



NEWSLETTER
February 2010

This newsletter is intended to provide a recap of some of the healthy homes and lead-based paint information that we have shared in the IHHN meetings or that has come to us through various Listservs. We want to especially thank the [Alliance for Healthy Homes](#) and the [National Center for Healthy Homes](#)

BSU ENERGY RESEARCH AND CAMPUS SUSTAINABILITY

The turf may be blue, but the campus is green. Papers by John Gardner.
<http://www.boisestate.edu/sustain/links.shtml>

NW CHILDRENS' ENVIRONMENTAL HEALTH FORMUM PRESENTATIONS ONLINE

Videos from presentations at the Northwest Children's Environmental Health Forum in October have all been added to the Forum web page: www.chenw.org/CEHforum.html.

CHEAP BEDBUG TRAP

Here's a neat, low cost bedbug trap devised by Changlu Wang, an Urban Entomology prof at Rutgers Cooperative Extension.
http://abclocal.go.com/wabc/story?section=news/7_on_your_side&id=7212643

TRAFFIC-RELATED AIR POLLUTION: A CRITICAL REVIEW OF LITERATURE ON EMISSIONS, EXPOSURE AND HEALTH EFFECTS

<http://pubs.healtheffects.org/view.php?id=334>

REPORT LINKS VEHICLE EXHAUST AND HEALTH PROBLEMS

<http://www.nytimes.com/2010/01/13/health/research/13exhaust.html>

EPA'S "CHEMICALS OF CONCERN" IN GREEN BUILDING PRODUCTS

http://www.healthybuilding.net/news/100113chemicals_of_concern.html

COPPER PIPES COULD CAUSE HEART DISEASE ALZHEIMER'S

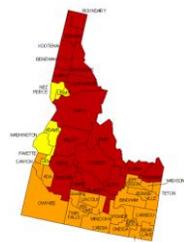
Copper pipes could cause people over 50 to contract Alzheimer's Disease and heart disease, a study has found.

<http://www.telegraph.co.uk/health/healthnews/7046426/Copper-pipes-could-cause-heart-disease-and-Alzheimers.html>

CDC RELEASES 4TH NATIONAL REPORT ON HUMAN EXPOSURE TO ENVIRONMENTAL CHEMICALS

This report is the most comprehensive assessment to date of the exposure of the U.S. population to chemicals in our environment.

<http://www.cdc.gov/exposurereport/index.html>



RADON IS 2ND LEADING CAUSE OF LUNG CANCER IN U.S.

Winter is the best time to test for radon now that doors and windows are all tightly closed.

<http://www.epa.gov/radon/radontest.html>

<http://www.healthandwelfare.idaho.gov/Health/EnvironmentalHealth/IndoorEnvironment/Radon/tabid/939/Default.aspx>

BPA CAN INCREASE CARDIAC RISK BY 45%

Elevated exposure to bisphenol A has been linked in a new study to a significantly increased risk of cardiovascular disease, the second time researchers have made a connection between heart ailments and plastic-making compound used in US baby bottles and liners of food cans.

<http://www.theglobeandmail.com/life/health/low-amount-of-bpa-can-increase-cardiac-risk-by-45-percent-study-finds/article1428929/>



GIRLS WITH PRENATAL EXPOSURE TO BPA MORE AGGRESSIVE, HYPERACTIVE

Daughters of women who were exposed to bisphenol A while they were pregnant are more likely to show aggressive and hyperactive behaviors as two-year-olds, a new study shows.

<http://www.canada.com/health/Health/2071558/story.html?id=2071558>

PHTHALATES MAY PLAY ROLE IN ADHD SYMPTOMS

<http://www.environmentalhealthnews.org/ehs/newscience/phthalates-may-have-a-role-in-adhd/>

HHS – NEW RECOMMENDATIONS FOR PARENTS ON BPA

The US Department of Health and Human Services announced new recommendations for parents to protect young children from exposure to Bisphenol A.

<http://www.hhs.gov/safety/bpa/>

CHILDREN'S BLOOD LEAD LEVELS AND STANDARDIZED TEST PERFORMANCE

<http://dx.doi.org/10.1016/j.neuro.2009.07.017>

<http://infobot.com/youtube/watch?v=Du0yo00yWEc>

EPA/HUD MODEL RENOVATOR TRAINING COURSE

This course was developed by the U.S. EPA, in collaboration with the U.S. Department of Housing and Urban Development (HUD) to train renovation, repair, and painting contractors how to work safely in housing with lead-based paint and comply with EPA's Renovation, Repair, and Painting (RRP) Rule, and HUD's Lead Safe Housing Rule.



ADDITIONAL REQUIREMENTS OF HUD'S LEAD SAFE HOUSING RULE FOR EPA CERTIFIED RENOVATION FIRMS AND CERTIFIED RENOVATORS

The U.S. Department of Housing and Urban Development's Lead Safe Housing Rule (HUD's LSHR, which is found in HUD's regulations at 24 CFR Part 35, Subparts B through M), generally applies to work performed in target housing units receiving HUD housing assistance, such as rehabilitation or acquisition assistance.

http://www.epa.gov/lead/pubs/rrp_8hr_app2_feb09.pdf

EFFECTS OF EARLY CHILDHOOD LEAD EXPOSURE ON ACADEMIC PERFORMANCE AND BEHAVIOR OF SCHOOL AGE CHILDREN

<http://www.ncbi.nlm.nih.gov/pubmed/19770197>

ASSOCIATION OF PRENATAL AND CHILDHOOD BLOOD LEAD CONCENTRATIONS WITH CRIMINAL ARRESTS IN EARLY ADULTHOOD

<http://www.plosmedicine.org/article/info:doi/10.1371/journal.pmed.0050101>

EVEN LOW LEVELS OF LEAD DAMAGE CHILDREN'S KIDNEYS

A study using NHANES data on 769 US teens found that even 2.9 mg/dl lead, well below the CDC's level of concern, was associated with early signs of kidney damage.

<http://www.reutershealth.com/archive/2010/01/11/eline/links/20100111elin017.html>

BLOOD LEAD LEVELS AND MAJOR DEPRESSIVE DISORDER, PANIC DISORDER, AND GENERALIZED ANXIETY DISORDER IN U.S. YOUNG ADULTS

<http://archpsyc.ama-assn.org/cgi/content/abstract/66/12/1313>

CHILDREN'S "BIG REX AND FRIENDS" CLOTH BOOKS RECALLED DUE TO LEAD

<http://www.cpsc.gov/cpsc/pub/prerel/prhtml10/10105.html>

U.S. AGENCY GOES AFTER CADMIUM IN CHILDREN'S JEWELRY

Cadmium appears to be used as a substitute for lead. Check out CPSC's action.

<http://abcnews.go.com/Health/WellnessNews/wireStory?id=9527916>

www.washingtonpost.com/wp-dyn/content/article/2010/01/11/AR2010011100762.html



VENISON A LA PLOMB

Deer hunting season is over in the West. And if you were a good aim, your freezer is chock full of venison. But be warned, new research suggests that eating game shot with lead bullets may expose you and your family to lead, a poisonous heavy metal.

<http://www.hcn.org/blogs/grange/venison-a-la-plomb>

“LEAD AWARENESS FOR PARENTS”

The Coalition to Prevent Lead Poisoning in Rochester, NY recently added an American Sign Language (ASL) version of its "Lead Awareness for Parents" DVD on YouTube.

ASL: <http://infobot.com/youtube/watch?v=WiZOSrAFI0>

English: <http://infobot.com/youtube/watch?v=C0HnWFrQlo4>

Spanish: <http://infobot.com/youtube/watch?v=mUFccBGtx7Q>

AD COUNCIL LEAD POISONING AWARENESS CAMPAIGN

TV and Radio PSA ads customized with local contact information will be made available for your media market upon request. Contact: info@leadsafe.org no later than February 5, 2010.

UNDERSTANDING LEAD MEASUREMENTS AND LEAD LEVELS

Patrick Lehne of the Western Regional Lead Training Center (<http://www.wrltc.com/>) put some pages together to help parents/advocates and non-scientist types understand the measurements of lead.

<http://www.mychildrenhaveleadpoisoning.com/Site/Measurements.html>



EPA PROPOSES TO FINE LANDLORD FOR FAILURE TO INFORM TENANTS OF LEAD PAINT

The agency cited John Laughter for violations at four apartments. Each violation could bring a penalty of up to \$11,000.

<http://newsblog.projo.com/2010/01/woonsocket-landlord-cited-for.html>



VIDEO: CHECKING FOR LEAD-BASED PAINT ON CHILD-OCCUPIED FACILITY; PORTLAND, OR

<http://infobot.com/youtube/watch?v=aI4zNd54K00>

or: <http://infobot.com/youtube/watch?v=yUocSLTvyvg>

USING LEADCHECK SWABS ON RED PAINTED SURFACES

<http://www.leadcheck.com/PB-12RedPaint.shtml>



LEAD PAINT RULES REQUIRE CONTRACTOR CERTIFICATION

http://www.nytimes.com/aponline/2010/01/22/business/AP-US-Lead-Paint-Remodeling.html?_r=1

HEPA VACUUMS

The National Center for Healthy Homes updated its webpage on HEPA vacuums and the RRP Rule. Check it out at www.healthyhomestraining.org/RRP/HEPA.htm.

LEAD DUST AND HOUSING DEMOLITION

<http://www.nchh.org/Research/Lead-Dust-and-Housing-Demolition.aspx>

DOES A GENERAL CONTRACTOR NEED TO GET FIRM CERTIFICATION UNDER THE RENOVATION, REPAIR AND PAINTING RULE (RRP) FOR RENOVATIONS WHERE ITS EMPLOYEES ARE NOT PRESENT DURING RENOVATIONS THAT ARE SUBCONTRACTED TO OTHER COMPANIES?

<http://tinyurl.com/ykxevvw>

DOES RESIDENTIAL LEAD-BASED PAINT WASTE FALL WITHIN THE SCOPE OF THE HOUSEHOLD HAZARDOUS WASTE EXCLUSION?

http://waste.custhelp.com/cgi-bin/waste.cfg/php/enduser/std_alp.php

OTHER LINKS:

Idaho Healthy Homes Network - <http://www.hud.gov/local/id/library/healthyhomes/IHHN.cfm>

Subscribe to the IHHN Listserv -

http://www.hud.gov/subscribe/signup.cfm?listname=Idaho%20Healthy%20Homes%20Network&list=ID_AHO-HH-NETWORK-L

HUD's Office of Health Homes and Lead Hazard Control -- <http://www.hud.gov/offices/lead/>

EPA – www.epa.gov/lead

OSHA – www.osha.gov

National Center for Healthy Housing -- <http://www.nchh.org/Home.aspx>

Alliance for Healthy Homes -- www.afhh.org

U.S. Consumer Product Safety Commission; Product Recalls --

<http://cpsc.gov/cpscpub/prerel/prerel.html>

LeadNet – international Listserv on lead and lead poisoning: to subscribe Leadnet-on@mail-list.com; to search LeadNet Archives <http://archive.mail-list.com/leadnet>

User Name = leadnet

Password = lswp (The User Name and Password are case-sensitive.)

For parents of a lead-poisoned child: www.alphalead.org

Tamara Rubin's (Portland, OR) website: <http://www.mychildrenhaveleadpoisoning.com>