



**NEWSLETTER**  
**August 2010**

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This newsletter is intended to provide a recap of some of the healthy homes and lead-based paint information that we have shared in the IHHN meetings or that has come to us through various Listservs. We want to especially acknowledge the National Center for Healthy Homes and the many content providers on LeadNet and HealthyHomesNet.

**UPCOMING EVENTS**

**September 21-23, 2010**

**2010 TRI-REGIONAL LEAD CONFERENCE**

EPA Regions 8, 9, 10

EPA Region 8 Conference Center

1595 Wynkoop Street, Denver CO

<http://www.epa.gov/region8/toxics/leadpnt/workshop.html>

**October 14, 2010 (10:00-12:00)**

**IDAHO HEALTHY HOMES NETWORK QUARTERLY MEETING**

HUD Office

800 Park Blvd, Ste 220, Boise ID 83712

**November 9-10, 2010 (8:00-4:30)**

**SUSTAINABLE COMMUNITIES START WITH HEALTHY AND GREEN HOMES**

Red Lion Hotel

1415 5th Avenue, Seattle, WA 98101

Four Tracks: 1) Indoor Air Quality and Health; 2) Homes, Indoor airPLUS and Energy Star; 3) Green Buildings, and; 4) Sustainable Communities

Presented by Region 10 EPA partnering with PNWIS

Questions? Contact Susan Titus at 206-553-1189 or [titus.susan@epa.gov](mailto:titus.susan@epa.gov)

<http://yosemite.epa.gov/R10/airpage.nsf/Air+Toxics/healthygreenhomes>

**RECENT NEWS**

**BED BUG CONTROL**

More information on IPM, bedbugs and how to control them; and a press release: CONSUMER ALERT: EPA Advises Care When Selecting Pesticides for Bedbug Control.

<http://epa.gov/pesticides/bedbugs> and <http://tiny.cc/rv7ys>

## **LEAD PROBLEMS STILL HAUNT GREEN BAY RENTERS**

Lead paint was banned nationwide in 1978, but local health experts estimate that 45 percent of Green Bay's housing stock was built before 1950. In the oldest sections of town, where cheap rentals are attractive to low-income individuals and families, lead is more prevalent.

<http://www.greenbaypressgazette.com/article/20100808/GPG0101/8080620/Lead-paint-problems-still-haunt-Green-Bay-renters>

## **DELAYED REACTION: THE FETAL BASIS FOR ADULT DISEASE**

For instance: lead exposure early in life has been tied to later hypertension, cardiovascular disease, diabetes, schizophrenia, neurodegenerative changes.

<http://ehp03.niehs.nih.gov/article/etchArticle.action?articleURI=info%3Adoi%2F10.1289%2Fehp.trp070110>



## **SOME STATES REQUIRE HUNTERS & ANGLERS TO GO LEAD-FREE**

[http://www.stltoday.com/sports/recreation/article\\_375ef1ef-07ea-54e7-80a2-1d5e09925e43.html](http://www.stltoday.com/sports/recreation/article_375ef1ef-07ea-54e7-80a2-1d5e09925e43.html)

## **RISK OF LEAD IN BOUNCE HOUSES?**

<http://www.nytimes.com/2010/08/12/us/12bounce.html>



## **ILLINOIS AG WARNS ABOUT LEAD IN EYE MAKE-UP**

Eye make-up worn by South Asian women called kohl (also known as kajal or surma) is high in lead. One brand tested at 710,000 part per million! The alert is available in English, Arabic, Gujarati, Hindi, Punjabi and Urdu.

[http://www.illinoisattorneygeneral.gov/pressroom/2010\\_07/20100716.html](http://www.illinoisattorneygeneral.gov/pressroom/2010_07/20100716.html)

## **SAFE COSMETICS**

Guys, on average use 6 a day...women use 12.

[http://www.nydailynews.com/lifestyle/2010/07/21/2010-07-21\\_story\\_of\\_cosmetics\\_paints\\_an\\_ugly\\_picture.html](http://www.nydailynews.com/lifestyle/2010/07/21/2010-07-21_story_of_cosmetics_paints_an_ugly_picture.html)



## **PERSONAL POLLUTION EXPOSURE**

A new study finds that people's diets matter more than their local environment, when it comes to how much organic chemical pollution settles into our bodies.

<http://pubs.acs.org/cen/news/88/i30/8830news5.html>

## **LESSON IN READING SUNSCREEN LABELS**

[http://www.nola.com/fashion/index.ssf/2010/07/a\\_lesson\\_in\\_reading\\_sunscreen.html](http://www.nola.com/fashion/index.ssf/2010/07/a_lesson_in_reading_sunscreen.html)

## **SWIMMING POOL DISINFECTANTS LINKED TO CANCER**

The disinfectant used to keep pool water free from disease can also react with swimmers' urine and hair to cause conditions including asthma and bladder cancer.

<http://www.telegraph.co.uk/health/healthnews/7904318/Swimming-pool-disinfectants-linked-to-cancer.html>

## **CPSC RECALLS 137,000 PIECES OF CHILDREN'S JEWELRY--CADMIUM**

<http://www.cpsc.gov/cpscpub/prerel/prhtml10/10297.html>

## **NOISE POLLUTION HARMS HEALTH**

Prolonged exposure to noise can lead to high blood pressure, cardiovascular problems, sleeplessness, annoyance, diminished work production and poor school performance, according to studies..

[http://www.contracostatimes.com/news/ci\\_15562767](http://www.contracostatimes.com/news/ci_15562767)

The Price of Pollution:  
Cost Estimates of Environment-Related  
Childhood Disease in Michigan  
A conservative estimate of annual costs for lead poisoning,  
asthma, cancer and selected neurodevelopmental disabilities

A report prepared by  
Michigan State University  
Michigan State University  
June 2010



## THE PRICE OF POLLUTION—MICHIGAN

<http://www.mnceh.org/documents/The%20Price%20of%20Pollution.pdf>

## KIDS COUNT – U.S.

<http://www.kplu.org/media/News%20Pictures/KidsCountBook2010.pdf>



## PAINTERS MORE LIKELY TO DEVELOP BLADDER CANCER

<http://www.irishtimes.com/newspaper/health/2010/0720/1224275071857.html>

## PIGMENTS IN PAINTS, INKS, COSMETICS, PLASTIC A SOURCE OF PCB

<http://www.environmentalhealthnews.org/ehs/newscience/pcbs-contaminate-paint-pigments> .

## SPRAY CLEANERS POSE POISON HAZARD TO BABIES, TODDLERS

Spray cleaners send thousands of babies and toddlers to the emergency room each year, a new study shows and nearly 12,000 children under age 5 go to the emergency room each year because of injuries caused by household cleaning products.

[http://www.usatoday.com/news/health/2010-08-02-poisons02\\_st\\_N.htm](http://www.usatoday.com/news/health/2010-08-02-poisons02_st_N.htm)

## U.S. REGULATORS LACK DATA ON HEALTH RISKS OF MOST CHEMICALS

Under current laws, the government has little or no information about the health risks posed by most of the 80,000 chemicals on the U.S. market today.

<http://www.washingtonpost.com/wp-dyn/content/article/2010/08/01/AR2010080103469.html>

## JUNK FOOD LINK TO ADHD IN CHILDREN

The report found those on a "western" dietary pattern may be eating more food additives, flavors or colors, which could lead to hyperactivity or changes to chemicals that control parts of the brain dealing with attention and concentration.

<http://www.watoday.com.au/wa-news/junk-food-link-to-adhd-in-children-20100729-10xic.html>



## EPA MAP OF RADON ZONES

<http://www.epa.gov/radon/zonemap.html>

## HEALTH WORKERS AFFECTED BY SECOND HAND EXPOSURE TO CHEMO DRUGS

Thousands of healthcare workers have chronically exposed to chemotherapy agents on the job for years before there were even voluntary safety guidelines, and now some of are being diagnosed with cancers that occupational health specialists say could be linked to those exposures.

[http://www.mlive.com/living/kalamazoo/index.ssf/2010/07/health\\_workers\\_fear\\_the\\_danger.html](http://www.mlive.com/living/kalamazoo/index.ssf/2010/07/health_workers_fear_the_danger.html)

## **SOME SKIP COMMERCIAL CLEANERS**

[http://www.usatoday.com/news/nation/environment/2009-04-21-green-cleaning\\_N.htm](http://www.usatoday.com/news/nation/environment/2009-04-21-green-cleaning_N.htm)

### **OTHER LINKS:**

Idaho Healthy Homes Network - <http://www.hud.gov/local/id/library/healthyhomes/IHHN.cfm>

Subscribe the Healthy Homes Network Listserv-

[http://www.hud.gov/subscribe/signup.cfm?listname=Idaho%20Healthy%20Homes%20Network&list=ID\\_AHO-HH-NETWORK-L](http://www.hud.gov/subscribe/signup.cfm?listname=Idaho%20Healthy%20Homes%20Network&list=ID_AHO-HH-NETWORK-L)

HUD's Office of Health Homes and Lead Hazard Control - <http://www.hud.gov/offices/lead/>

EPA – [www.epa.gov/lead](http://www.epa.gov/lead)

OSHA – [www.osha.gov](http://www.osha.gov)

National Center for Healthy Housing - <http://www.nchh.org/Home.aspx>

Alliance for Healthy Homes - [www.afhh.org](http://www.afhh.org)

U.S. Consumer Product Safety Commission; Product Recalls -

<http://cpsc.gov/cpscpub/prerel/prerel.html>

LeadNet – international listserv on lead and lead poisoning; to subscribe - [Leadnet-on@mail-list.com](mailto:Leadnet-on@mail-list.com)

To search LeadNet Archives - <http://archive.mail-list.com/leadnet>

User Name = leadnet

Password = lswp (The User Name and Password are case-sensitive.)

For parents of a lead-poisoned child: [www.alphalead.org](http://www.alphalead.org)

Tamara Rubin's (Portland, OR) website: <http://www.mychildrenhaveleadpoisoning.com>