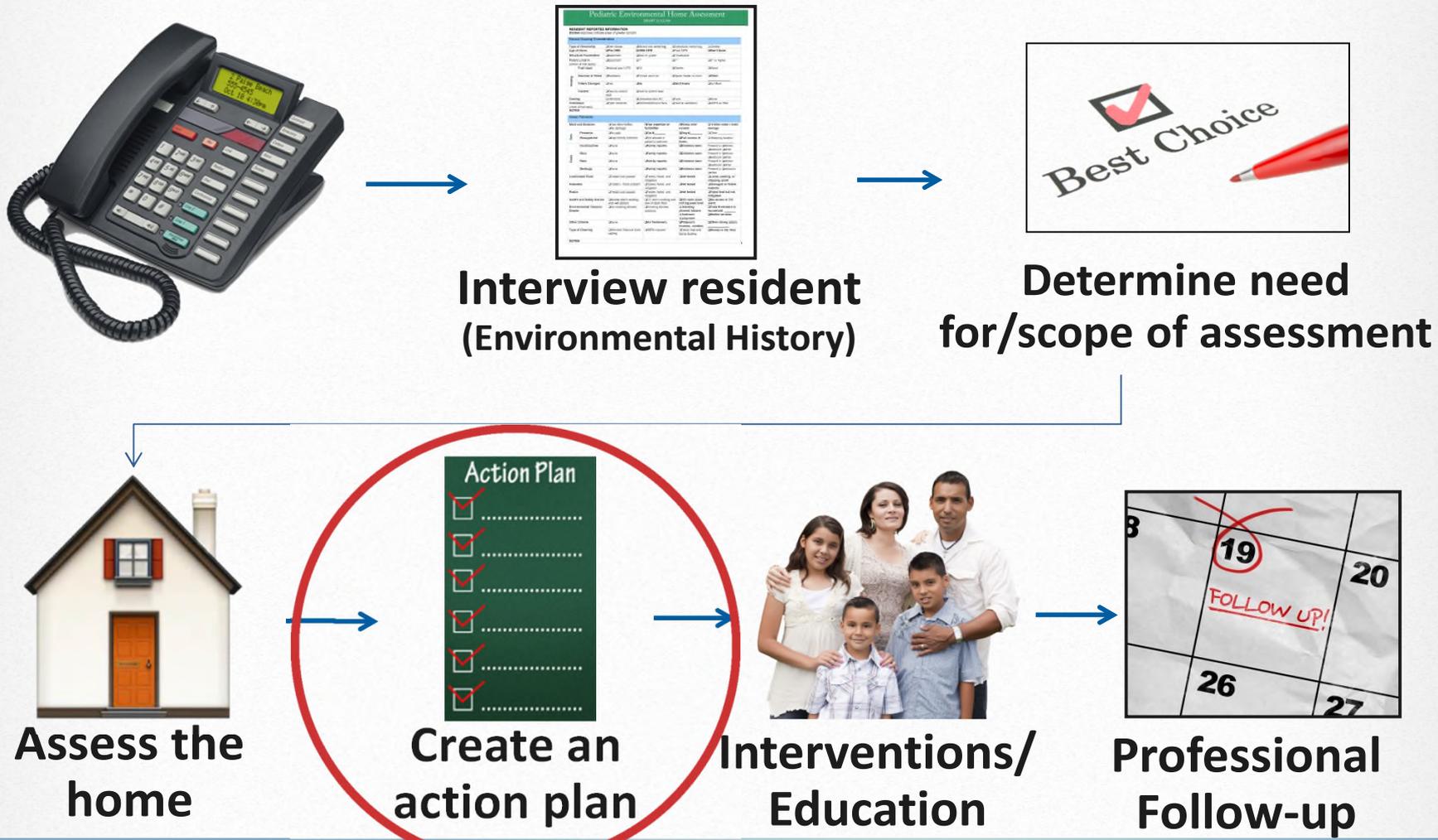
SELF ASSESSMENT

MODULE 3 – DEVELOP AN ACTION PLAN

- Name at least 2 types of specialized input we may request before finalizing a scope of work.
- Name four ways program design can affect prioritization.
- Name at least one potential program partner.
- Name three potential program funding sources.



THE HOME ASSESSMENT PROCESS



DEVELOPING AN ACTION PLAN

1. Identify hazards
2. Prioritize hazards
3. Define scope of work/specs
4. Identify responsible parties
5. Identify funding sources and resources.



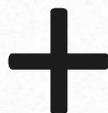
Identify Hazards



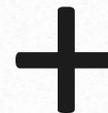
Resident
Interview



Building
Assessment



Sampling/
Testing



- 1. Dry
- 2. Clean
- 3. Pest-Free
- 4. Ventilated
- 5. Safe
- 6. Contaminant-Free
- 7. Maintained
- 8. Climate Controlled

Does the resident information match what we observed during the assessment?



Specialized Input

- Lead Inspection/Risk Assessment
- Combustion Safety Testing
- Structural
- Social Services?

Why should we deal with these before the action plan is finalized?



Keep in mind...

The goal is to eliminate or reduce exposure to housing-related hazards that trigger symptoms or cause illness.

- Consider environmental factors and lifestyle choices
- Determine interventions for inside and outside the home



HOW DOES PROGRAM DESIGN IMPACT PRIORITIZATION?

- Program Scenarios
- Target Market/Audience
- Funding Source
- Team Capacity
- Current Occupant Needs
- Potential, Vulnerable Occupants



**Prioritizing
competing
demands can
be
challenging**



WE HAVE COMPETITION...



YOUR PROGRAM REQUIREMENTS MAY GUIDE PRIORITIZATION

Example:

- Healthy Home Rating System (HHRS): A risk-based assessment that considers the effect of property hazards in 29 categories.
- Hazards are rated according to how serious they are and the effect they are having, or could have, on the occupants, that is, “the effect of the defect.”



PRIORITIZE HAZARDS: HEED

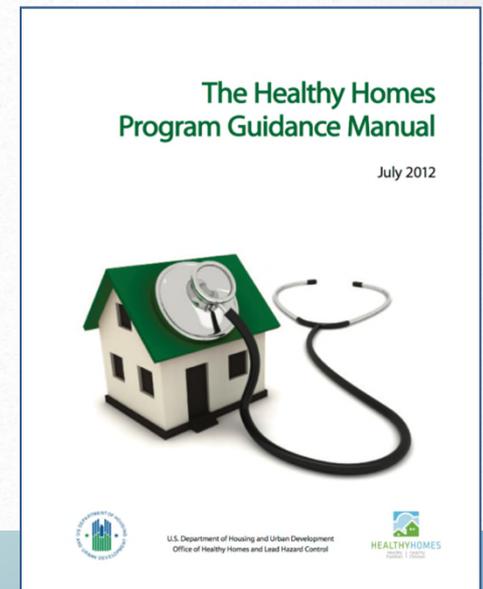
- Health Impact
 - ◆ Acute vs Chronic
- Efficiency/effectiveness
 - Quick? Big impact?
- Expense
- Difficulty



EFFECTIVE INTERVENTIONS: HEALTHY HOMES GUIDANCE MANUAL

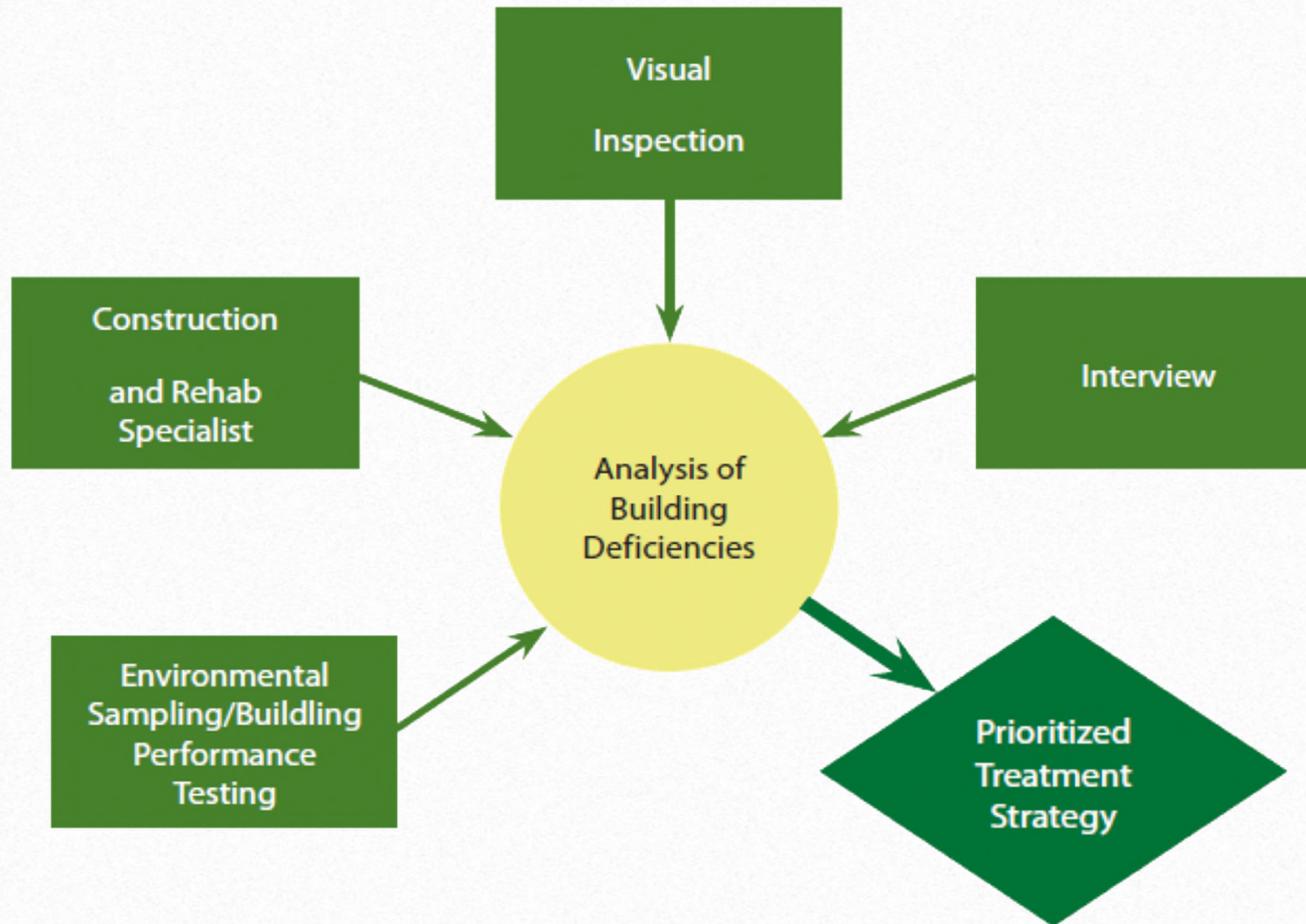
- Chapter 1 Introduction
- Chapter 2 Community Involvement in Program Planning
- Chapter 3 Program Design
- **Chapter 4 Housing-Related Health and Safety Hazard Assessment**
- **Chapter 5 Intervention Strategies**
- Chapter 6 Evaluating Your Program
- Chapter 7 Program Sustainability

Available online at portal.hud.gov; search by title



Assessing Building Deficiencies & Outcomes

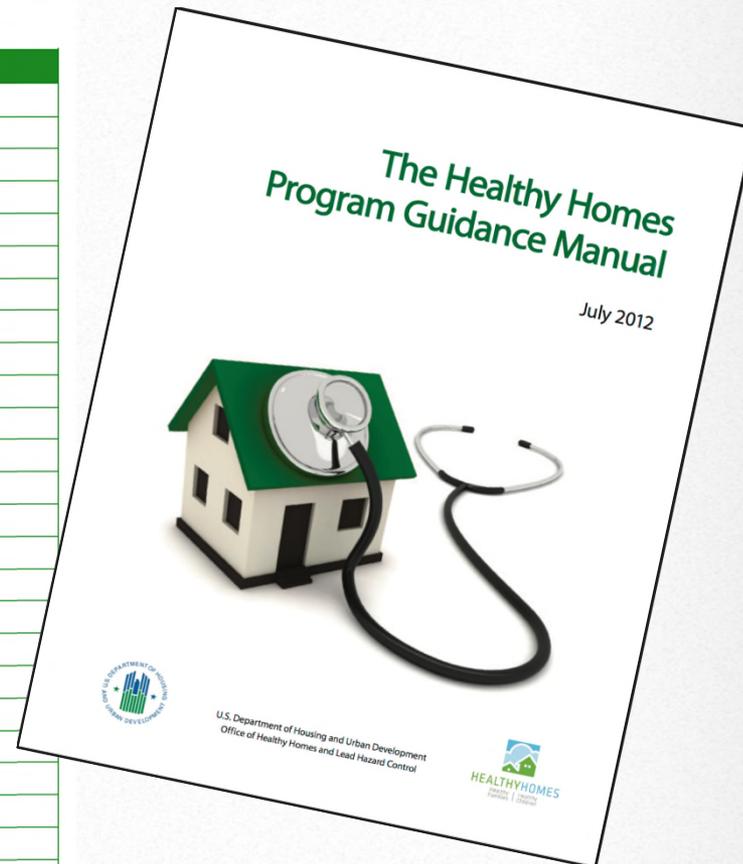
Fig 4.2 Healthy Homes Program Guidance



HUD HEALTHY HOME INTERVENTION PRIORITIES

High priority items are indicated with an [A] and lower-priority items with [B] or [C].

Description
Vent clothes dryer to exterior using rigid metal ducting, not flexible plastic. [A]
Repair plumbing leaks [A]
Correct mold problems [A]
Clean evaporator pan under refrigerator [A]
Install range hoods that vent to exterior [A for gas; B for electric]
Repair dry floor drain traps if sewer gases detected [A]
Assure that at least one window in each room can open [A]
Remove basement, bath and kitchen wall to wall carpet [A]
Install smoke and carbon monoxide alarms [A]
Repair deteriorated bath and tub caulk [B or C]
Install pleated filter in forced-air heating system. [A]
In the crawl space, seal /cover soil with poly. [A]
Seal crawl space from house air. [A]
Assure adequate runoff from downspout away from house. [A: wet walls; B: other]
Caulk windows. [A]
Caulk wood siding vertical seams. [A]
Caulk door seams. [A]
Repair roof and chimney flashing if damaged or evidence of interior leaking is observed. [A]
Check furnace chimney draft and, if inadequate, check cleanout opening. [A]
Redirect flow from gutters to functioning downspout. [B]
Check return and supply ducts (only if in garage, crawl space, or attic) for leaks. [B]
Remove debris from the crawlspace, make rodent-proof. [B]
Wood-earth contact—assure 6 inch minimum gap. [C]
Repair or replace leaky chimney flue. [A]
Seal basement concrete if moisture probe indicates high moisture content. [C]

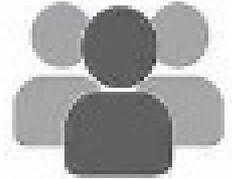


ONSITE DEBRIEFING: ESTABLISHING A PERSPECTIVE

It's important to approach this exercise from a “constructive” perspective. Assume you are working in a program that has construction resources.



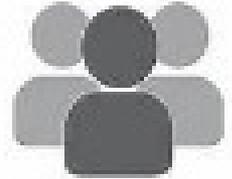
SMALL GROUP EXERCISE (8): PRIORITIZING HAZARDS



- Work in small groups. You'll be assigned a specific room/area. Use Exercise 8 in your manual
- For **Resident interviewers**, see your specific instructions.
- Identify the top 5 hazards for your assigned room.
 - ◆ Related health risks
 - ◆ Acute or chronic
 - ◆ Rank from most to least serious
 - ◆ Select specific line items of work from your assessment forms



SMALL GROUP EXERCISE (8): PRIORITIZING HAZARDS (CONTINUED)

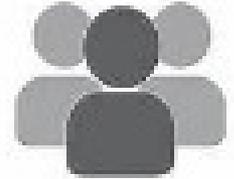


Prepare your flipchart :

- List highest priority from top to bottom
- Note acute or chronic “A” or “C”
- Select specific line items of work (spec number and quantity)
- Prepare to discuss: Do the selected work items sufficiently address the hazard?



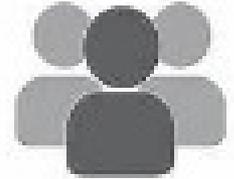
SMALL GROUP EXERCISE (8): RESIDENT ON-SITE INTERVIEW DEBRIEFING



- Complete your Exercise 8 solely based upon what you learned during the resident interview.
 - What did the resident report?
 - How does the resident prioritize?
 - Does this change our ranking?



FULL GROUP DEBRIEFING



What are the Top 5 Hazards for the House?

1. _____
2. _____
3. _____
4. _____
5. _____



Creating a Scope of Work

- Details and defines the work to be completed
- Specifies required materials and workmanship
 - Prep work
 - Materials & manufacturers
 - Installation methods
 - Codes & standards
 - Required warranty
 - etc.
- Clarifies project parameters



SAMPLE BATH SPECIFICATIONS

Sample Specifications – Bathroom

FAN/LIGHT FIXTURE-ENERGY STAR \$450/EA
Install an ENERGY STAR Qualified and Home Ventilation Institute Certified ceiling mounted Fan/Light fixture, rated at a min. 80 CFM operating at 1 Sone or less, with an integral damper, and vented to the exterior. Switch fan & light using a single switch with a time delay for the fan such as the AirCycler Smart Exhaust Bathroom Fan Light Timer Switch # 11129s (color to coordinate with existing)
<https://www.aircycler.com/pages/smartexhaust> or equip the fan with a switch controlled by a humidistat sensor. Install galvanized metal duct or aluminum duct of the same diameter as the fan outlet and vent to the exterior ideally through a wall or gable end using a metal hooded vent of like diameter and with damper. All duct seams shall be sealed with duct mastic. Insulate the ductwork with vinyl or foil faced R 8 minimum duct insulation. Repair any damage to the ceiling installation and air seal fan/light assembly to the ceiling with low VOC caulk.

GFCI RECEPTACLE \$145/EA
Install a new ivory GFCI receptacle and required distribution with an appropriate box. Receptacle and cover plate to match existing. GCI shall be tamper-resistant and conforming with UL 943 standard including the required self-test (auto-monitoring) function. Patch any tear out.

See sample specifications from HUD at:

<https://www.hudexchange.info/resource/744/sample-nsp-singlefamily-housing-rehabilitation-specifications-including-green-specs/>



Taking Action: Identify Responsible Parties

- Residents
- Landlord/owner
- Partners
- Contracted Professionals



REMEMBERING PROGRAM FUNDING AND CAPACITY VARIABLES

- Allowable program parameters
 - ◆ Program design – what they do
 - ◆ What they pay for
 - Materials - Work
 - ◆ Who does what work
- Partners & their parameters



Refining the Scope of Work

- Especially important when multiple entities involved
 - ◆ Partners
 - ◆ Residents
 - ◆ Contractors
- Level of detail will vary by intended audience
 - ◆ Do non-professionals need guidance/training?



Regardless of your Program Design...

- There are significant benefits in having someone skilled in health issues and construction on the team for the building assessments
- It is best to identify the full range of issues and solutions (with their costs) prior to finalizing your “Common Sense Response”



RESOURCES FOR HEALTHY HOMES

INFORMATION/EDUCATION/FUNDING



U.S. Department of Housing and Urban Development



National Center for Healthy Housing



U.S. Department of Energy



U.S. Centers for Disease Control and Prevention



Centers for Medicare and Medicaid Services



U.S. Environmental Protection Agency



Indian Community Health Representatives (Indian Health Service)



RESOURCES FOR SUPPLIES

Donated Healthy Homes Supplies

- Smoke Detectors- Red Cross, Fire Department
- CO Detectors- Fire Departments
- Radon Test Kits - State Radon Offices
- Child Safety Kits - Child Advocacy Organizations



RESOURCES FOR SUPPLIES

Discounted Healthy Homes Supplies

- Healthy Home Supply Manufacturers
 - Filters, paint, caulk, etc.
- Hardware Stores, Home Improvement Stores
- National Retailers - Local Donation Committees
- TIP: Buy local so households can find replacement supplies and buy local, too.



EXERCISE 9: COMMUNITY RESOURCES

- What resources are in the room?
 - ◆ Your personal knowledge
 - ◆ Smartphones
 - ◆ Each other
- Customize the Community Action For Healthy Housing flyer in your manual
- Be specific! Include websites, emails, phone numbers

The group with the most complete flyer wins a fabulous prize!

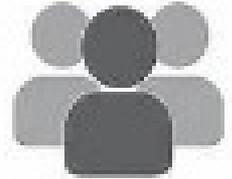


CREATING AN ACTION PLAN: ESTABLISHING A PERSPECTIVE

It's important to approach this exercise including the home health visitor perspective. Assume you are working in a program that regularly conducts home visits and education.



SMALL GROUP EXERCISE (10): CREATE AN ACTION PLAN

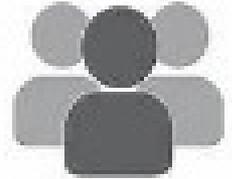


- Working in groups, you will be assigned one of the top 5 issues (Exercise 8, Part C).
- First, use the PEHA nursing care plan to determine responsibilities.
 - ◆ This is only one example of an Action Plan.
 - ◆ Is it complete for your program purposes?



SMALL GROUP EXERCISE (10):

CREATE AN ACTION PLAN (CONTINUED)



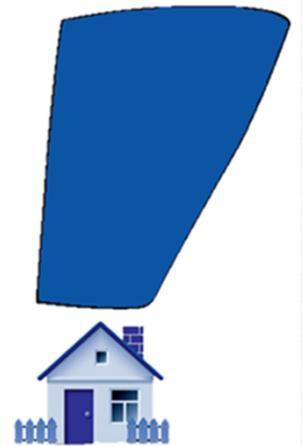
- Next, use the Exercise 10 worksheet to develop an Action Plan for your assigned issue.
- Include all potential resources:
 - ◆ Your agency
 - ◆ Family
 - ◆ Landlord
 - ◆ Community organizations, etc.
- Revisit Exercise 2 Making the Connections



SELF ASSESSMENT REVIEW

Name at least two types of specialized input we may request before finalizing a Scope of Work

- Lead Inspection/Risk Assessment
- Combustion Safety Testing
- Social Services



SELF ASSESSMENT REVIEW

Name four ways program design can affect prioritization

- Funding Source
- Team Capacity
- Current Occupant Needs
- Potential, Vulnerable Occupants



SELF ASSESSMENT REVIEW

Name one potential program partner

- Local non-profits
- Local volunteer groups
- Social service agencies



SELF ASSESSMENT REVIEW

Name three potential program funding sources

- HUD
- Medicaid
- Weatherization



MODULE 4: IMPLEMENT INTERVENTIONS



IMPLEMENT INTERVENTIONS



Monitor occupant participation.



Manage bid process & contracting.



Measure and disseminate program results.



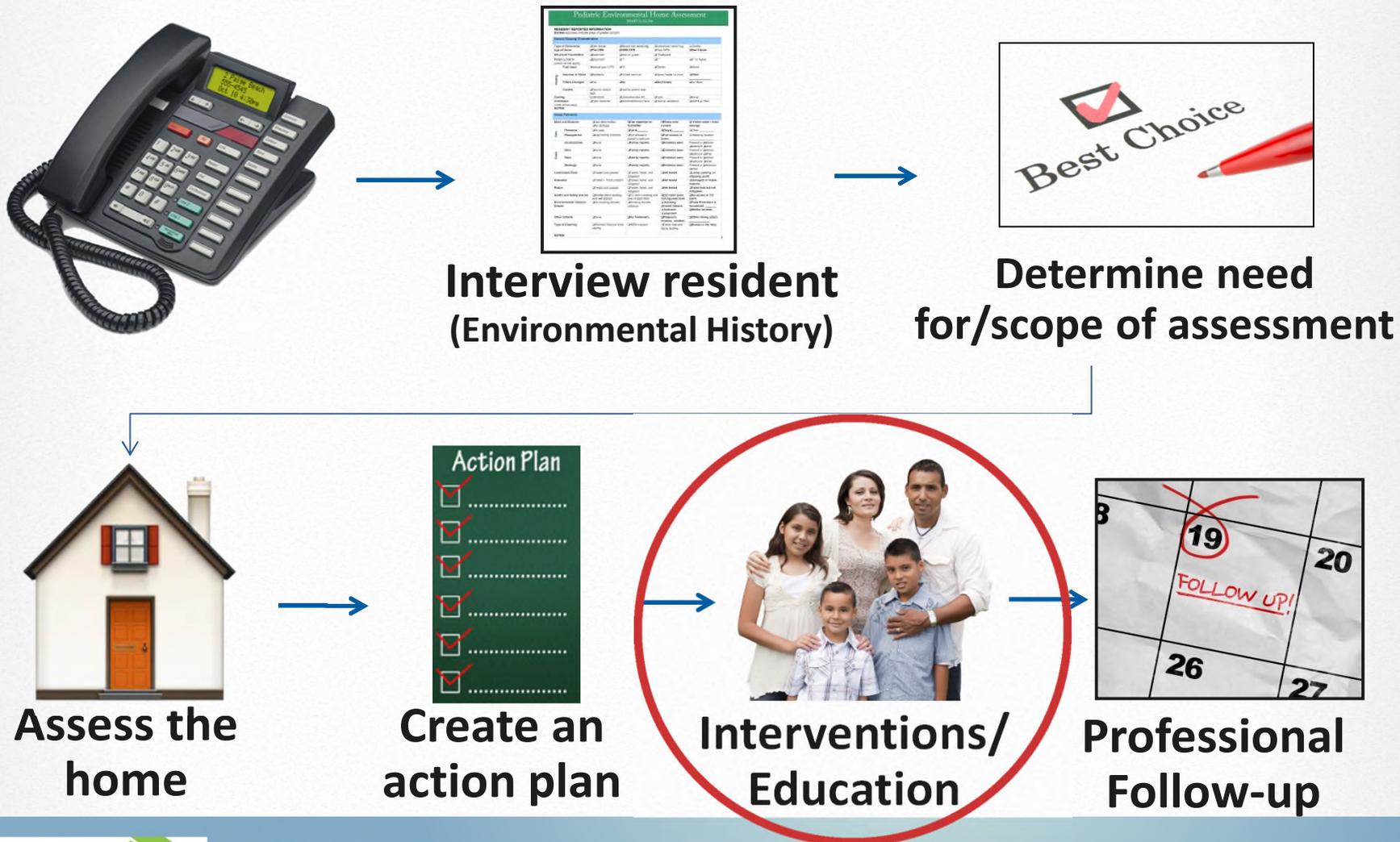
SELF ASSESSMENT

MODULE 4 – IMPLEMENT INTERVENTIONS

- Name the five steps in the bid process.
- Name at least four reasons to complete an in-house cost estimate.
- Name five suggested requirements for accepting contractor bids.
- Name five sources of program evaluation data.



THE HOME ASSESSMENT PROCESS



HEALTH HAZARD IDENTIFICATION AND REMEDIATION PROCESS



- Bid work to Contractors?
- Assist owner/occupants in finding their contractor?
- Engage a local partner to accomplish the work (nonprofit organizations)?
- Assist the owner/occupants in a DIY approach?
- Others?



IDENTIFY RESPONSIBLE PARTIES

(DÉJÀ VU? WE'VE BEEN HERE BEFORE!)

- Owner
- Resident
- Volunteers
- In-house construction
- Partners
- Outside contractors



EFFECTIVE REMEDIATION REQUIRES

- Good Scope
- Good Spec
- **Good Cost Estimate**
- Fair Bid Process
- Quality Control
- Recordkeeping



INDIVIDUAL EXERCISE (11): YOUR CONTRACTING PROCESS



- What do you know about the process for handling contractors in your organization?
- Briefly jot down notes on your worksheet in response to the questions.
- Share your responses as part of a class discussion.



BENEFITS OF IN-HOUSE COST ESTIMATES

1. Feasibility & Budgeting
2. Manage expectations
3. No surprises on bid opening
4. Contractor honesty check
5. Keep contractor from “going under”
- 6. Funders may require it**



COST ANALYSIS EXAMPLE

Break down the price by cost components, and examine each item of cost

New Roofing:

- Materials: plywood, nails, felt, asphalt shingles;
- Equipment: Cranes, dump truck
- Labor costs



SPECS WITH FULLY LOADED PRICING

- Includes labor, material overhead & profit in one number
- Used in solutions-based checklists

TIP: The easiest way to maintain up-to-date unit pricing? Have contractors provide you with an line-item breakdown.



Suggested Cost Categories

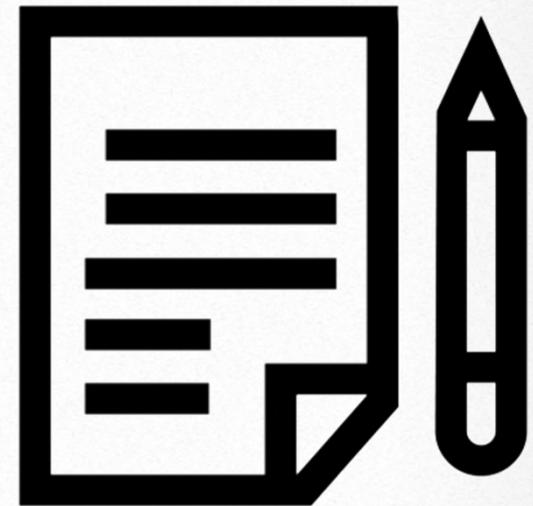
Allowable costs will differ by program

Outreach and Education Costs	Health Intervention and Assessment Costs	Housing Intervention Costs
Forms and outreach materials	Home visits	Specification costs
Media costs	Visual assessments	Average cost per housing unit
	Environmental sampling	Range of housing unit costs
Public education and training offerings	Laboratory analysis	Specific intervention costs



THE BID PROCESS

1. Specifications/Scope of work
2. Request for bids
 - Site visit
3. Bidding: formal/informal
 - Bid process and control
4. Review bids
5. Award the contract



BIDS & QUOTES

- Why bid at all?
- What are the advantages of bidding?
- What are the consequences if you don't?
- Who Controls the Bid Process?
 - Should bids go to you?
 - Should bids go to the property owner?



PROCUREMENT POLICY

- Agency may have guidelines for how jobs must be bid according to dollar value.
- Know your policy!



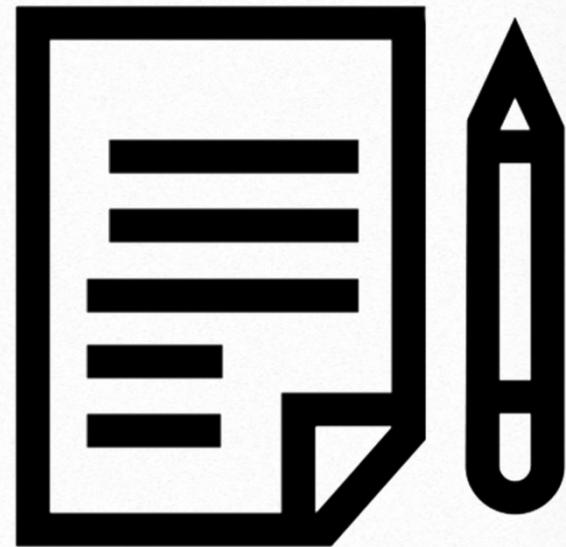
Suggested Requirements for Accepting/Opening Bids

- Require sealed bids or secure electronic bids
- Date & time stamp
- Hold public openings
- Get a witness (or two)
- Recording of results
- Notification of results



CONTRACT GUIDELINES

1. Scope of work
2. Timing & penalties
3. Costs, payment method & penalties
4. Change orders
5. Rules, laws, and codes
6. Warranties
7. Dispute resolution
8. Breach of contract
9. Attorney fees



DRAW SCHEDULE: BENEFITS

- Helps avoid payment conflicts
- Based on accurate, detailed estimate and schedule of values
- Strikes balance between contractor's and program's needs
- Reflects actual value of work completed
- May be highly detailed or more basic, depending on project type/size and the financing arrangements



SAMPLE DRAW SCHEDULES

Small Remodeling Project Sample

Sample Draw Schedule: Small Remodeling Project

	Work Completed	Amount
Draw 1	Demolition	\$3,000
Draw 2	Framing, wiring and plumbing rough-in, insulation.	\$6,000
Draw 3	Drywall, windows, cabinets.	\$6,000
Draw 4	Patch exterior, painting, flooring, fixtures, cleanup.	\$5,000



PROVIDE INTERVENTION RESOURCES TO RESIDENTS AND OWNERS

- Education, guidelines
- Contact information for agencies and volunteer organizations that might be able to help
- Suggestions on what materials to use and where to get them
- Recommendations for contractors if they need one
- Information, including timelines, about what work is to be completed by others



QUALITY CONTROL: MONITOR RESIDENT'S PARTICIPATION

- Telephone follow-up
- Onsite visits
- Work completion follow-up
- Long-term follow-up for bigger, more serious interventions
- Follow-up tests as needed



QUALITY CONTROL: MONITOR OTHER WORK EFFORTS



- Co-workers
- Volunteers
- Partners
- Supervisors
- Contractors
- Others?



RECORD KEEPING

- What information do they need?
- When do they need it?
- In what format?
- How do you find it?



EVALUATION STARTS AT THE PROGRAM DESIGN PHASE

- Decide early: Who's on the team, how to secure good quality data, and ways to measure qualitative and quantitative accomplishments.
- Evaluation measures include process (outputs), outcomes, and costs.
- Disseminating evaluation findings is critical to **program sustainability**.



The Logic Model can serve as an important planning and evaluation tool.

Figure 6.2 A Proposed Logic Model Related to Healthy Homes

Program Focus	Inputs	Activities	Outputs	Short Term Outcomes	Mid-Term Outcomes	Long-Term Outcomes
Asthma Healthy Homes Pilot	Health Department Staff	Educate families about environmental triggers in the home	Number of home visits completed	Increased use of mattress and pillow covers, IPM supplies after one month	Reduction in counts of pests in units after three months	Reduction in mold and moisture conditions observed at 12-month visual assessment
	Home Visiting Programs	Conduct visual assessments	Number of referrals to partner organizations			
	Home Inspectors	Provide supplies for dust control and pest management	Counts of supplies delivered	Improvement in family Knowledge, Information, and Behavior (KIB) scores in one month	Reduction in the reported number of symptom days after 3 months	Families show long term improvement on KIB scores
	Community Organizations	Interventions including integrated pest management (IPM), moisture control, lead hazard reduction, etc.	Number of visual assessments for pests, mold, and moisture completed			
	Advocacy Organizations	Refer families to smoking cessation programs	Number of homes receiving specific interventions such as IPM	Increase number of units where family limits smoking in the home	Reduction in the number of asthma triggers	Health insurers reimburse or pay for home visits and low cost environmental interventions
	Rental Property Owners	Refer families to housing rehab services to address issues beyond program scope	Number of housing inspections for housing code violations			
	Pest Management Professionals	Refer housing units to code enforcement			Reduction in ER and hospitalizations at 12 months	Property owners adopt preventive policies
	Contractors				Increased number of units enrolled in housing rehab programs	
	Elected Officials					
	Clinicians					
	Health Insurers					
	Foundations					
	Funding					
	Equipment					
Supplies						



LOGIC MODELS SERVE MULTIPLE PURPOSES

- Identify short-, immediate, and long-term outcomes for the program.
- Link expected outcomes to the program's intended activities and inputs.
- Establish program boundaries to prevent “mission creep.”



WHERE DOES EVALUATION DATA COME FROM?

- Grant proposals and quarterly reports
- Newsletters, publicity materials and press releases
- Meeting minutes and administrative records
- Registration and enrollment forms
- Publications and journal articles
- Prior evaluations
- Asset and needs analyses
- Client satisfaction surveys
- Databases
- Reports held by funders or partner agencies
- Websites
- Graphs, maps, charts, photos, and videos
- Feedback from key individuals, including clients and non-participants, staff, general public, key informants, critics, staff of other agencies, representatives of advocacy groups, policy-makers, funders, federal, state, and local health & housing officials.



COMMON PROGRAM OUTPUTS

See Chapter 6,
Figure 6.6 in the
HUD Healthy
Homes Program
Guidance Manual



Figure 6.6 Common Program Outputs

- Program Outreach and Community Education
 - ▶ Number and type of presentations
 - Audience (health care personnel, parents, contractors, educators, community, rental property owners, tenants, owner-occupants). Audiences can be divided into public and professional.
 - Number of individuals reached
 - ▶ Number of health fairs
 - Number of interactions (participants, names recorded on sign in sheets, requests for follow up information)
 - Pieces of literature distributed
 - ▶ Number of housing units reached through door-to-door canvassing
 - ▶ Number of media events
 - Paid vs. unpaid
- Program Referrals
 - ▶ Number of referrals from medical providers
 - ▶ Number of referrals from community-based organizations
 - ▶ Number of requests for information and enrollment associated with different media placements
 - ▶ Number of referrals by healthy housing programs to other housing programs
 - ▶ Number of referrals by healthy housing programs to other health or social service programs
- Families/Individuals Recruited
 - ▶ Demographics of participants and nonparticipants
 - ▶ Level of housing risk in units of participants and non-participants
- Case Management/Care Coordination and Education
 - ▶ Number of children tested for lead exposure
 - ▶ Number of home visits
 - ▶ Number of families receiving educational intervention
 - ▶ Number of referrals provided to families for supportive health and social services
 - ▶ Number of referrals to other services completed and not completed
 - ▶ Number of families receiving cleaning supplies
- Home Assessment
 - ▶ Number of questionnaires administered
 - ▶ Number of homes with assessments conducted
 - ▶ Number of homes with environmental samples collected
 - ▶ Number of environmental samples collected
- Housing Unit Remediation
 - ▶ Number receiving enhanced ventilation and moisture control interventions
 - ▶ Number receiving integrated pest management
 - ▶ Number receiving lead hazard reduction
 - ▶ Number of fire alarms and carbon monoxide detectors installed
- Work Force Development Activities
 - ▶ Number of contractors recruited
 - ▶ Number of contractors recruited from the target population and area
 - ▶ Number of individuals trained



MEASURE/DISSEMINATE PROGRAM RESULTS

WHO NEEDS TO KNOW?

- Board of Directors
- Funder Reporting
- Partners
- Marketing
- Health Agencies/Plans
- Participants
- Colleagues
- Others?



PROVIDE PROFESSIONAL FOLLOW-UP AND TESTING

- Clearance testing for contaminant hazards (LBP, Asbestos, Radon, CAZ testing for CO)
- Supportive services (Resident training, Occupational Therapist, Mental Health support)
- Testing for energy performance (Blower Door, Duct Blaster)
- Building Inspection
- Others?



SELF ASSESSMENT REVIEW

List four reasons to complete an in-house cost estimate

- Feasibility & Budgeting
- Manage expectations of Owners & Contractors
- No surprises on bid opening
- Contractor “honesty” check
- Keep contractor from “going under”
- Funder requirement



SELF ASSESSMENT REVIEW

Name five suggested requirements for accepting contractor bids

- Require sealed bids
- Date & time stamp
- Hold public openings
- Get a witness (or two)
- Recording of results
- Notification of results



SELF ASSESSMENT REVIEW

Name five sources of program evaluation data

- Grant proposals and quarterly reports
- Newsletters, publicity materials and press releases
- Meeting minutes and administrative records
- Registration and enrollment forms
- Publications and journal articles
- Prior evaluations
- Asset and needs analyses
- Client satisfaction surveys
- Databases
- Reports
- Websites



MODULE 5

EDUCATE RESIDENTS



EDUCATE RESIDENTS



Prioritize information to be shared based on housing and health concerns.



Select audience-appropriate materials.



Practice communication strategies.



Brainstorm ways to grow your program.



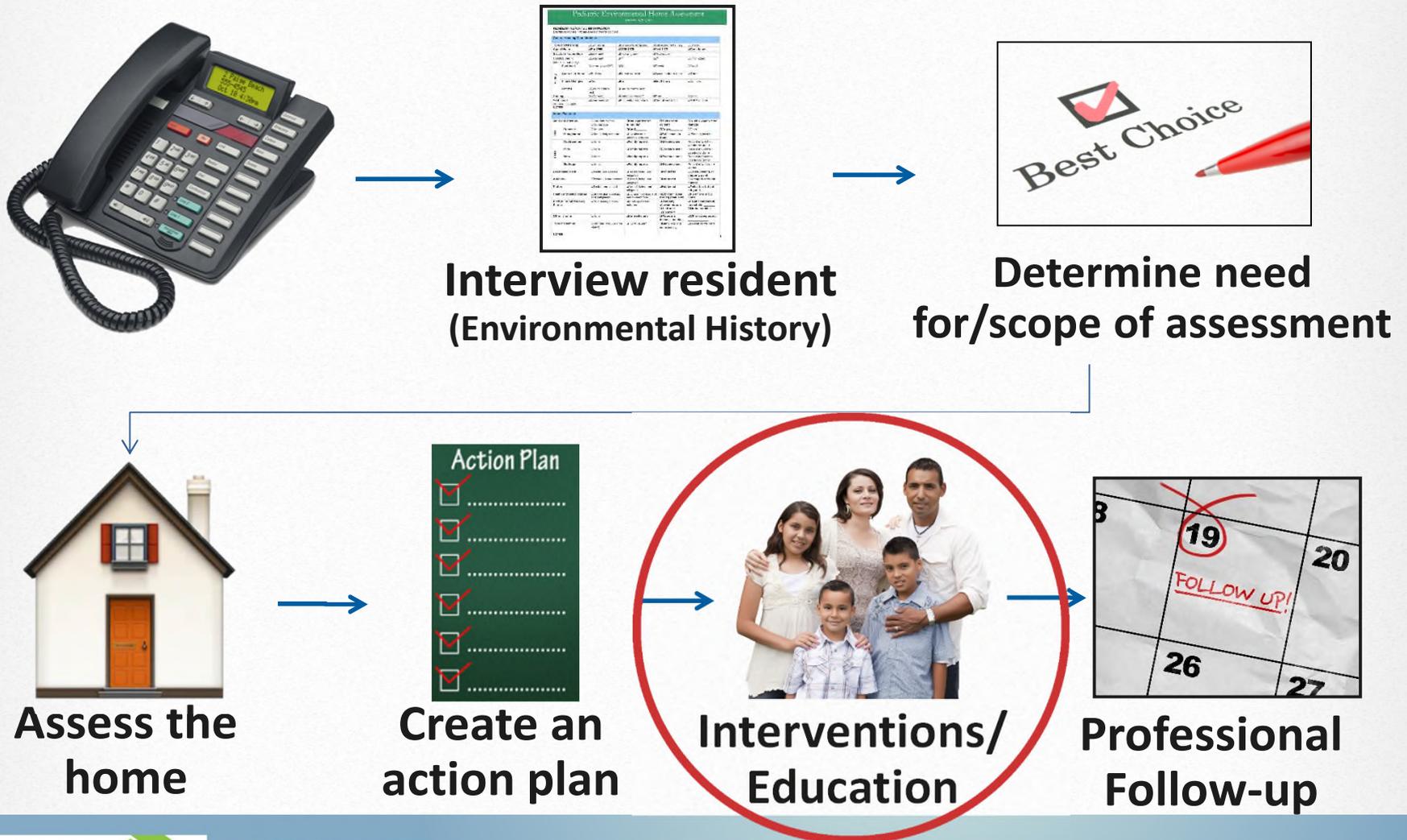
SELF ASSESSMENT

MODULE 5 - EDUCATE RESIDENTS

- Name the most important factors in inspiring trust and credibility.
- Name the final step in the assessment process, before closing out a client.



THE HOME ASSESSMENT PROCESS



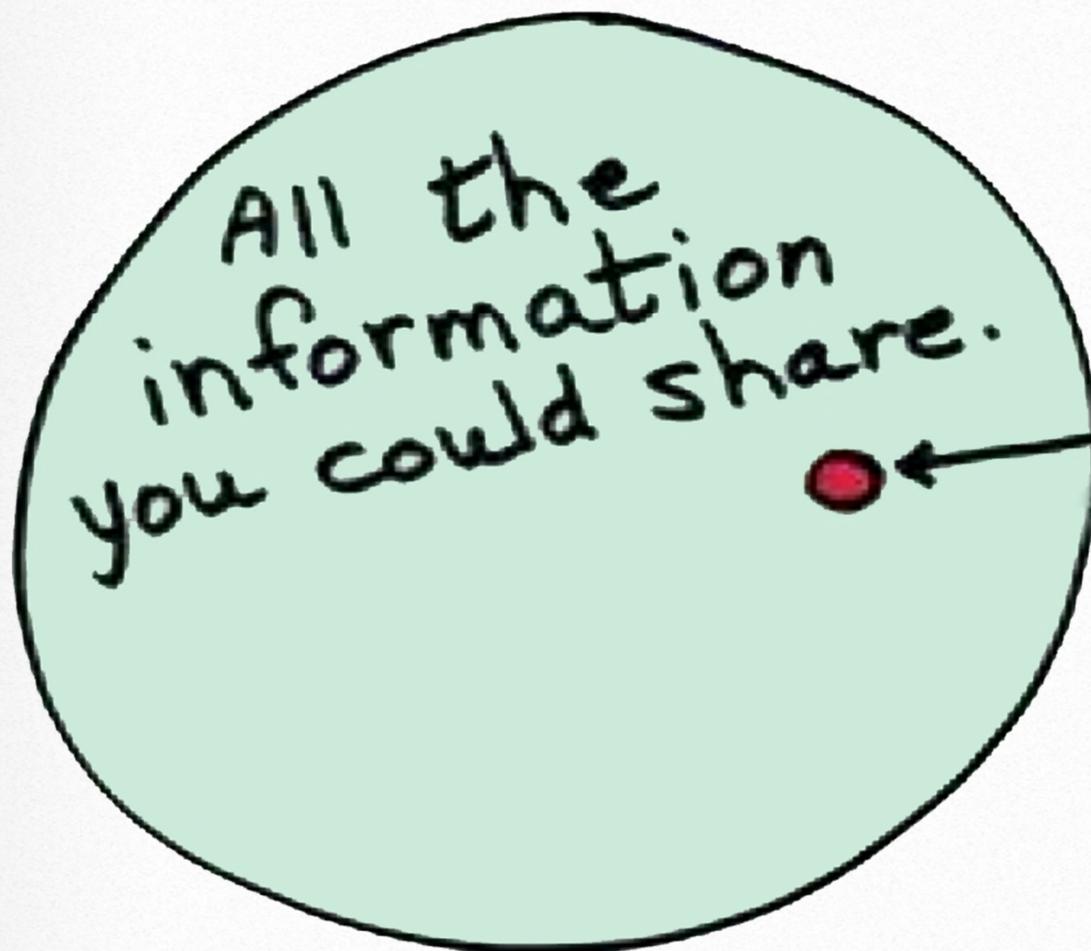
Healthy Homes Assessment and Interventions Training Guide



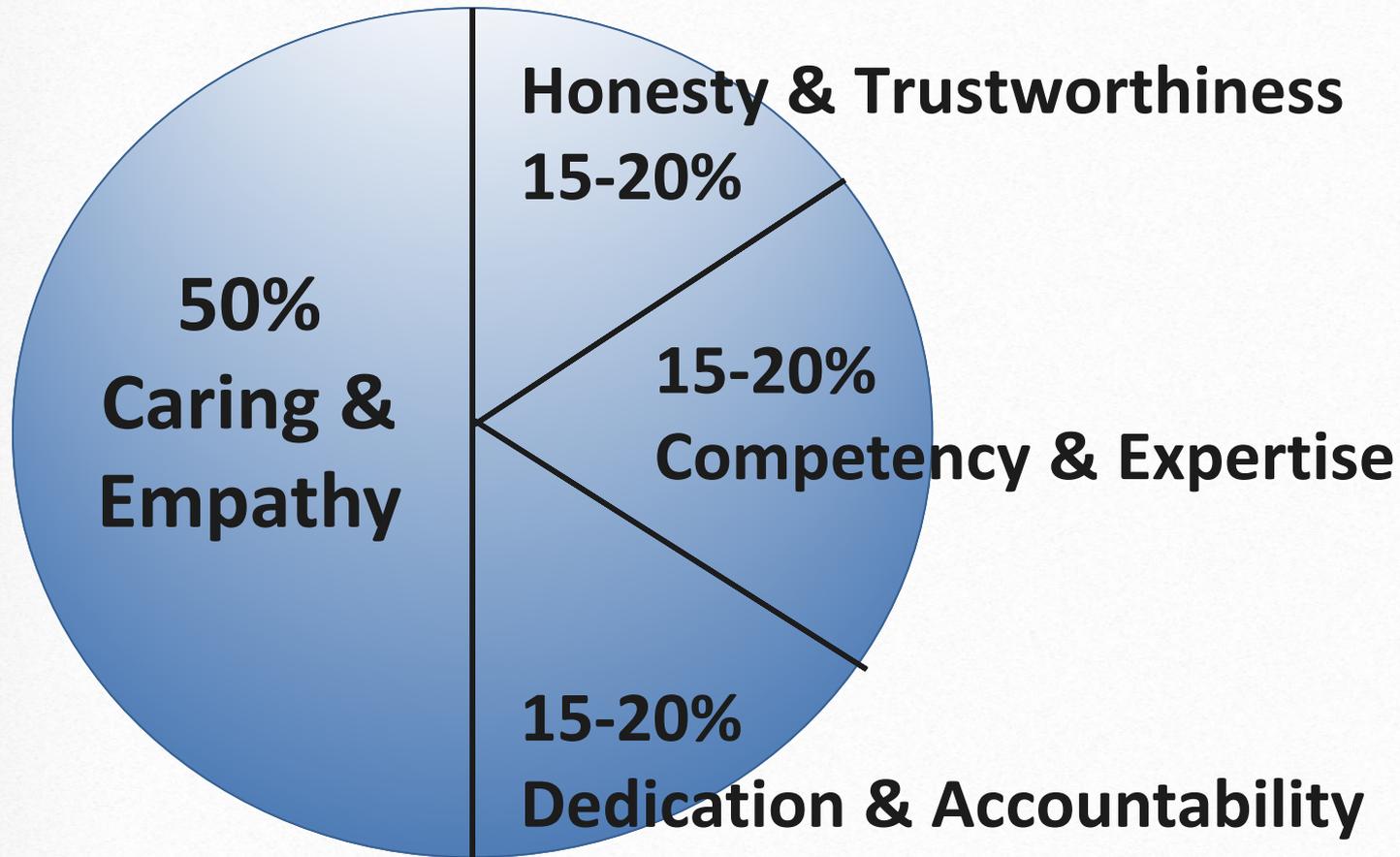
Instructor-Led Discussion: Audience Appropriate Material

NOTE: This is a hidden slide.
It is provided for trainer reference only
and does not display as part of the slideshow.

AUDIENCE APPROPRIATE



FACTORS THAT INSPIRE TRUST AND CREDIBILITY



WHAT IS EMPATHY?

Launch Empathy video

https://www.youtube.com/watch?v=cDDWvj_q-o8



EDUCATION

- Begins at the beginning and ends at the end!
- Takes many forms: verbal, written, sign-language, pantomime
- Goes hand-in-hand with communicating assessment results
- Should be aligned with agency policy on how assessment results are delivered



IN-HOME EDUCATION

- Find teachable moments:
 - ◆ Visual walk-through of home
 - ◆ One-on-one education
- Keep information relevant and accessible
- Explain relationships between hazards and health
- Answer questions
- Schedule follow-up to deliver assessment results

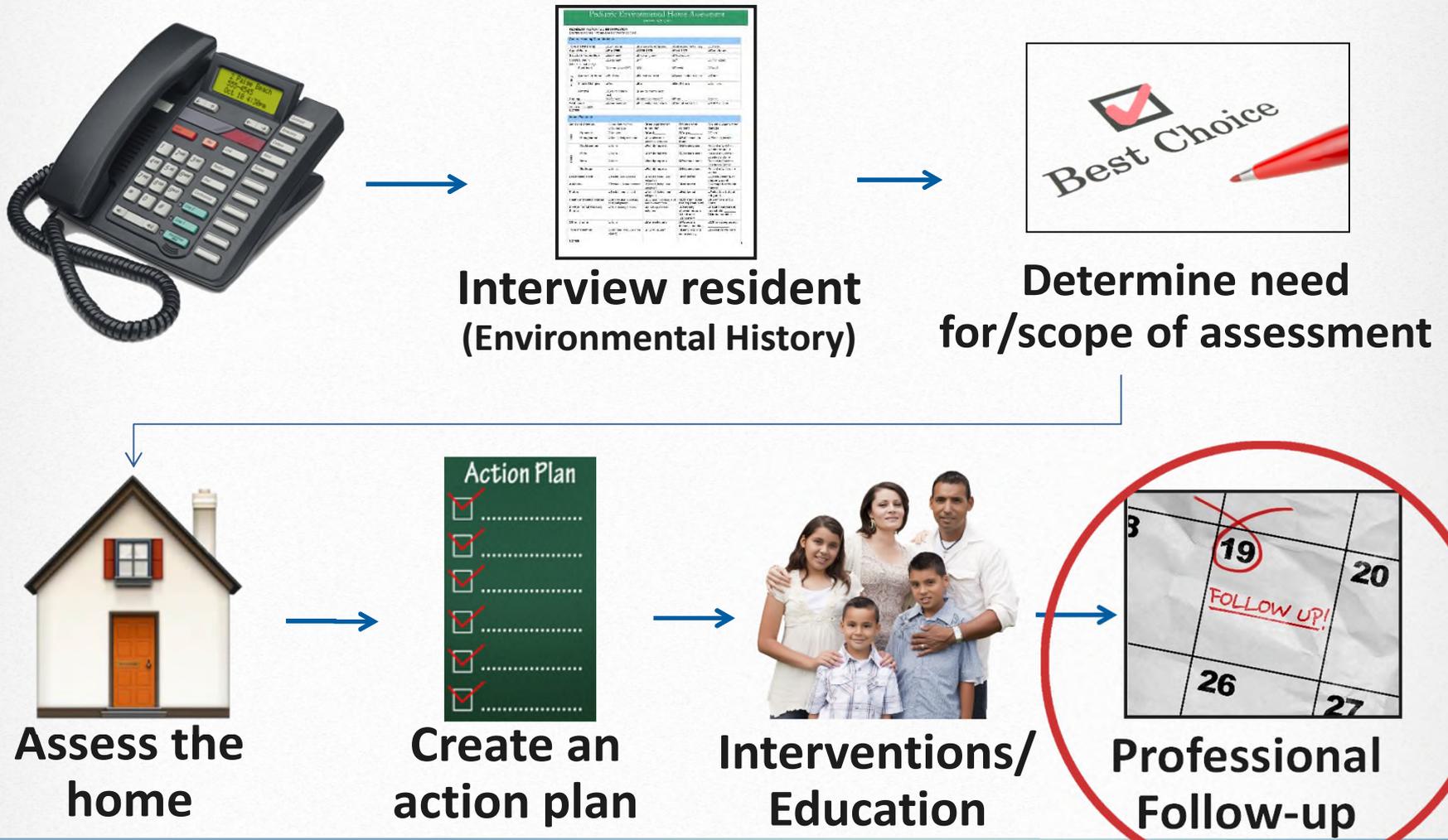


HEALTHY HOUSING KIT WHAT'S IN YOUR BAG?

- Demonstration Kit
- Items to leave with the Resident



THE HOME ASSESSMENT PROCESS



FOLLOW UP & PROJECT CLOSEOUT

- Determine what follow-up is needed
 - Check your logic model
 - Funding/reporting
 - What format the follow-up should take
 - Is it possible?
- How many follow-ups
 - Frequency
 - With whom?



EXERCISE 12: GROW YOUR PROGRAM

REVISIT EXERCISE 1 (INTRO MODULE)

Considering all you've learned, how might you expand your current healthy homes program?

- New services
- New residents
- New partners
- New contractors and/or volunteers



Exercise 1 Part 2

WE HAVE A DREAM

Exercise 1 Part 1

WHAT'S YOUR PROGRAM?



SELF ASSESSMENT REVIEW

Name the most important factors in inspiring trust and credibility?

- Caring
- Empathy



SELF ASSESSMENT REVIEW

Name the final step in the assessment process, before closing out a client

- Conduct follow-up (the minimum, at least a phone call)



Healthy Homes Assessment and Interventions Training Guide



Instructor-Led Discussion: Course Wrap-up

NOTE: This is a hidden slide.
It is provided for trainer reference only
NOTE: This is a hidden slide; students cannot see it.

HEALTHY HOMES: ASSESSMENT AND INTERVENTIONS





NATIONAL HEALTHY HOMES
TRAINING CENTER™
& NETWORK



Healthy Housing
Solutions^{Inc.}

WE HAVE AN AGENDA

- Helping you to be better at your job
- About your trainer
- Manual
- Exercises
- Site Visit
- Receiving your certificate

-  ● Resident Interview
-  ● Home Assessment
-  ● Action Plan
-  ● Implement Interventions
-  ● Educate Residents



Exercise 1 Part 1

WHAT'S YOUR PROGRAM?

Exercise 1 Part 2

WE HAVE A DREAM



making homes
healthier



Goals and Objectives

-  ● Resident Interview
-  ● Home Assessment
-  ● Action Plan
-  ● Implement Interventions
-  ● Educate Residents



Goals and Objectives



Conduct a Resident Interview



Explain the purpose of the resident interview /environmental history.



Practice conducting a resident interview



Identify appropriate assessment approaches and tools.



Conduct a Home Assessment



Practice identifying health-related hazards based on the 8 Principles/Keep-its.



Explain practical techniques for conducting home assessments.



Correctly fill out assessment tool in the field.



Conduct an onsite assessment.



Develop an Action Plan



Prioritize identified hazards.



Identify occupant / homeowner responsibilities.



Identify potential community resources to address hazards.



Develop a sample action plan given an assigned issue.



Goals and Objectives



Implement Interventions



Monitor occupant participation.



Manage bid process and contracting.



Measure and disseminate program results.



Educate Residents



Prioritize information to share, based on housing and health concerns.



Select audience-appropriate materials.



Practice communication strategies.



Brainstorm ways to grow your program.



“I know that you believe you understand what you think I said, but I am not sure you realize that what you heard is not what I meant.”

-- Robert McCloskey (author) or Richard Nixon, depending on whom you ask



What's it all about?

People

Building

Work (Intervention)



Interviewing the Resident:

- Resident Interview
- Occupant Interview
- Resident Environmental Tool
- Environmental Assessment
- Environmental History
- Others?



PEOPLE



Assessing the Building:



BUILDINGS

- Building Inspection
- Building Assessment
- Inspection Tools
- Environmental Testing
- Environmental Review
- Others?



Defining the Work:

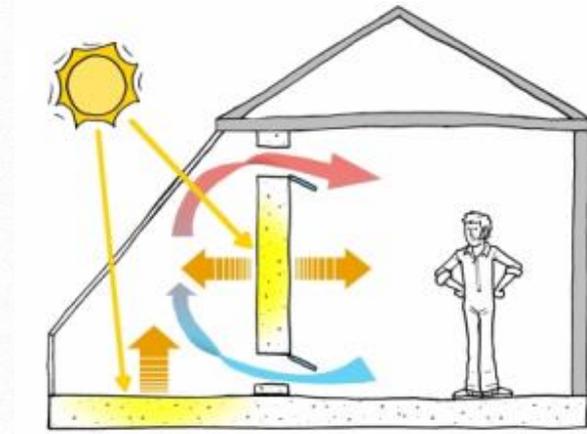
- Scope of Work
- Statement of Work
- Work Write-up
- Specifications
- Others?



WORK



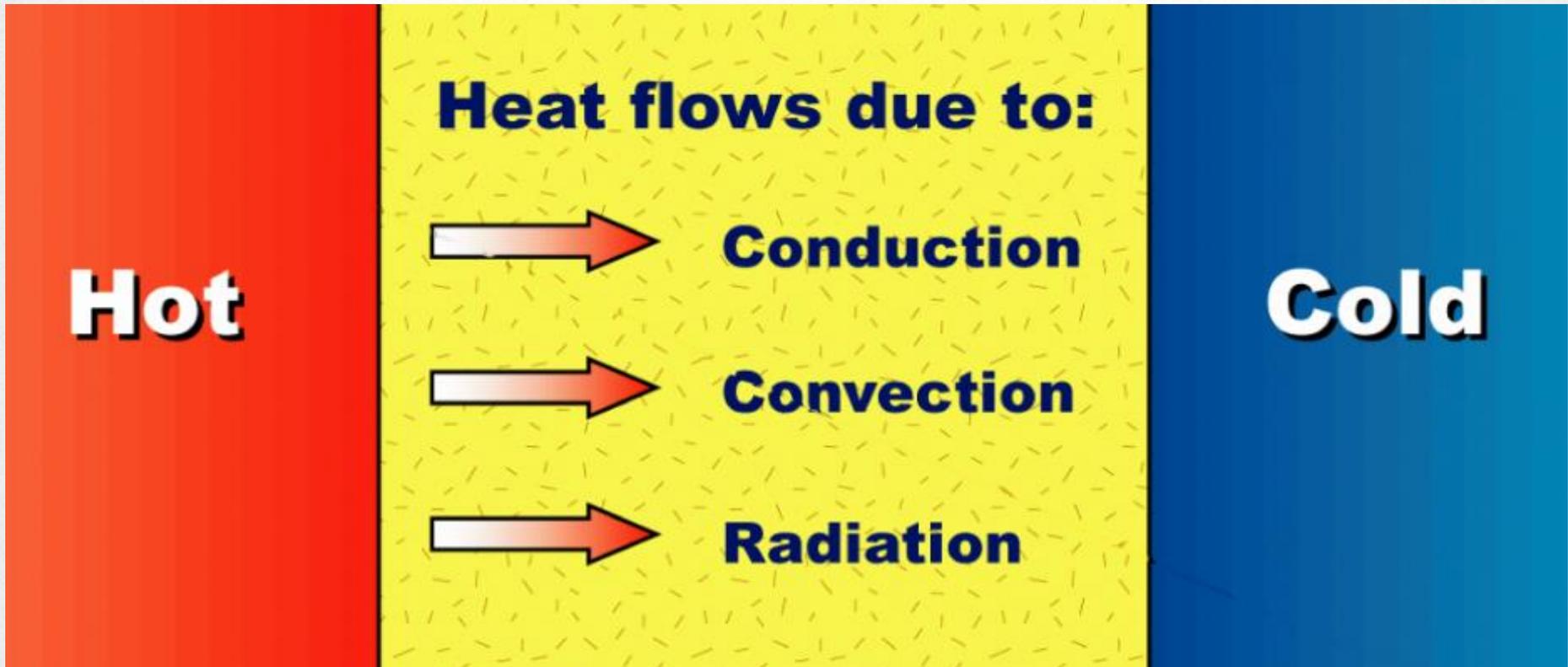
Building Science Basics



- Heat moves toward cold
- Air moves from High pressure to Low (if there is a pressure difference and a pathway)
- Moisture moves from areas of higher moisture to areas of lower moisture



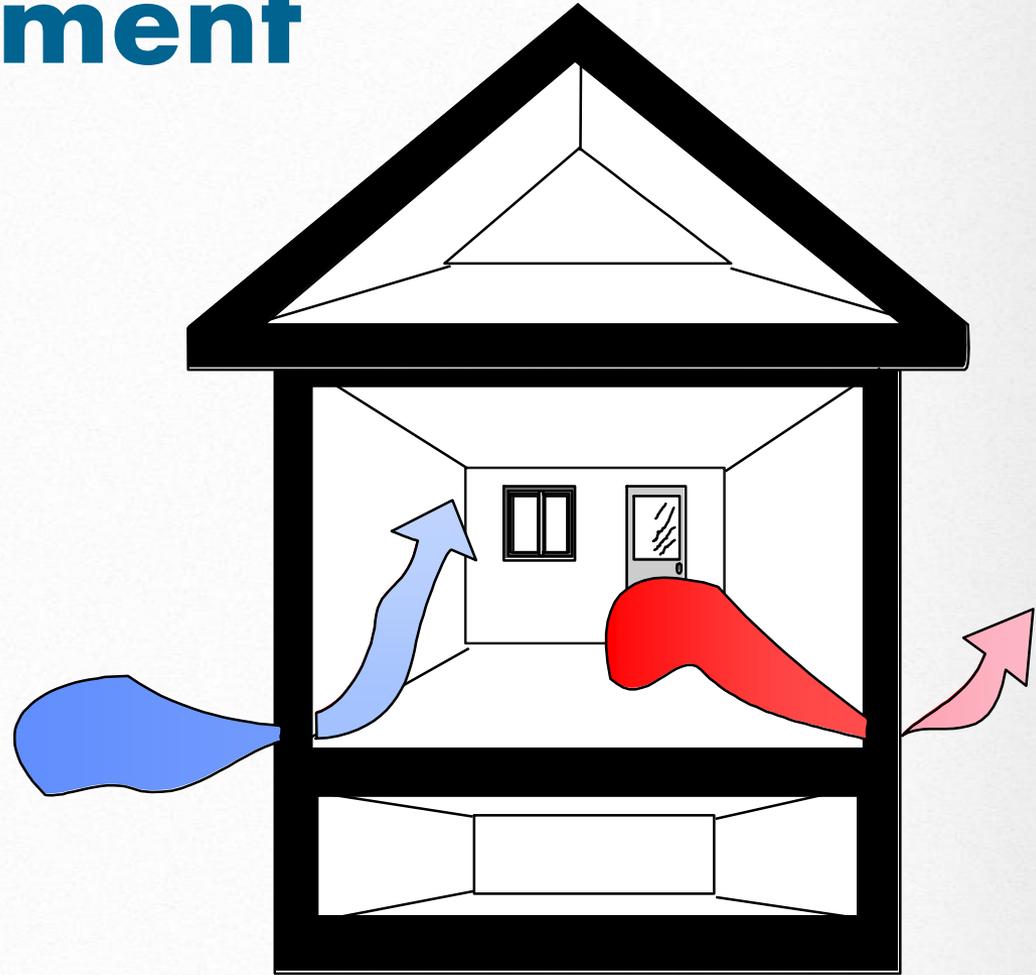
HEAT TRANSFER



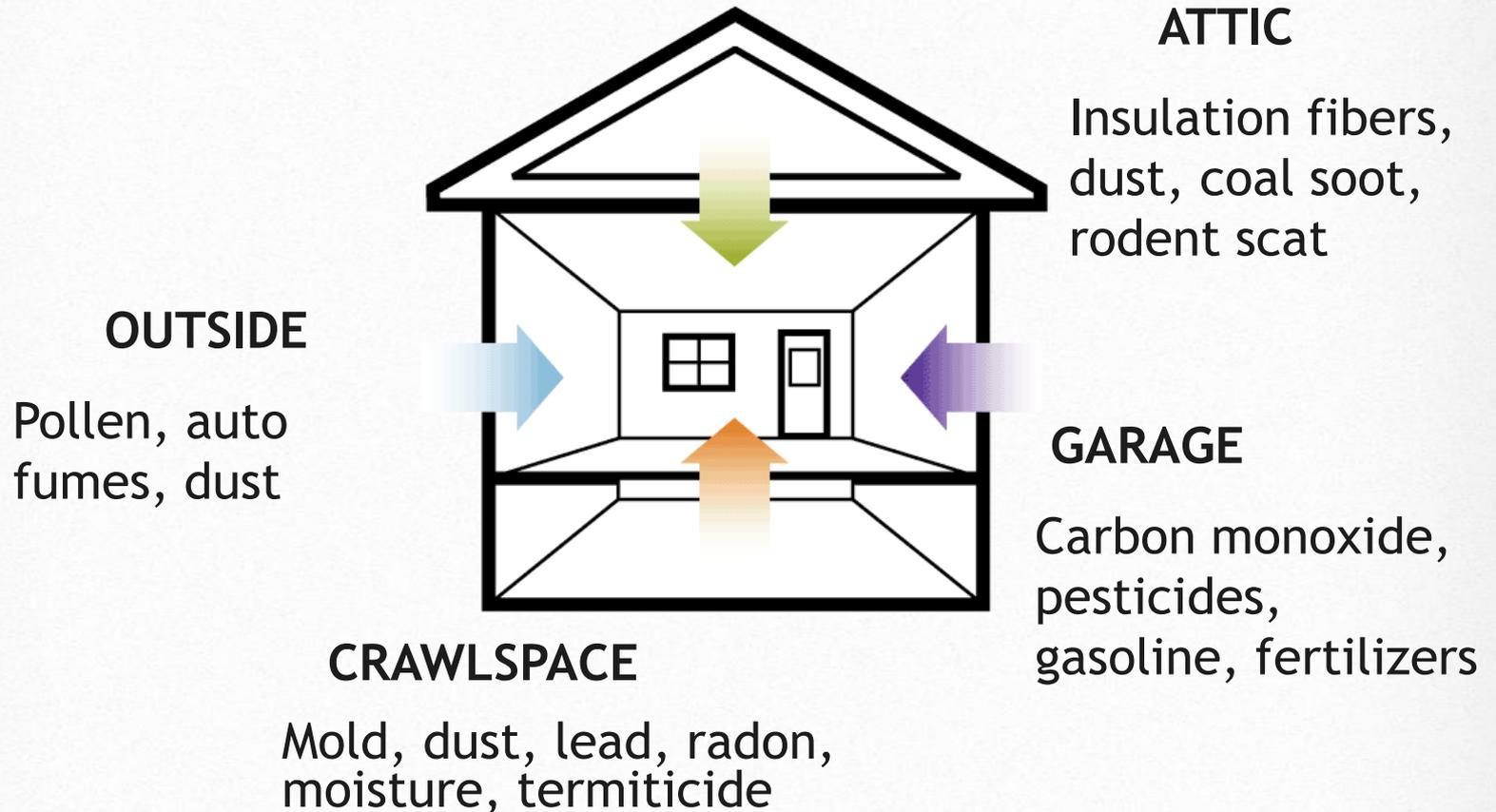
Air Movement

Conditions for Air Infiltration & Exfiltration

- Pressure difference (high to low)
- Penetrations in building envelope (holes)



Where does our indoor air come from? What's in it?



Moisture In Buildings: Two Forms

Liquid

- **Bulk**
Liquid water (rain, drainage, plumbing leaks)
- **Capillary**
Wicking through porous materials (concrete, fiberglass and cellulose insulation, wood)

Vapor

- **Diffusion**
Molecules of water moving through porous materials
- **Infiltration**
Moisture-laden air brought into or out of the house



SELF ASSESSMENT

INTRODUCTIONS MODULE

- Find the **Self-Assessment Form** in the back of the Introduction section of your binder.
- List as many of the 8 Principles as you can.
- List at least 5 home hazards and their related health impacts.
- What are 2 conditions needed for air movement?
- In a mixed humid climate during summer, in which direction will heat flow?



SELF ASSESSMENT REVIEW:

THE 8 PRINCIPLES OF HEALTHY HOMES

Keep
It:



1. Dry



2. Clean



3. Pest-Free



4. Ventilated



5. Safe



6. Contaminant-Free



7. Maintained



8. Climate Controlled



SELF ASSESSMENT REVIEW: MAKING THE CONNECTIONS

Healthy Homes Assessments
and Interventions



Make the Connections Exercise

Health Impacts	Housing Hazards	Corrective Action	Resources



SELF ASSESSMENT REVIEW

What are 2 conditions needed for air movement?

- Difference in pressure
- Pathway



SELF ASSESSMENT REVIEW

In a mixed humid climate during summer, in which direction will heat flow?

- Outside to inside



USING THE HHAI VIDEOS

The sound quality is variable on these videos.

If you have internet in your classroom and can play the videos directly from the internet, there is an option for closed-captioning on YouTube. The videos are captioned through YouTube, but not for the download.

See the next slide for a link that will download the videos for free to your computer and links to YouTube.

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For a link that will download the videos for free to your computer, go to: <https://www.computerhope.com/issues/ch001002.htm>

Video links for Module 1 Resident Interview:

Introduction: <https://www.youtube.com/watch?v=PM3BjJBpktw>

Kitchen: <https://www.youtube.com/watch?v=YZITLsQtaiA>

Living room: <https://www.youtube.com/watch?v=OpYXivLI3ZU>

Bedroom: https://www.youtube.com/watch?v=wM_WHKncV6w

Wrap-up: <https://www.youtube.com/watch?v=Va3yzfv94vk>

Module 5 Educate Residents Empathy video:

https://www.youtube.com/watch?v=cDDWvj_q-o8

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HEALTHY HOMES ASSESSMENT AND INTERVENTIONS

GOALS:

- ❑ To train public health and housing practitioners in the assessment and treatment of housing related health hazards
- ❑ Diagnosing the causes of home-related health issues
- ❑ Prescribing practical and cost-effective fixes
- ❑ Monitoring the results

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HEALTHY HOMES ASSESSMENT AND INTERVENTIONS

COURSE OVERVIEW:

- Program Timing: This is a 2 1/2 day course that includes an onsite housing assessment.
- Number of Participants: Minimum number of participants is 8; recommended maximum is 15. You may consider larger enrollment with a second site and additional trainer

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HEALTHY HOMES ASSESSMENT AND INTERVENTIONS

COURSE OVERVIEW:

- The on-site visit is critical for students and you need to arrange for this visit. If there is some unforeseen circumstance that prevents this, the course includes a back-up virtual inspection to be used instead of on-site inspection. We **STRONGLY URGE** you to only do the virtual inspection if you have absolutely no other choice.
- Also note that in order to have the students prepared for the on-site visit, you must have completed the course through Module 2. Keep a close eye on timing so you are able to do this.

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ASSEMBLE REQUIRED MATERIALS:

- ❑ The most recent versions of the PowerPoint files.
- ❑ Print a hard copy of the course's PowerPoint files as a trainer guide
- ❑ Load all videos (Module 1 and Module 5)
- ❑ Student Manuals - one per student
- ❑ Speakers
- ❑ **Photographs for the Virtual Inspection (if needed)**
- ❑ Supplies: flipcharts and markers (multiple sets); notecards for questions, nametags, table tents

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ASSEMBLE DEMO TOOLS:

- ❑ Camera
- ❑ Flashlight
- ❑ Measuring device (tape or laser)
- ❑ Moisture meter
- ❑ Laser thermometer
- ❑ Checklist & Clipboard, writing utensil

- ❑ Healthy Housing Kit:
Bait stations, gels, Coffee stirrers, CO alarm, Glue traps, Radon test kit, temp/humidity, moisture meter

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ROOM SET-UP

- ❑ Load your PowerPoint & be certain it works.
- ❑ Attach speakers, check videos
- ❑ Arrange tables, chairs, and training equipment in a manner that makes it easy for students to view slides and participate in group discussions.
- ❑ Distribute student materials to each seat
- ❑ List your name and contact information (or add to your slides)
- ❑ Set out demonstration supplies, training tools & resources so you have them available.

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HEALTHY HOMES: ASSESSMENT AND INTERVENTIONS





NATIONAL HEALTHY HOMES
TRAINING CENTER™
& NETWORK



Healthy Housing
Solutions^{Inc.}

WE HAVE AN AGENDA

- Helping you to be better at your job
- About your trainer
- Manual
- Exercises
- Site Visit
- Receiving your certificate



● Resident Interview



● Home Assessment



● Action Plan



● Implement Interventions



● Educate Residents



HHS CREDENTIAL EXAM

HHS CREDENTIAL WILL SUNSET ON 12.31.17



- NEHA website
 - ◆ <http://neha.org/professional-development/credentials/hhs>
- 5 years of experience in housing, environmental health or public health
- Additional study resources (14)
- Credentialing Handbook



DO YOU HAVE WHAT IT TAKES TO BE A HEALTHY HOMES SPECIALIST?

- Client outreach, identification and intake
- Interface with household
- Physical environment assessment
- Provide recommendations based on assessment
- Implement interventions
- Evaluate success of interventions



Exercise 1 Part 1

WHAT'S YOUR PROGRAM?

Exercise 1 Part 2

WE HAVE A DREAM



making homes
healthier



Goals and Objectives

-  ● Resident Interview
-  ● Home Assessment
-  ● Action Plan
-  ● Implement Interventions
-  ● Educate Residents



Goals and Objectives



Conduct a Resident Interview



Explain the purpose of the resident interview /environmental history.



Practice conducting a resident interview



Identify appropriate assessment approaches and tools.



Conduct a Home Assessment



Practice identifying health-related hazards based on the 8 Principles/Keep-its.



Explain practical techniques for conducting home assessments.



Correctly fill out assessment tool in the field.



Conduct an onsite assessment.



Develop an Action Plan



Prioritize identified hazards.



Identify occupant / homeowner responsibilities.



Identify potential community resources to address hazards.



Develop a sample action plan given an assigned issue.



Goals and Objectives



Implement Interventions



Monitor occupant participation.



Manage bid process and contracting.



Measure and disseminate program results.



Educate Residents



Prioritize information to share, based on housing and health concerns.



Select audience-appropriate materials.



Practice communication strategies.



Brainstorm ways to grow your program.



“I know that you believe you understand what you think I said, but I am not sure you realize that what you heard is not what I meant.”

**-- Robert McCloskey (author) or Richard Nixon,
depending on whom you ask**



What's it all about?

People

Building

Work (Intervention)



Interviewing the Resident:

- Resident Interview
- Occupant Interview
- Resident Environmental Tool
- Environmental Assessment
- Environmental History
- Others?



PEOPLE



Assessing the Building:



BUILDINGS

- Building Inspection
- Building Assessment
- Inspection Tools
- Environmental Testing
- Environmental Review
- Others?



Defining the Work:

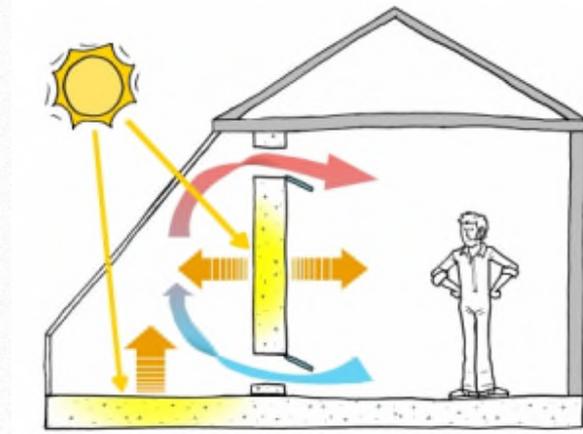
- Scope of Work
- Statement of Work
- Work Write-up
- Specifications
- Others?



WORK



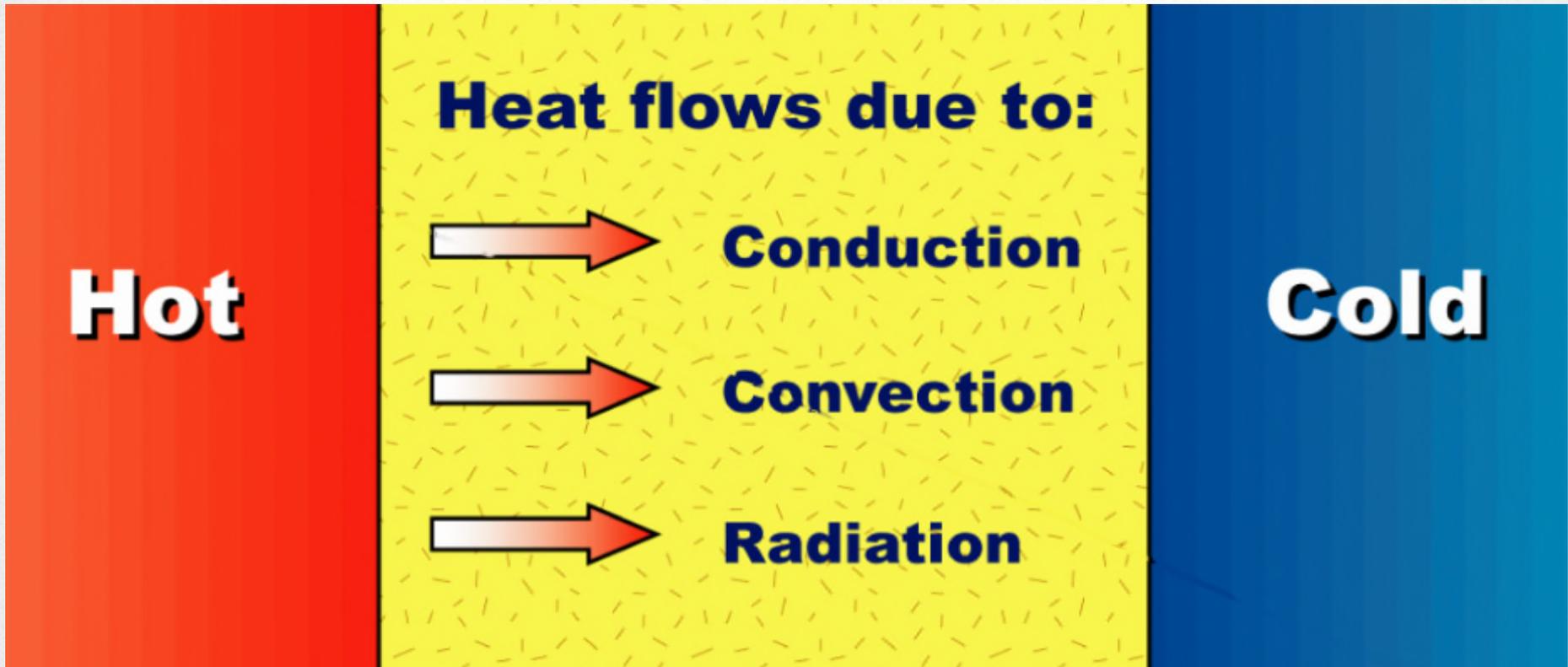
Building Science Basics



- Heat moves toward cold
- Air moves from High pressure to Low (if there is a pressure difference and a pathway)
- Moisture moves from areas of higher moisture to areas of lower moisture



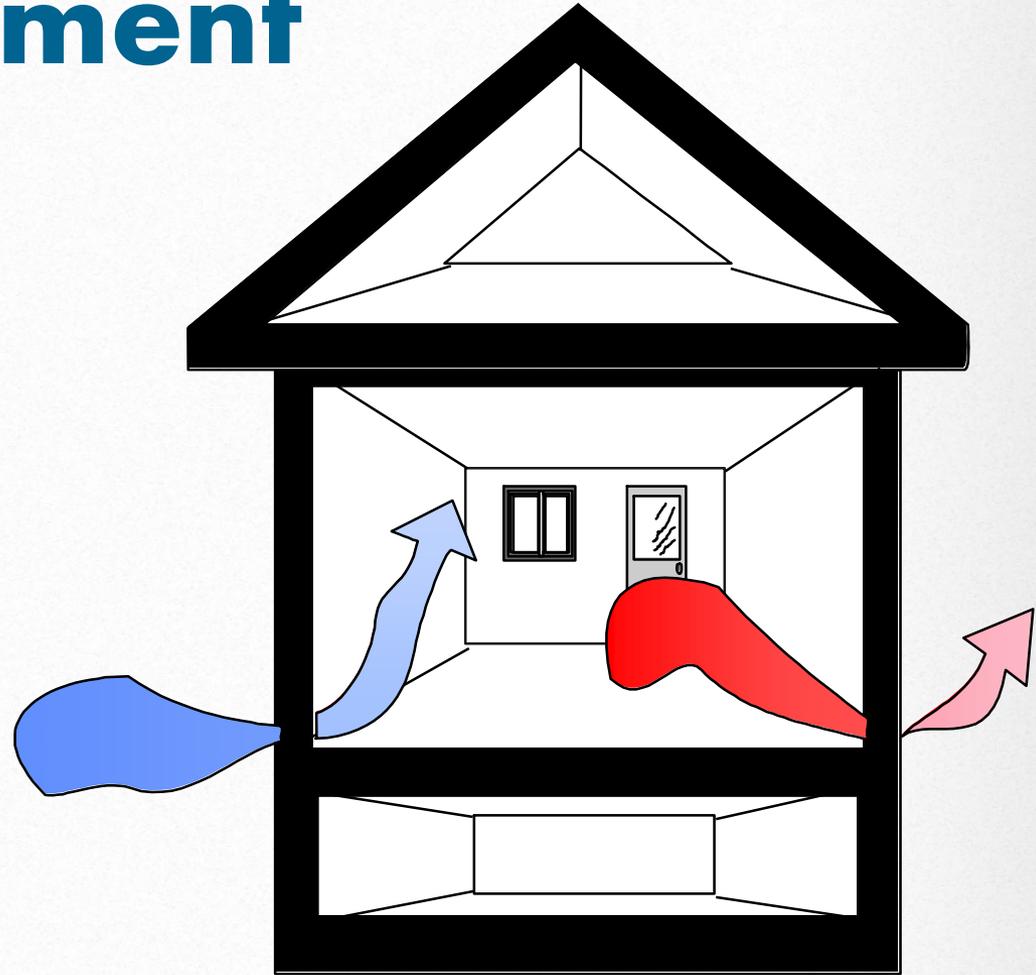
HEAT TRANSFER



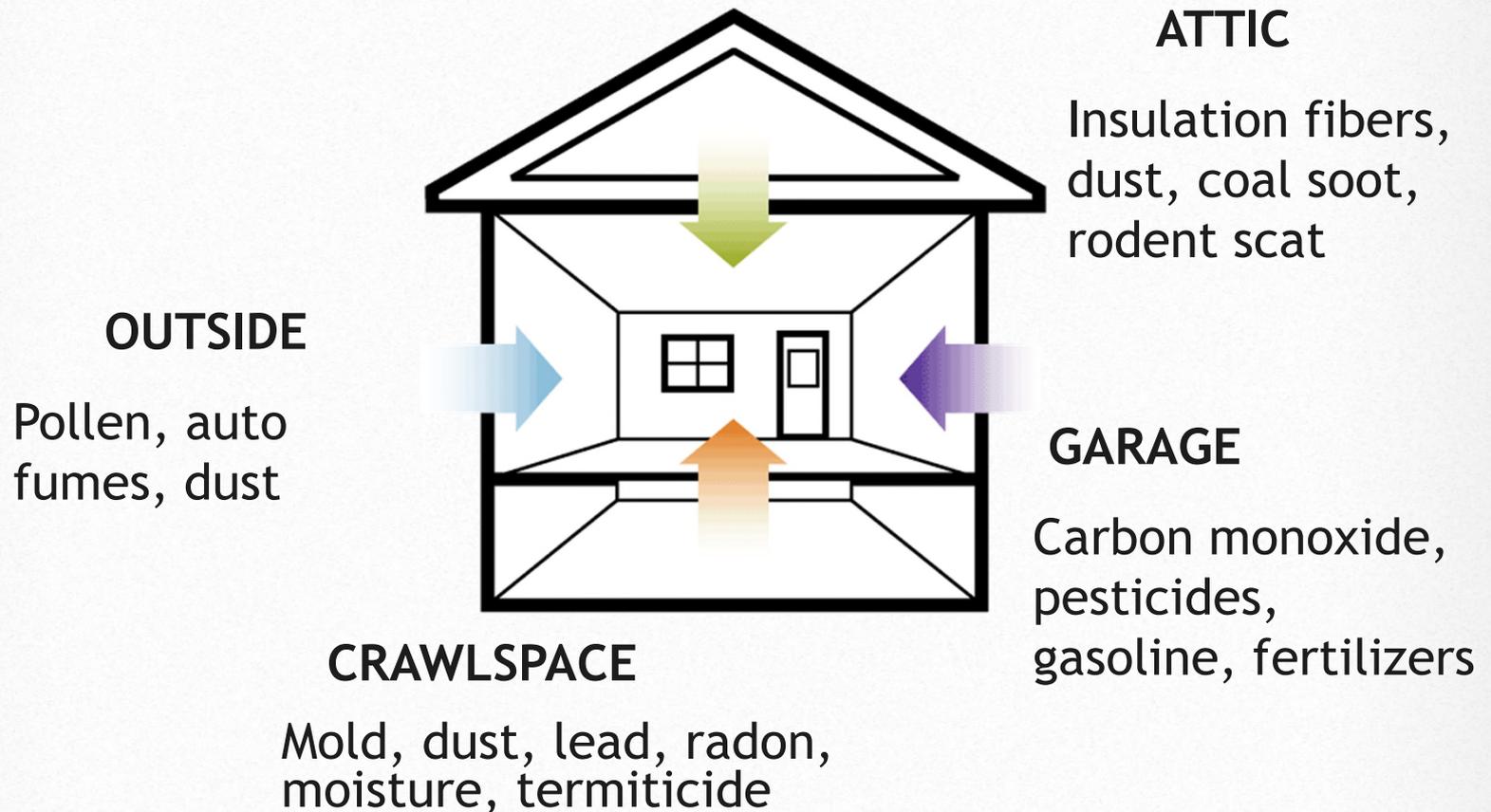
Air Movement

Conditions for Air Infiltration & Exfiltration

- Pressure difference (high to low)
- Penetrations in building envelope (holes)



Where does our indoor air come from? What's in it?



Moisture In Buildings: Two Forms

Liquid

- **Bulk**

Liquid water (rain, drainage, plumbing leaks)

- **Capillary**

Wicking through porous materials (concrete, fiberglass and cellulose insulation, wood)

Vapor

- **Diffusion**

Molecules of water moving through porous materials

- **Infiltration**

Moisture-laden air brought into or out of the house



SELF ASSESSMENT

INTRODUCTIONS MODULE

- Find the **Self-Assessment Form** in the back of the Introduction section of your binder.
- List as many of the 8 Principles as you can.
- List at least 5 home hazards and their related health impacts.
- What are 2 conditions needed for air movement?
- In a mixed humid climate during summer, in which direction will heat flow?



SELF ASSESSMENT REVIEW: THE 8 PRINCIPLES OF HEALTHY HOMES

Keep It:



1. Dry



2. Clean



3. Pest-Free



4. Ventilated



5. Safe



6. Contaminant-Free



7. Maintained



8. Climate Controlled



SELF ASSESSMENT REVIEW: MAKING THE CONNECTIONS

Healthy Homes Assessments
and Interventions



Make the Connections Exercise

Health Impacts	Housing Hazards	Corrective Action	Resources



SELF ASSESSMENT REVIEW

What are 2 conditions needed for air movement?

- Difference in pressure
- Pathway



SELF ASSESSMENT REVIEW

In a mixed humid climate during summer, in which direction will heat flow?

- Outside to inside



Healthy Homes: Assessment and Interventions Training Guide

**NOTE: THIS IS A SHARED FILE:
ANY AND ALL CHANGES MADE MUST
BE REFLECTED IN THE CORRESPONDING
FILE ALL COURSES**

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THE HOME ASSESSMENT PROCESS



Pediatric Environmental Home Assessment
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RESIDENT REPORTED INFORMATION
PLEASE PRINT OR TYPE NAME OF RESIDENT

RESIDENT INFORMATION

Resident Name	Age of Home	Year Built	Number of Bedrooms	Number of Bathrooms
Occupant Name	Occupant Age	Occupant Sex	Occupant Race	Occupant Ethnicity
Occupant Address	Occupant Phone	Occupant Email	Occupant Occupation	Occupant Education
Occupant Health Status	Occupant Allergies	Occupant Asthma	Occupant Other Health Issues	Occupant Other Concerns

Interview resident (Environmental History)



Determine need for/scope of assessment



Action Plan

-
-
-
-
-
-

Create an action plan



Interventions/
Education



Professional
Follow-up



VIRTUAL INSPECTION FORM

Instructions: Identify the healthy housing problems found in each photograph, and propose a course of correction. Avoid writing on the photos.

Photo	Identified Hazard(s)	Proposed Correction(s)
MOISTURE		
#1		
#2		
#3		
#4		
#5		
CLEANLINESS		
#1		
#2		
#3		



VIRTUAL INSPECTION FORM

Area of Home	Nature of Violation/ Code Sections Potentially Violated	Nature of Violation		Responsible Person	
		Definite	Potential	Owner	Occupant
Exterior					
Entryway					
Living Room					
Dining Room					
Kitchen					
Bedroom 1					
Bedroom 2					
Bathroom 1					



WHAT'S WRONG HERE? (MOISTURE)



WHAT'S WRONG HERE? (MOISTURE)



WHAT'S WRONG HERE? (MOISTURE)



WHAT'S WRONG HERE? (MOISTURE)



WHAT'S WRONG HERE? (MOISTURE)



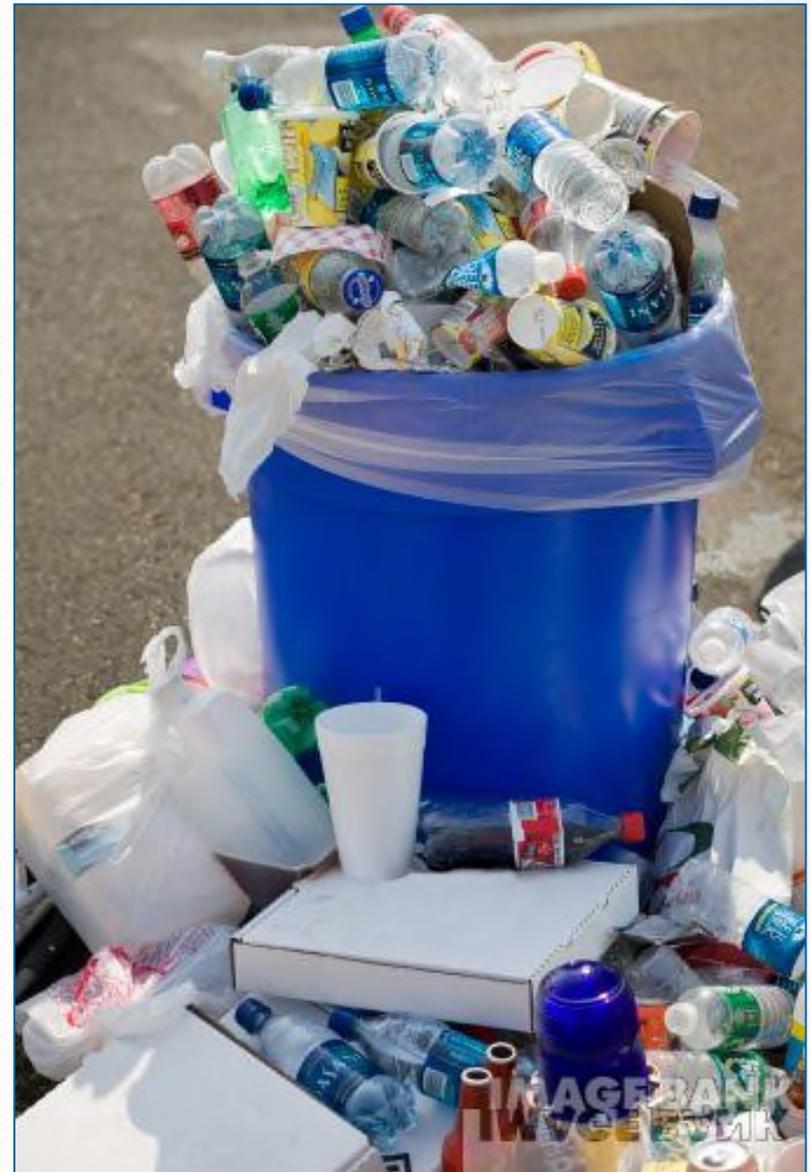
WHAT'S WRONG HERE? (CLEANLINESS)



WHAT'S WRONG HERE? (CLEANLINESS)



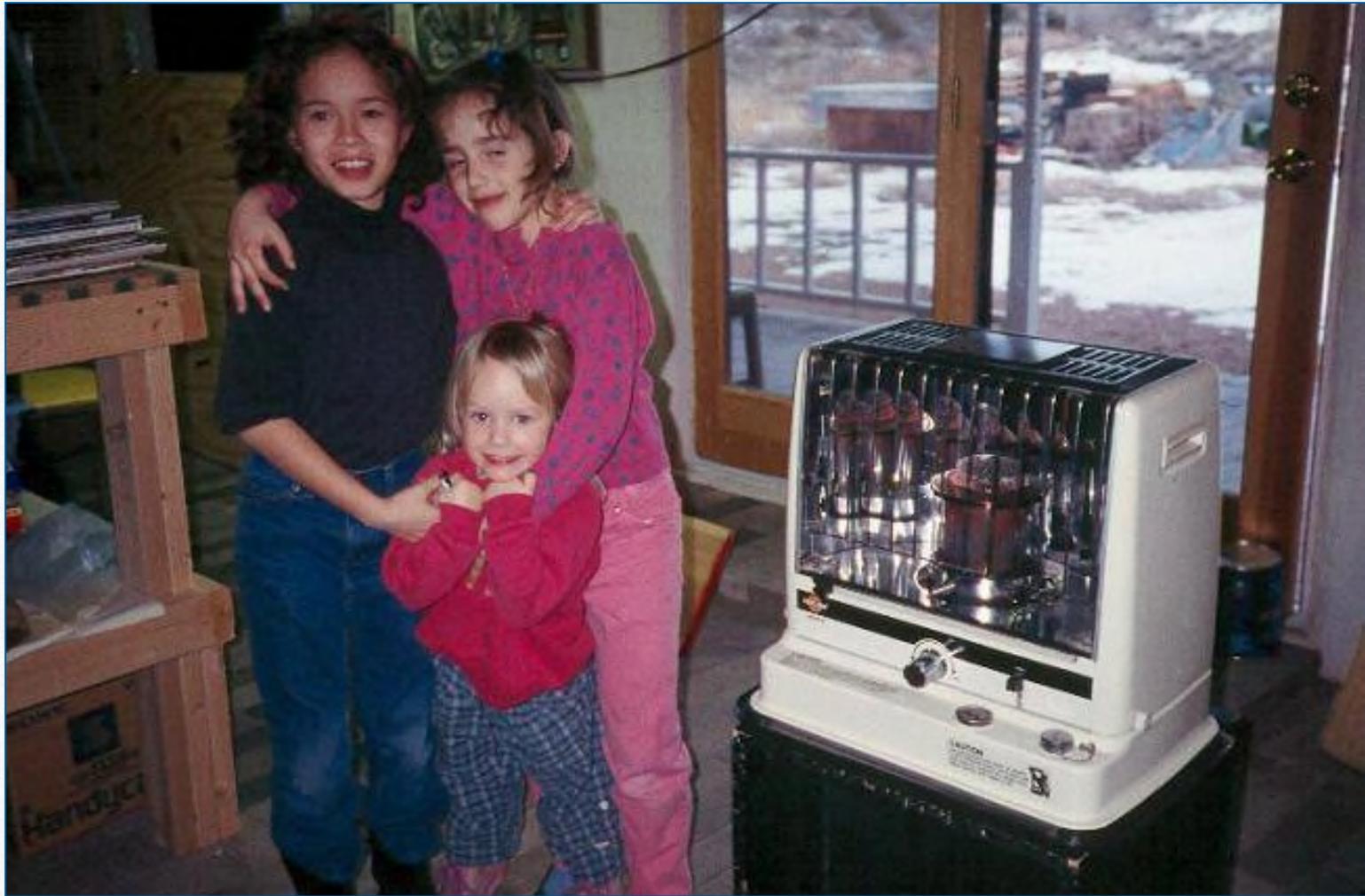
WHAT'S WRONG HERE? (CLEANLINESS)



WHAT'S WRONG HERE? (CLEANLINESS)



WHAT'S WRONG HERE? (VENTILATION)



WHAT'S WRONG HERE? (VENTILATION)



WHAT'S WRONG HERE? (VENTILATION)



WHAT'S WRONG HERE? (VENTILATION)



WHAT'S WRONG HERE? (VENTILATION)



WHAT'S WRONG HERE? (VENTILATION)



WHAT'S WRONG HERE? (SAFETY)



WHAT'S WRONG HERE? (SAFETY)



WHAT'S WRONG HERE? (SAFETY)



WHAT'S WRONG HERE? (SAFETY)



WHAT'S WRONG HERE? (SAFETY)



WHAT'S WRONG HERE? (SAFETY)



WHAT'S WRONG HERE? (PESTS)



WHAT'S WRONG HERE? (PESTS)



WHAT'S WRONG HERE? (PESTS)



WHAT'S WRONG HERE? (PESTS)



WHAT'S WRONG HERE? (PESTS)



WHAT'S WRONG HERE? (CONTAMINANTS)



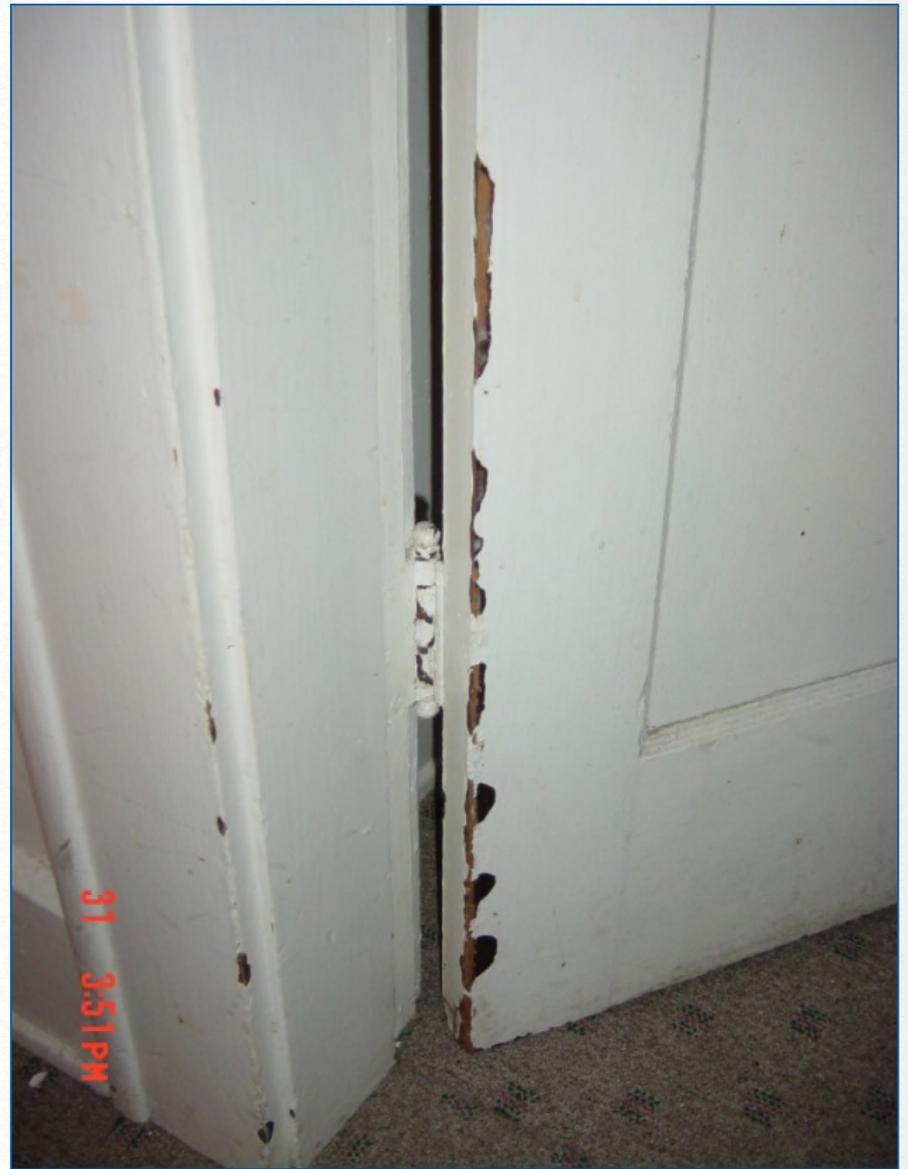
WHAT'S WRONG HERE? (CONTAMINANTS)



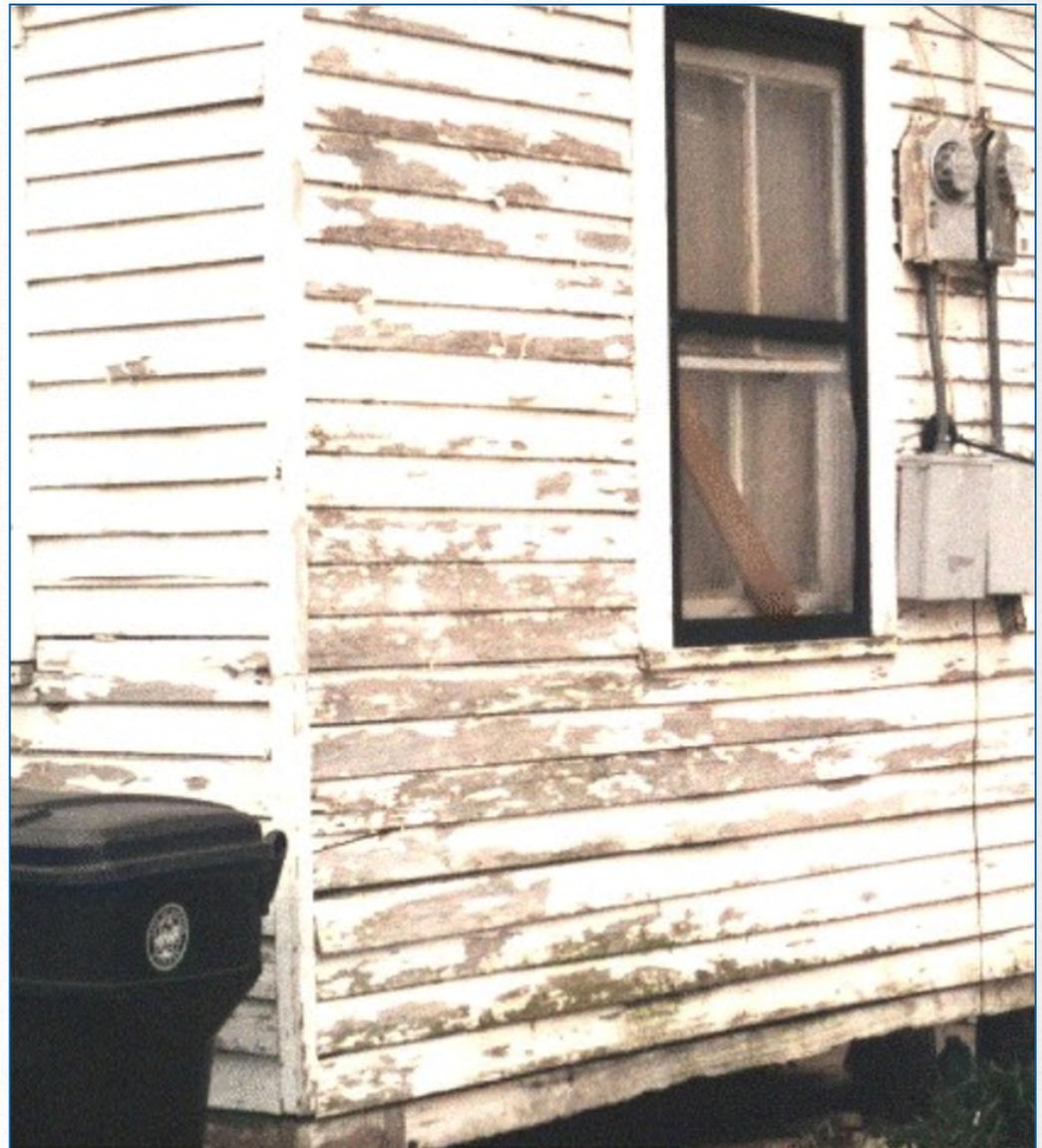
WHAT'S WRONG HERE? (CONTAMINANTS)



WHAT'S WRONG HERE? (MAINTENANCE)



WHAT'S WRONG HERE? (MAINTENANCE)



WHAT'S WRONG HERE? (MAINTENANCE)



WHAT'S WRONG HERE? (MAINTENANCE)



WHAT'S WRONG HERE? (MAINTENANCE)



WHAT'S WRONG HERE? (MAINTENANCE)



WHAT'S WRONG HERE? (CLIMATE-CONTROLLED)



WHAT'S WRONG HERE? (CLIMATE-CONTROLLED)



WHAT'S WRONG HERE? (CLIMATE-CONTROLLED)



WHAT'S WRONG HERE? (CLIMATE-CONTROLLED)

